

OUTDOOR CLUB of SOUTH JERSEY

TREKKER SUMMER 2017



CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT WWW.OCSJ.ORG
FOR LATEST TRIP INFORMATION.

WWW.OCSJ.ORG



Outdoor Club of South Jersey

AIMS AND OBJECTIVES

The Outdoor Club of South Jersey, Inc., is an organization dedicated to providing opportunities for extending the individual's knowledge, appreciation and enjoyment of his or her environment through experiences in outdoor activities. The Club offers a twelve month program of activities designed for all ages and levels of ability and interest, and as is feasible with available leadership. The Club is open to all persons regardless of age or place of residence.

BOARD OF TRUSTEES

Officers

Barbara Brandt, *President*
president@ocsj.org

Millicent Moore, *Vice President*

Fran Horn, *Treasurer*
856-786-0048

Eloise Williams, *Recording Secretary*
E-mail: secretary@ocsj.org

Regina Coeby, *Membership Secretary*
E-mail: membership@ocsj.org

ACTIVITY CHAIRPERSONS

Kevin Drevik, *Chair, Backpacking/Camping*, 856-630-2485

Neil Kornhauser, *Chair, Bicycling, biking@ocsj.org*

Frank Pearce, *Chair, Canoeing*, 856-767-2780

Dennis McKane, *Chair, X-C Skiing/Snowshoeing*, 609-707-5695

David Bicking, *Chair, Hiking*, 609-332-2109

Frank Pearce, *Chair, Activities Committee*, 856-767-2780

TRUSTEES AT LARGE

Kathy Billmann, *krab0102@gmail.com*

Christine Denneler, 609-351-2789

Jerry Goldstein

Mike Engel

Doug Hillebrecht, *loghomernj@gmail.com*

Peggy Marter

Joseph Money

Joe Rottinger

Jay Schoss

Joseph Fabian

SPECIAL ADVISORS

Kathleen Pearce,
OCSJ Historian, 856-767-2780

Rosemarie Mason, *Trail Maintenance*
rm8686@theborgata.com 609-404-9587

Jack Dalton, *Trail Maintenance*
w2hds@comcast.net

The officers and members of the Board of Trustees actively seek and welcome your comments, suggestions or recommendations towards the fulfillment of our aims and objectives. Our progress and success are dependent upon the quality and effectiveness of our leadership. Your participation in activities, committees, or in programs and projects is solicited. When you have questions, need further clarification, or require additional details, you are welcome to call the pertinent committee chairman.

MEETINGS

Club members are invited to attend the monthly meetings. The Board of Trustees meets each month. See schedule for locations. After the business session, some meetings will feature a program presented by the various activities. Everyone is welcome! Come out and support your representatives.



READ SPECIAL NOTICE BELOW.

The Outdoor Club of South Jersey has transitioned to Wild Apricot for our Membership Management. Please login to ocsj.wildapricot.org to join or see your current information. You can pay online via PayPal. PayPal link will allow you to pay with a credit card whether or not you have a PayPal account. Of course, you may also use your PayPal account if you have one.

SPECIAL NOTICE: The use of checks for membership payment will continue. The new mailing address is **P.O. Box 46, Atco, NJ 08004**. The Club will no longer send membership cards for new or renewed memberships. We will notify you of expiring membership by E-mail.

NOTICE TO ALL MEMBERS: THIS SPRING 2017 TREKKER WAS THE FINAL "MAILED" ISSUE. Changing habits have lead to this decision.

SPECIAL NOTICE: Starting with this Summer Issue Trekker, a printed version will be available at the Print Shop, 908 N White Horse Pike, Stratford, NJ 08084 and other locations TBA. The Trekker will also be available online. We encourage everyone to join the various Club meetup groups.

OCSJ Non-member Participation Policy

1. OCSJ is a member organization. Membership funds pay for insurance and other Club overhead. However, prospective members and guests of OCSJ members may try one regular activity from each of our activity sections without joining. Thereafter they must join to be eligible for the hundreds of activities and events available every year.

2. Participants on trips which charge money must be members of OCSJ, except where the trip is a joint trip** with another club and the participant is a member of that club. Members of OCSJ may bring guests on a day trip charging money. Participants on overnight trips charging money must always be an OCSJ member.

***Joint trips will only be permitted if the other entity has liability insurance. Proof of the coverage must be obtained by the OCSJ leader. Overnight activities, which charge money, require all participants to be OCSJ members.*

You will notice that when you click on the Biking, Hiking and Canoeing Schedule pages, you are re-directed to our corresponding meetup sites. Meetup allows leaders to directly manage their activities.

Hiking Meetup site: meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling X/C Skiing Meetup site: meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

Carpooling, ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours. Paddlers - During months of Nov. thru March, paddlers must wear wet or dry suits subject to approval of leaders. We would encourage everyone to check our websites for updates. Since trips are posted months in advance changes may occur including additions. Some activities may require limits on participation due to safety concerns and potential participants should RSVP.

1000, 750 and 500 Mile Hiking Clubs for 2017

You should consider joining our Grand Mile Club. Our goal is to walk, jog, hike 1000 miles each calendar year. Get all the details from Bill Poulson at wpoul42@gmail.com or 856-983-7609. We also have 500 and 750 mile clubs. If those better suit you, contact Bill Schaefer weschaefer@verizon.net, or Vera Stek verastek@verizon.net

TRAIL MAINTENANCE

The hiking trails our club enjoys are available primarily due to the efforts of volunteers, just ordinary people. Among other things, our club helps to maintain the BATONA Trail. If you can help for a morning or afternoon at another time, contact Jack Dalton for what needs to be done. You can contact Jack at 609-287-3105 or w2hds@comcast.net.

NEW THIS YEAR JOIN THE 300, 400 & 500 MILE PADDLERS' CLUBS

Any kayak trip counts with any group or individual.

The miles are sent in first week of January 2018,
but the last trip is December 31 2017.

The people who do not make the 300, 400 or 500 miles,
but turn in miles will get honorable mention on the website.

For details contact Ericka Blank
powerofpink58@verizon.net or text 856-364-6029.

FOR LEADERS

Leaders should review items under "For Leaders" on the OCSJ Website. They should also review the "Policy and Budget Page" Listed below & under "About Us" on the OCSJ Webpage.

In particular, the Revised Group Activities Policy and the OCSJ Sign-in Waiver Policy.

Sign-in Sheets should be sent to appropriate Activity Chair or individuals designated by them – or Activities coordinator if the event involves more than 1 activity **NO LATER THAN EACH CALENDAR QUARTER** with few exceptions which are listed on website under "For Leaders".

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connected therewith. All persons, MEMBERS ALIKE, are to sign in with the leader at each activity.

STANDARD MEETING PLACES

*If the meeting place is one of the standard meeting places shown below,
no directions will appear in the hike listing.*

Atsion - Meet in field on east side of Rt. 206 just north of Wharton State Forest Office.

Batsto - Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank.

Bullock - Meet on north side of road in Bullock. Turn east from Rt. 72 at railroad bridge 6.5 miles southeast of Rt. 70/72 intersection. Continue 3.3 miles to the intersection. Turn right, then immediately left, and park.

Byrne Campsites - Meet at Byrne (Lebanon) campsite. Turn off Rt. 72, 1 mile south-east of Rt. 70/72 intersection. After 0.4 miles, turn right. Campsite parking is 3.5 miles beyond the Forest Office.

Byrne Office - Meet at Byrne (Lebanon) forest office. Turn east off Rt. 72, 1 mile south-east of Rt. 70/72 intersection. After 0.4 miles, turn right. Forest office is on the left.

Carranza - Meet at Carranza Memorial parking, 6.7 miles SE of Tabernacle on Carranza Road. Cemetery - Meet at cemetery on Rt. 563, 0.6 miles south of Rt. 532 in Chatsworth.

D&R Parking - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left and drive to the parking.

Evans Bridge - Meet just to the north of Evans Bridge (on east side of Rt. 563), 0.7 miles south of the Rt. 563/Rt. 679 split (about 10 miles south of Chatsworth).

Friendship - Meet at Friendship ruins on Carranza Road, 10 miles SE of Tabernacle.

Harrisville - Meet at Harrisville Pond, on Rt. 679, 1.5 miles south of Rt. 563, between Chatsworth and New Gretna.

Henry Avenue & Walnut Lane parking area, Philadelphia - Take Rt. 76 (Schuylkill Expressway) West to Lincoln Drive, exit #340 A. Turn right at bottom of ramp, cross short bridge and take Ridge Avenue West exit. Proceed to 2nd traffic light and bear right. Go two more lights and bear left. At the next light, turn right onto Walnut Ln. Go to 2nd light and turn left onto Magdalena and a quick left into parking area. Approximately 9 miles from Ben Franklin Bridge.

Jackson - Meet just north of small bridge on Rt. 534 (Jackson Road), 1.7 miles north-east of Atco Raceway.

Lake Absegami - Meet at Lake Absegami parking, Bass River State Forest. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the N & W); or 6 miles W of Tuckerton (from the N & E); or 3 miles N of New Gretna (from the S).

Oswego - Meet at Oswego Lake parking, 3.1 miles northeast of Rt. 563 from Jenkins. (Turnoff is 8.4 miles south of Rt. 532 in Chatsworth, between Pine Barrens Canoes and Mick's Canoes).

Pakim Pond - Meet at Pakim Pond parking, Byrne S.F. Turn off Rt. 72, 1 mile south-east of Rt. 70/72 intersection. After 0.4 miles, turn right. Pakim Pond is 2.7 miles beyond the Forest Office.

Skit - Meet at the Skit Branch bridge, 5.2 miles SE of Tabernacle on Carranza Road.

Tyler Park - Take 1-95 and get off at exit 49, (Newtown/Yardley) and travel toward Newtown. Continue on the Newtown bypass and turn left into the park at the intersection of Swamp Road. Meet at the Boat House parking lot.

Wells Mills - Meet at Wells Mills Park, off Rt. 532 (which is 16 miles southeast of the Rt. 70/72 intersection), 3.6 miles northeast of Rt. 72.

Whitesbog - Meet at Whitesbog village parking. Go east on Rt. 70 6.9 miles from Rt. 70/72 intersection. Make a sharp left on Lakehurst Road, go 1.3 miles, turn right for the village.



A MESSAGE FROM THE CANOEING/KAYAKING CHAIR

During months of November thru March paddlers must wear wet or dry suits subject to approval of leaders.



Consider becoming a leader. We can offer any help you need. Remember the trips you enjoy are only made possible by those that volunteer as leaders. I want to thank them. When you are on a trip take the time to thank them and consider becoming a leader. Always check the website for current information Hope to see you on the water, Frank Pearce, Hornet71@verizon.net 856-767-2780.

Guidelines:

- 1- All participants must sign-in
- 2- PFD'S must be worn. (83% of canoeing fatalities were not wearing a PFD)
- 3- Stay between leader and sweep.
- 4- Wear appropriate clothes (Avoid Cotton) dress for water temperatures.
- 5- Have at least one change of clothing in a water- protected bag with you
- 6- Flip flops are not appropriate footwear. (No bare feet - 90 % of paddling injuries)
- 7- Flashlight required for evening trips.
- 8- Whistle is required for Delaware River trips and recommended for all trips.
- 9- A helmet for whitewater may also be a good investment.
- 10- Carpooling, ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.
- 11- You must assess the suitability and condition of your equipment and if a trip is within your abilities.
- 12- Please leave sufficient driving time to safely arrive.
- 13- If you have questions, especially if a trip is right for you, call the leader.
- 14- Check the Website –ocsj.org - for the latest information.
- 15- Minors (under 18) should be listed on sign-in sheets & parent/guardian sign for them.
- 16- Leaders have final say on trip participation involving safety concerns.
- 17- Leaders - if a trip is cancelled please notify the Chair.
- 18- Leaders - carry a copy of the incident report form. (can be obtained from website)
- 19- Leaders - send sign-in sheets and any incident reports to Canoe Chair.
- 20- Leaders must submit (mail/fax) sign-in sheets to the Canoeing/Kayaking Chair in a timely manner.

(Guideline - No later than 2 weeks after quarterly schedule ends.)

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connect therewith. All persons, MEMBERS ALIKE, are to sign in with the leader at each activity.

The OCSJ Follows the Leave No Trace Principles.

Leave No Trace is a national and international program designed to assist outdoor enthusiasts with their decisions about how to reduce their impacts when they hike, camp, picnic, snowshoe, run, bike, hunt, paddle, ride horses, fish, ski or climb.

The program strives to educate all those who enjoy the outdoors about the nature of their recreational impacts as well as techniques to prevent and minimize such impacts.



leave no trace™

The Seven Principles

- Plan Ahead and Prepare
- Travel and Camp on Durable Surfaces
- Dispose of Waste Properly
- Leave What You Find
- Respect Wildlife
- Be Considerate of Other Visitors
- Minimize Campfire Impacts

Volunteer Opportunities

The Club offers all members an opportunity to be a part of, or to create their own outdoor experience or activity. All activities are led by volunteer members. NO volunteers, NO activities. It's that simple!

You can make a difference. Your volunteer involvement in Club activities is unique and special contributions that play a valuable role in YOUR Club.

PLAN AND LEAD AN ACTIVITY.

HELP TO MAINTAIN THE TRAIL.

PLAN AND LEAD A "LITTER" CLEAN-UP DAY.

HELP THE TRAIL COORDINATOR BUILD A FOOT BRIDGE.

WRITE YOUR LEGISLATORS. A SIMPLE NOTE IN SUPPORT OF TRAILS, BIKE PATHS AND GREENWAYS IS ALL IT TAKES.

CHAIR A COMMITTEE. (See Christmas Party, Officer Nominations, etc.)

PLAN AND LEAD A TOUR TRIP.

Talk to your Activity Committee Chair about what you can volunteer to do to improve YOUR Club.

MEMBERSHIP& RENEWAL INFORMATION

1. A notice of expiring membership will be e-mailed to you.
2. If your address has changed, please indicate new e-mail address. If you move, please file a change of address card with us.
3. Keep your membership current. Memberships must be renewed one month prior to March, June, September, and December.

Membership Cards are no longer being issued. You will receive renewal information by e-mail.

The OCSJ Board just voted to use the Wild Apricot System to manage our website and membership. To join or renew your membership, please go to OCSJ.org or OCSJ.wildapri-cot.org/join-us and follow the links to establish your connection to Wild Apricot. The PayPal link will allow you to pay with a credit card, whether or not you have a PayPal account.

Special Note: You will be able to pay via check or money order. Make check or money order payable to The Outdoor Club of South Jersey, Inc. New mailing address is:
P.O. Box 46, Atco, NJ 08004

Individual Member - 1 year for \$20 Family Member - 1 year for \$25

Gift contributions to the Richard Greve Memorial Fund will be accepted by the Wild Apricot System.



July



**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW. OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

Hiking Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

July 02

Sunday

10:00 AM



PADDLE THE MIGHTY MULLICA RIVER.

JULY PADDLE ON THE MULLICA. Paddle the wide open Mullica proper, from Rt 206, thru Lillypad City and ending at Pleasant Mills, 11 miles later. This is an all day trip lots of twists and turns. Pack snacks and lunch, plenty of hydration. No rentals. Meet at Atsion Ranger Station Parking Lot.

Please contact Leader Vicki S.

phone 856-341-3901, or ravingwriter@gmail.com

July 04

Tuesday

10:00 AM



FOURTH OF JULY ON THE MAURICE RIVER

FOURTH OF JULY ON THE MAURICE RIVER. Meet at Garden Road, south side, we paddle down river to meet & cross Union Lake. This is NOT a "lake only" trip, & requires paddling in current, under and around river obstacles. Pack lunch and hydration; also bug and sun protection as the lake offers no cover. Meet at Garden Rd (Maurice River)

Leader: Vicki S. 856-341-3901 or ravingwriter@gmail.com

July 04

Tuesday

6:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph . The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Roll- ing out of Lenape High School Parking lot promptly at 6:00 pm.

Leader: Maurice Finnerty

July 04

Tuesday

7:30 PM



Moorestown Walks by David Bicking

Moorestown Walks. approx 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet at Moorestown Library entrance.

Leader: David Bicking, (609) 332-2109, dbickin@yahoo.com

July 05

Wednesday

6:30 PM



Haddon Lake Park Walk and Music

Haddon Lake Park Walk and Music

Join Us for a 3 or 4 miles walk at 3 MPH pace or better. This is a paved walking and bike path. Option to stay for the Concert after the hike.

Sundown Music Series at Haddon Lake Park - By Camden County
All concerts are FREE to attend and start at 7:30 PM at 13th Avenue, Park Drive and Prospect Boulevard Drive in Haddon Heights.
Take West Kings Hwy. to 13th Ave. In Haddon Heights. Follow 13th Ave. to South Park Ave. Parking Lot is on the right across from the Dell.
Leader: Paul Baumhauer, (609) 706-3676, baumhapa@aol.com

Meet at Haddon Lake Park

July 06

Thursday
6:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School

July 07

Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks).
Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

July 08

Saturday
09:00 PM



Toms River with Joe Logan

Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage.
Joe Logan, 609-634-1542, or mayandpops@aol.com

July 08

Saturday
10:00 AM



Carranza Memorial hike

Carranza Pre-Memorial Ceremony Hike. 5 miles, moderate pace. Meandering walk by the Batona campground and High Crossing. We will be back in time to optionally join the Ceremony honoring Emilio Carranza who crashed in the pines returning from a good will flight between Mexico City and New York City in 1928. Meet at Carranza memorial parking lot. Hike will start promptly so we do not interfere with the ceremony.

Leader: David Bicking, (609) 332-2109, dbickin@yahoo.com

Meet at Carranza Memorial

July 10

Monday
09:00 AM



Walk From the Brendan Byrne Campgrounds

A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting.

Leader: Jay Schoss 609) 283 0252 or walkinginmud@aol.com at least a day prior for more info.

Meet at Brendan Byrne State Forest Campgrounds

July 11

Tuesday
06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph . The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.
Leader: Maurice Finnerty

Meet at Lenape High School

July 12

Wednesday
09:00 AM



TOMS RIVER WITH JOE LOGAN

Contact leader for directions and the section of the river that we will cover . I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage.
Joe Logan, 609-634-1542, or mayandpops@aol.com

Meet at TOMS RIVER PUT-IN

July 13

Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.
Leader: Paul Beatty

Meet at Lenape High School

July 13

Thursday
07:30 PM

MONTHLY CLUB MEETING

CLUB MEETING AT 7:30 pm. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill. All welcome.

Meet at Cherry Hill Library

July 14

Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks).
Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

July 16

Sunday
02:00 PM



Palmyra - Riverline Town Walk

Palmyra - Riverline Town Walks. 3 miles, easy to moderate pace. Meet at the Riverline station, from which we will explore the streets of this historic town.
Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at Palmyra Riverline Station

July 18

Tuesday
06:00 PM



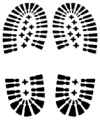
B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph . The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.
Leader: Maurice Finnerty

Meet at Lenape High School

July 19

Wednesday
06:30 PM



Haddon Lake Park Walk and Music

Haddon Lake Park Walk and Music

Join Us for a 3 or 4 miles walk at 3 MPH pace or better. This is a paved walking and bike path. Option to stay for the Concert after the hike.

Sundown Music Series at Haddon Lake Park - By Camden County

All concerts are FREE to attend and start at 7:30 PM at 13th Avenue, Park Drive and Prospect Boulevard Drive in Haddon Heights.

Take West Kings Hwy. to 13th Ave. In Haddon Heights. Follow 13th Ave. to South Park Ave. Parking Lot is on the right across from the Dell.

Leader: Paul Baumhauer, (609)-3676, baumhapa@aol.com

Meet at Haddon Lake Park

July 20

Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School

July 21

Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks).
Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

July 22

Saturday
08:30 AM



EARLY MORNING HIKE

EARLY MORNING HIKE. 6 miles, easy to moderate pace. We'll hike between the Batsto and the Skit, with a chance to eat Blueberries. Bring snack, water and insect repellent. Meet just past the bridge over the Skit, on Carranza Rd. Leader Chris Denneler, 609-351-2789, cdenneler157@yahoo.com. Check Meetup and ocsj.org for changes or cancellations.

Meet at Skit Bridge.

July 23

Sunday
02:00 PM



Riverton - Riverline Town Walk

Riverton - Riverline Town Walks. 3 miles, easy to moderate pace.
Meet at the Riverline station, from which we will explore the streets of this historic town.

Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at Riverton Riverline Station

July 25

Tuesday
06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph .
The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.

Leader: Maurice Finnerty

Meet at Lenape High School

July 27

Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School

July 28

Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks).
Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

July 29

Saturday
09:00 AM



Paddle the Great Egg Harbor River with the SJSC!

Repeat of last years successful trip. Pack your boat and meet us at the Palace Outfitters/Restaurant in Weymouth, NJ at 9:00a.m. on Saturday morning July 29th. Bring your cooler, beverage, bug spray, camera, hat, etc... the Palace will be portaging us upstream to where we will put in...the trip downstream to the Palace will take about 4+ hours depending on water level and swim and break. Rentals are available: \$37 for single kayak; \$10 for porting your own kayak/canoe. After the trip enjoy a light snack/lunch and cold refreshment at the outside café. Joint trip with the South Jersey Ski Club.
Contact Paul Serdiuk pis9@yahoo.com or 609-462-3593 if you plan to join us.

Meet at Palace Outfitters/Restaurant

July 30
Sunday
02:00 PM



Riverside - Riverline Town Walk

Riverside - Riverline Town Walks. 3 miles, easy to moderate pace.
Meet at the Riverline station, from which we will explore the streets of this historic town.

Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at Riverside Riverline State



August



**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

Hiking Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

August 01
Tuesday
06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph .
The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.

Leader: Maurice Finnerty

Meet at Lenape High School

August 01
Tuesday
07:30 PM



Moorestown Walks by David Bicking

Moorestown Walks. approx 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet At library entrance.

Leader: David Bicking, (609) 332-2109, dbickin@yahoo.com

Meet at Moorestown Library

August 02
Wednesday
06:30 PM



Haddon Lake Park Walk and Music

Haddon Lake Park Walk and Music

Join Us for a 3 or 4 miles walk at 3 MPH pace or better. This is a paved walking and bike path. Option to stay for the Concert after the hike.

Sundown Music Series at Haddon Lake Park - By Camden County

All concerts are FREE to attend and start at 7:30 PM at 13th Avenue, Park Drive and Prospect Boulevard Drive in Haddon Heights.

Take West Kings Hwy. to 13th Ave. In Haddon Heights. Follow 13th Ave. to South Park Ave. Parking Lot is on the right across from the Dell.

Leader: Paul Baumhauer, (609) 706-3676, baumhapa@aol.com

Meet at Haddon Lake Park

August 03
Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.
Leader: Paul Beatty

Meet at Lenape High School

August 04
Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks).
Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

August 05
Saturday
08:30 AM



EARLY MORNING HIKE

EARLY MORNING Hike. 5 miles easy to moderate pace. We will hike to Bear Swamp hill and back. Bring snack, water and insect repellent. Meet in Oswego Lake Parking Lot off Lake Oswego Rd. Leader, Chris Danneler 609-351-2789, cdanneler157@yahoo.com. Check Meetup or ocsj.org for changes or cancelltions.

Meet at Oswego Lake

August 06
Sunday
02:00 PM



Delanco - Riverline Town Walk

Delanco - Riverline Town Walks. 3 miles, easy to moderate pace.
Meet at the Riverline station, from which we will explore the streets of this historic town.
Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at Delanco Riverline Station

August 08
Tuesday
06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph. The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.
Leader: Maurice Finnerty

Meet at Lenape High School

August 10
Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.
Leader: Paul Beatty

Meet at Lenape High School

August 10
Thursday
07:30 PM

MONTHLY CLUB MEETING

CLUB MEETING AT 7:30 pm. Board of Trustees. Activity Committees Leaders.
New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.
All welcome.

Meet at Cherry Hill Library

August 11
Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

August 14
Monday
09:00 AM



Walk From the Brendan Byrne Campgrounds

A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Leader: Jay Schoss (609) 283 0252 or walkinginmud@aol.com at least a day prior for more info.

Meet at Brendan Byrne State Forest Campgrounds

August 15
Tuesday
06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph . The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm. Leader: Maurice Finnerty

Meet at Lenape High School

August 16
Wednesday
09:00 AM



TOMS RIVER WITH JOE LOGAN

Contact leader for directions and the section of the river that we will cover . I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com

Meet at TOMS RIVER PUT-IN

August 16
Wednesday
06:30 PM



Haddon Lake Park Walk and Music

Haddon Lake Park Walk and Music

Join Us for a 3 or 4 miles walk at 3 MPH pace or better. This is a paved walking and bike path. Option to stay for the Concert after the hike.

Sundown Music Series at Haddon Lake Park - By Camden County

All concerts are FREE to attend and start at 7:30 PM at 13th Avenue, Park Drive

and Prospect Boulevard Drive in Haddon Heights.
Take West Kings Hwy. to 13th Ave. In Haddon Heights. Follow 13th Ave. to South Park Ave. Parking Lot is on the right across from the Dell.
Leader: Paul Baumhauer, (609) 706-3676, baumhapa@aol.com

Meet at Haddon Lake Park

August 17
Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School

August 18
Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks).
Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

August 19
Saturday
10:00 AM



Double Trouble by David Bicking

DOUBLE TROUBLE STATE PARK. 5 miles, moderate pace. A leisurely stroll through the woods to see the dam, then back along the mill race to the saw mill and the operating bogs. Meet at main parking lot at Pinewalk-Kesswick Rd and Double Trouble Rd.

Leader: David Bicking, (609) 332-2109, dbickin@yahoo.com

Meet at Double Trouble State Park

August 19
Saturday
02:00 PM



Kayak Vacation 1000 Island New York

Experience the beauty of the 1000 Islands Region at the scenic Chippewa Bay, NY. We will have the entire resort to ourselves.

Saturday to Saturday, Cottages are adjacent to beautiful Chippewa Bay. Only 5 cottages available –

There are 3 – two bedroom cottages (4, 5, and 8) and there are 2 – 3 Bedroom cottages (1, 9) Some bedrooms have more than one bed, so you can split / share a bedroom. Each cottage has a bath, fully equipped kitchen, cable TV, internet access, grill and picnic table. You must bring your own linens for the bed. Contact leader for cottage availability and cost.

There is a lot to do besides kayak! Bring your kayak and bike. Great trails along the St. Lawrence River on the US and Canadian sides (must have a passport to cross over into Canada)

If you have your own kayak, there is no cost. We are on the water and can kayak at any time, or Bike anytime.

Open to Intermediate paddlers: Intermediate paddler is one who can do self-rescue/assisted rescues, can paddle 8-10 miles and comfortable in kayak for 4-5 hours. Minimum 13 foot kayak with bulkheads, spray skirt, bilge pump.

BELOW IS A LIST OF WHAT WE CAN DO WHILE ON THIS FANTASTIC TRIP, ACTIVITIES ARE A LA CARTE

Kayaking: The Thousands Islands has become a world class sea kayaking destination. Riverbay's unique location offers protected paddling in the bay and nearby creeks, while at the same time allowing the more experienced and adventurous paddlers easy access to open water. The diversity of the area makes for an incredible paddling adventure. You can even plan a stop over at the nearby island state park to stretch your legs or enjoy a picnic. By kayaking you are able to see the region in a unique environmentally friendly way and explore areas that are not accessible by motorized crafts. Feel free to bring your own kayak, or rent one of theirs.



*SAM's boat cruise of the islands Two Nation Tour, drop off at Boldt's Castle & Boldt's Yacht House. All day cruise. A must see for history of the area and well work the trip. The castle is amazing.

*Singers Castle just opened in the last two years. You can take a cruise to it from Sam's Cruise, the Resort can take us over since it is across from where we are staying, or we can kayak to it.

*Some had been interested in going one night to the Drive in Movie Theater. Remember those days!

*The biking trails along the St. Lawrence River, one in the US and the other across the river in Canada, which requires a passport.

*There is an old fort "1800 Fort Henry" in Canada where the British shot at the US when they crossed the river.

*There are wine tours.

* Visit the historic town of Alexandria Bay

We will need a non-refundable deposit of \$100 to reserve your room.

Contact Paul Serdiuk pis9@yahoo.com

Cancellation policy: If a cancellation is made 30 days prior to your arrival, we will offer a refund of your deposit or you may elect to apply the balance to a future stay within the next year. If a cancellation is made less than 30 days before your arrival, every effort is made to rebook the cottage. When the cottage is rebooked, and confirmed with payment, all monies will be returned. If not rebooked, all monies are forfeited. If you arrive late or leave early, you are still responsible for all nights booked for your intended stay.

Meet at 1000 Island Area

August 20

Sunday

02:00 PM



Beverly/Edgewater Park - Riverline Town Walk

Beverly/Edgewater Park - Riverline Town Walks. 3 miles, easy to moderate pace.

Meet at the Riverline station, from which we will explore the streets of these historic towns.

Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at NJ TRANSIT-Beverly & Edgewater Park

August 22

Tuesday

06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph .

The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Roll-in out of Lenape High School Parking lot promptly at 6:00 pm.

Leader: Maurice Finnerty

Meet at Lenape High School

August 24

Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School

August 25

Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

August 26

Saturday
09:00 AM



TOMS RIVER WITH JOE LOGAN

Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com

Meet at TOMS RIVER PUT-IN

August 27

Sunday
02:00 PM



Burlington South - Riverline Town Walk

Burlington South - Riverline Town Walks. 3 miles, easy to moderate pace.

Meet at the Riverline station, from which we will explore the streets of this historic town.

Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at NJ TRANSIT-Burlington South

August 29

Tuesday
06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph. The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.

Leader: Maurice Finnerty

Meet at Lenape High School

August 31

Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School



September



CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW. OCSJ.ORG) FOR LATEST TRIP INFORMATION.

Hiking Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

September 01

Friday

07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

September 02

Saturday

10:00 AM



Strawbridge Lake Hike

MOORESTOWN LIBRARY TO STRAWBRIDGE LAKE HIKE. 5 miles, easy to moderate pace. We start at the Moorestown Library and head to Strawbridge Lake and Waterwork woods. Leader: David Bicking 609-332-2109

Meet in the library parking lot. We'll meet outside the library entrance.

Meet at Moorestown Library

September 03

Sunday

02:00 PM



Burlington Towne Center - Riverline Town Walk

Burlington Towne Center - Riverline Town Walks. 3 miles, easy to moderate pace. Meet at the Riverline station, from which we will explore the streets of this historic town.

Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at NJ Transit - Burlington Towne Center

September 05

Tuesday

06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph . The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.

Leader: Maurice Finnerty

Meet at Lenape High School

September 05

Tuesday
07:30 PM



Moorestown Walks by David Bicking

Moorestown Walks. approx 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet At library entrance.

Leader: David Bicking, (609) 332-2109, dbickin@yahoo.com

Meet at Moorestown Library

September 07

Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School

September 08

Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

September 11

Monday
09:00 AM



Walk From the Brendan Byrne Campgrounds

A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Leader: Jay Schoss (609) 283 0252 or walkinginmud@aol.com at least a day prior for more info.

Meet at Brendan Byrne State Forest Campgrounds

September 12

Tuesday
06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph . The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.

Leader: Maurice Finnerty

Meet at Lenape High School

September 14

Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School

September 14

Thursday
07:30 PM

MONTHLY CLUB MEETING

CLUB MEETING AT 7:30 pm. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill. All welcome.

Meet at Cherry Hill Library

September 15

Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

September 16

Saturday
10:00 AM



Backpack the Appalachian Trail in Connecticut

Sep 16-17: Hike the Appalachian Trail in Western Connecticut: Moderate hike, total of 11.6 miles. We will meet near Cornwall, CT, stage half the cars, then drive to the starting place, Highway 4. We will hike past the Mohawk trail (formerly part of the AT, and then through the Housatonic Meadows state park, before finally arriving Pine Swamp Brook shelter (shelter, privy, water) – a total of 6 miles. The next day, we will hike down 5.6 miles to route 112, while getting some great views of the Catskill mountains. Hike Leader is Kevin Drevik (856) 630-2485 or kdrevik@aol.com.

September 16

Saturday
10:00 AM



Whitesbog

HISTORIC WHITESBOG VILLAGE. 5 miles, easy to moderate pace. A leisurely stroll through the village and the operating bogs. Meet at main parking lot at Whitesbog Rd off of Rt 530. Leader: David Bicking, (609) 332-2109, dbickin@yahoo.com

Meet at Historic Whitesbog Village

September 17

Sunday
02:00 PM



Roebling - Riverline Town Walk

Roebling - Riverline Town Walks. 3 miles, easy to moderate pace. Meet at the Riverline station, from which we will explore the streets of this historic town. Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at NJ TRANSIT-Roebling

September 19

Tuesday
06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph. The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm. Leader: Maurice Finnerty

Meet at Lenape High School

September 20
Wednesday
09:00 AM



TOMS RIVER WITH JOE LOGAN

Contact leader for directions and the section of the river that we will cover . I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com

Meet at TOMS RIVER PUT-IN

September 21
Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.

Leader: Paul Beatty

Meet at Lenape High School

September 22
Friday
03:30 PM



Assateague Island National Seashore

Camp at the Federal campground on Assateague Island. Enjoy a relaxing weekend on the beach along with some light hiking, kayaking and an optional group dinner in town, Fiddlers Festival or Kite festival are options. Assateague Island is managed by three official park agencies. Assateague Island National Seashore is cared for and managed by the National Park Service, U.S. Fish & Wildlife Service and Department of Natural Resources. In 1962, Assateague Island National Seashore was established for the purpose of protecting Assateague Island. Assateague is vital for resting and feeding migratory shorebirds and other abundant bird species. Over 320 species of birds can be found at Assateague Island. The vast expanse of pristine beaches and sand dunes is exhilarating on the ocean side. The legendary wild herds of ponies dot the landscape on the bay side of Assateague. Minimum 13' kayak, spray skirt, and bilge pump.

Contact leader to confirm trip participation and campground information. Participants will be responsible for their own campsite reservations. We are in Bayside Loop C, this campsite has a beach and easy access to the bay where we will keep the kayaks. Paul Serdiuk (609) 462+3593 evenings only or pis9@yahoo.com

Assateague's north entrance is at the end of Route 611, eight miles south of Ocean City, MD.

Meet at Assateague Island National Seashore

September 22
Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

September 24

Sunday

09:00 AM



TOMS RIVER WITH JOE LOGAN

Contact leader for directions and the section of the river that we will cover . I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com

Meet at TOMS RIVER PUT-IN

September 24

Sunday

02:00 PM



Bordentown - Riverline Town Walk

Bordentown - Riverline Town Walks. 3 miles, easy to moderate pace.

Meet at the Riverline station, from which we will explore the streets of this historic town.

Leader: David Bicking (609) 332-2109 dbickin@yahoo.com

Meet at NJ TRANSIT-Bordentown

September 26

Tuesday

06:00 PM



B/B+ pace (16-20 mph) 27 miles

B/B+ pace ride with breakaways. Expect an end ride average of 17 - 18 mph . The C+ ride will follow the same 27 mile route as the B/B+. This way any rider can jump onto either ride. Flashing lights are recommended, bright clothing and of course the mandatory helmet. Emphasis on group riding skills and safety. Rolling out of Lenape High School Parking lot promptly at 6:00 pm.

Leader: Maurice Finnerty

Meet at Lenape High School

September 27

Wednesday

09:00 AM



PADDLE CEDAR CREEK

PADDLE CEDAR CREEK. We'll paddle to Dudley Park. Starting at either Ore Pond (6.4 miles) or Dover Forge (9.3 miles). Meet at Double Trouble State Park, Pinewald-Keswick and Double Trouble Roads. Leader will decide section to paddle. Leader: Joe Logan, 609-634-1542, or mayandpops@aol.com

Meet at Double Trouble State park

September 27

Wednesday

10:00 AM



SIXTEENTH ANNUAL PHILA. WALK

FIFTEENTH ANNUAL PHILA. WALK 10-11 miles, moderate pace (3mph). As usual, we will pass through historic sites, interesting neighborhoods along the Delaware and Schuylkill Rivers. If permitted we will "walk" the 1/4 mile Franklin Field Track, continue through the campuses of Univ. Of Penna. and Drexel up to Art Museum and return by the Franklin Pkwy. We always attempt to do something a bit different. NP. Since the hike is circular there are locations where one may discontinue after advising a leader. Meet at the Visitor Center in Phila. (NE Corner@6th and Market Sts). Suggest using PATCO hi-speed line. Many of us will meet at the Woodcrest Station at 9:00. OPTIONAL START, which has proven popular. Meet at the Woodcrest Station at 8:00. We will go to the Camden (2nd stop) and walk to the start via the Ben Franklin Bridge for an additional approx. 2 miles. Questions; leaders Joe Hummel (856) 235-8817 and Bill Poulson (856) 983-7609.

Meet at Philadelphia Visitor's Center

September 28
Thursday
06:00 PM



C pace (12 - 14 mph) 20 - 25 miles

We'll ride about 20-25 miles at a C pace (avg. 12-14 mph), with distances dictated by the amount of daylight. Brief stops to regroup after breakaways. Rain requiring the use of wipers or lightning cancels our ride.
Leader: Paul Beatty

Meet at Lenape High School

September 29
Friday
07:00 PM



Friday Nite Fitness Hike

Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks).
Leaders: Bob Hodges, RLHHLR@aol.com

Meet at Brendan Byrne State Forest Campgrounds

OUTDOOR CLUB OF SOUTH JERSEY
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God Bless America