



OUTDOOR CLUB of SOUTH JERSEY

2014 Trekker

APRIL 26

**OCSJ Picnic
Pakim Pond**

*** * ***

MAY 3

**Washington DC
Bus Trip**

*** * ***

JUNE 13-15

**Cape May
Weekend**



MAY 17

**Apres Ski
Party**

*** * ***

JUNE 10-11

**Girls Kayak
Weekend**

*** * ***

JUNE 28

**Joseph Trujillo
Hike and Picnic**

Celebrating 47 Years of Outdoor Experiences!



CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT WWW.OCSJ.ORG
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.

WWW.OCSJ.ORG



Outdoor Club of South Jersey

AIMS AND OBJECTIVES

The Outdoor Club of South Jersey, Inc., is an organization dedicated to providing opportunities for extending the individual's knowledge, appreciation and enjoyment of his or her environment through experiences in outdoor activities.

The Club offers a twelve month program of activities designed for all ages and levels of ability and interest, and as is feasible with available leadership. The Club is open to all persons regardless of age or place of residence.

BOARD OF TRUSTEES

Officers

Bob DiMarco, *President*
856-983-3151

Fran Horn, *Treasurer*
856-786-0048

Jay Schoss, *Vice President*
856-983-3151

Eloise Williams, *Recording Secretary*
E-mail: secretary@ocsj.org

Jean Stelmaszyk, *Membership Secretary*
856-429-9089

ACTIVITY CHAIRPERSONS

Kevin Drevik, *Chair*, Backpacking/Camping, 856-630-2485

Tony Marchionne, *Chair*, Bicycling, 609-828-0268

Frank Pearce, *Chair*, Canoeing, 856-767-2780

Dennis McKane, *Chair*, X-C Skiing/Snowshoeing, 609-707-5695

David Bicking, *Chair*, Hiking, 609-332-2109

Frank Pearce, *Chair*, Activities Committee, 856-767-2780

TRUSTEES AT LARGE

Joe Rottinger

Christine Denneler, 609-351-2789

Bruce Steidel, 609-915-0956

Joseph Money, chezjjm@gmail.com

Kathy Billman, Paula Pappas

SPECIAL ADVISORS

OPEN, Publicity

Kathleen Pearce, *OCSJ Historian*, 856-767-2780

Glenn Page, *Biking Safety Officer*, 856-912-3062

Jack Dalton, *Trail Maintenance*, w2hds@comcast.net

Rosemarie Mason, *Trail Maintenance*, 609-404-9587, rm8686@theborgata.com

The officers and members of the Board of Trustees actively seek and welcome your comments, suggestions or recommendations towards the fulfillment of our aims and objectives. Our progress and success are dependent upon the quality and effectiveness of our leadership. Your participation in activities, committees, or in programs and projects is solicited.

When you have questions, need further clarification, or require additional details, you are welcome to call the pertinent committee chairman.

MEETINGS

Club members are invited to attend the monthly meetings. The Board of Trustees meets each month. See schedule for locations. After the business session, some meetings will feature a program presented by the various activities. Everyone is welcome! Come out and support your representatives.

Coming Events

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

OCSJ MEETUP SITES

Hiking Meetup site: meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

APRIL 5-6 BACKPACK CALEDONIA STATE PARK TO THE MARYLAND BORDER ON THE AT. See April 5-6 listing.

APRIL 11-13 RICHARD GREVE MEMORIAL VOLUNTEER TRIP TO HARPER'S FERRY, WV. Friday, to Sunday. This is a volunteer trip to assist the Appalachian Trail Conservancy with whatever they need. Richard felt this was a way to "give back" to an organization that continues to make the trail such a wonderful experience. So if you can get into a little physical labor, or even boring office drudgery, we work on Saturday, play on Sunday, and get 2 free nights at the hostel. Call Eileen Grevé, 609-204-6451, egreve212@gmail.com

APRIL 26 CLUB PICNIC AT PAKIM POND. Come join us at the annual club picnic! There will be hikes, bike rides and canoeing and kayaking opportunities in Pakim Pond. If you have never paddled but would like to try it, this is your chance. There will be canoes and kayaks to try and instructors to guide you. Food and drink will be served starting at noon at the pavilion. Meet at Pakim Pond. The picnic is totally free. All members and prospective members are welcome. Bring a chair. Don't miss the favorite club event! If you would like to bring a picnic food to share, feel free to do so, but email president@ocsj.org so we can plan the food properly. Check website for updates.

MAY 3 WASHINGTON DC BUS TRIP AND SELF- GUIDED TOUR. Packed with famous sights, celebrated symbols of patriotism, free attractions, the sights and sounds of the nation's capital offer inspiring experiences **COST:** \$30.00 per person. All payments must be made by April 25, 2014. **ADVANCE RESERVATIONS ARE A MUST.** Order tickets as soon as possible. We need an early response, in order not to disappoint anyone. First come, first serve. No reserved seats. First come, first serve. No reserved seats. Please include your telephone number and E-mail address (also cell phone number for the day of the trip). Fran Katella 10 Fairway Court, Marlton, NJ 08053. All sales final. For refund, tickets must be re-sold. Meet at Garden State Pavilions Shopping Center, Route 70 and Cornell Drive in Cherry Hill at 7:00 am. Parking lot near Staples & Petco. Bus departs promptly at 7:30am, rain or shine. Arrive DC 10 -11 a.m. Depart DC 5:00 pm. Arrival time from DC approx. 830 p.m. (Volunteer gratuity for driver) Leader: Fran Katella: See page 10 for registration form. E-mail: frankatella3@gmail.com or 856-313-3794.

MAY 3-4 BACKPACK PINE KNOB TO PEN MAR COUNTY PARK ON THE AT. See May 3-4 listing.

MAY 17 APRÈS SKI PARTY. Join us to cap off the 2013-2014 ski season and learn about next year's ski trips. Evan Ernest and Sallie Anderson will be hosting the event at their home at 111 Avonbrook Road, Wallingford, PA (5 minutes from Exit 2 of the Blue Route (I-476)). The BYOB event will run from 3 -7 pm. They will provide the main course. Guests should bring an appetizer, salad, side dish, or dessert. Please bring your memories and pictures from this year and plans in the making for next year. If you plan to attend, please rsvp by May 1st to Evan (evn192@yahoo.com), noting what you plan to bring. More details will follow to those who are coming.

(continued on page 4)

Coming Events (continued from page 3)

JUNE 10-11 GIRLS KAYAK CAMPOUT. This is an overnight campout for girls only. You must have your own boat and camping equipment, including food. We plan to paddle 4 hours the first day to the Mullica camp, which used to have group camping, but not anymore, so we will split the cost of the campsites, standard site is somewhere about \$20 per night for 4 people. Meet at Atsion Park Office parking lot. Call or e-mail Pat for more information 856-767-8064 camperpat@hotmail.com

JUNE 13-15 HISTORIC CAPE MAY WEEKEND. To start the summer session, you are cordially invited to join us for our annual Cape May outing. Our headquarters will be the Chalfonte hotel. Our weekend starts with a Friday night Welcome Buffet Spaghetti/Pasta Party (a time to plan what you want to do). Breakfast is provided on both Saturday and Sunday. Please sign up early, as this will help us complete our plans to make our 2014 trip enjoyable for all. If you have any questions, or need more information, contact Jim Bodnar at 609-654-1507 e-mail: JRBodnar@verizon.net or Fran Horn at 856-786-0048 e-mail: FranHorn@aol.com. See page 9 or Website for details and sign-up form.

JUNE 21-22 BEGINNER'S BACKPACKING TRIP – HIKE THE AT IN PENNSYLVANIA ALONG BLUE MOUNTAIN RIDGE. See June 21-22 listing for details.

JUNE 28 JOSEPH TRUJILLO MEMORIAL HIKE AND PICNIC. 5 miles moderate pace. This was a favorite place of Joe's for picnicking and meeting for a hike. We'll hike up past Martha to the site of a spring Joe maintained. Those not wanting to hike may come for the picnic. Come around noon. Leader will supply grill, plates, utensils and hot dogs with the fixens. Bring picnic type food to share. Those that would like to kayak after the picnic, the leader will do a late afternoon paddle on the Wading River. Meet at 10:00 am Harrisville Pond Rt. 679 a spur of Rt. 563. South of Chatsworth. Leaders: Christine Denneler, 609-351-2789, e-mail: cdenneler157@yahoo.com; Pat Burton, 856-767-8064 e-mail camperpat123@aol.com

JUNE 7-13 2014. THE 16 th SCHUYLKILL RIVER SOJOURN (NON-OCSJ EVENT) is a 112-mile guided canoe/kayak trip on the Schuylkill River. that begins in rural Schuylkill Haven and ends seven days later in Philadelphia's Boathouse Row. Sojourn participants register for as little as one day, or for the entire trip. Sometimes it is wet and wild. At other times it is peaceful and inspiring. There are a few rapids, calm water, plenty of laughs, songs at the campsites, and celebrations in the river towns. There is a little bit of everything in store for canoers and kayakers who take part in the week-long sojourn down the Schuylkill River that begins the first weekend of June. For details contact Frank Pearce, hornet71@verizon.net or 856-767-2780.

VOLUNTEER VACATIONS. Enjoy an inspiring and unforgettable week vacationing in America's national parks, forests, state parks, and other public lands, while repairing and restoring trails – and rejuvenating your mind, body, and spirit! Volunteer Vacations are a series of trail building projects on America's public lands. Experience the camaraderie and sense of accomplishment after building a bridge or restoring a neglected trail. For more information, www.americanhiking.org/em-volunteer-vacations/

PROPOSED DATES FOR SEPTEMBER IN WESTERN MAINE – SEPTEMBER 7-12 & SEPTEMBER 14-19. Price is \$1,300 all included, cabin, food, shuttles, guide, tax, tips. Kayaks are available if needed and requested at registration time. Location: Bald Mountain Camps, Oquossoc, ME. (www.baldmountaincamps.com) Historic sporting camp located on pristine Mooselookmeguntic Lake. Activities: several hiking options (mountaintops, waterfalls, backwoods roads, a piece of the A.T.), kayaking/canoeing, biking, golfing, tennis, photography, wildlife viewing, geocaching, sunsets, moonrises, starlight, loon calls to appreciate, or slip into Rangeley if civilization required. Trip includes: guided kayaking or canoeing pristine lakes and rivers with our host and Registered Maine Guide, Steve Philbrick, log cabins with fireplace, wood, bath, linens, porch, meals in the lodge dining room for first class breakfasts and dinners, sack lunches for the trail. Happy to answer questions. Contact: Judy Norcross, 609-288-6737.

NEWS AND NOTES

CHECK THE OCSJ WEBSITE FOR THE LATEST TRIP INFORMATION INCLUDING ADDITIONS AND CANCELLATIONS.

You will notice that when you click on the Biking, Hiking and Canoeing Schedule pages, you are now re-directed to our corresponding meetup sites. Meetup allows leaders to directly manage their activities.

Hiking Meetup site : <http://meetup.com/Outdoor-Club-of-South-Jersey-Hiking/>

Bicycling Meetup sit: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

Carpooling, Ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.

1000, 750 and 500 Mile Hiking Clubs for 2014

The Grand Mile Club begins anew on January 1. This will be its twelfth year. Are you goal oriented? Looking for an interesting challenge? You should consider joining our Grand Mile Club. Our goal is to walk, jog, hike 1000 miles each calendar year. Get all the details from Bill Poulson at wpoul42@gmail.com or 856-983-7609.

We also have 500 and 750 mile clubs. If those better suit you, contact Bill Schaefer weschaefer@verizon.net or Vera Stek verastek@verizon.net

Volunteer Opportunities

The Club offers all members an opportunity to be a part of, or to create their own outdoor experience or activity. All activities are led by volunteer members. NO volunteers, NO activities. It's that simple!

You can make a difference. Your volunteer involvement in Club activities is unique and special contributions that play a valuable role in *YOUR* Club.

PLAN AND LEAD AN ACTIVITY.

HELP TO MAINTAIN THE TRAIL.

PLAN AND LEAD A "LITTER" CLEAN-UP DAY.

HELP THE TRAIL COORDINATOR BUILD A FOOT BRIDGE.

WRITE YOUR LEGISLATORS. A SIMPLE NOTE IN SUPPORT OF TRAILS, BIKE PATHS
AND GREENWAYS IS ALL IT TAKES.

CHAIR A COMMITTEE. (See Christmas Party, Officer Nominations, etc.)

PLAN AND LEAD A TOUR TRIP.

Talk to your Activity Committee Chair about what you can volunteer to do to improve *YOUR* Club.

HIKING GUIDE

Hike distances are in miles, and may optionally be followed by hike duration in hours. The following codes are used to show unusual features of a hike:

BW - Bushwhacking

WF - Wet feet possible

NS - No stops

NP - No pets

NC - No children

FS - Few stops

LP - Leashed Pet

Refer to the page listing Standard Meeting Places for directions to hikes.

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connected therewith. All persons, MEMBERS AND NON-MEMBERS ALIKE, are to sign with the leader at each activity.

STANDARD MEETING PLACES

If the meeting place is one of the standard meeting places shown below, no directions will appear in the hike listing.

Atsion - Meet in field on east side of Rt. 206 just north of Wharton State Forest Office.

Batsto - Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank.

Bullock - Meet on north side of road in Bullock. Turn east from Rt. 72 at railroad bridge 6.5 miles southeast of Rt. 70/72 intersection. Continue 3.3 miles to the intersection. Turn right, then immediately left, and park.

Byrne Campsites - Meet at Byrne (Lebanon) campsite. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Campsite parking is 3.5 miles beyond the Forest Office.

Byrne Office - Meet at Byrne (Lebanon) forest office. Turn east off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Forest office is on the left.

Carranza - Meet at Carranza Memorial parking, 6.7 miles SE of Tabernacle on Carranza Road.

Cemetery - Meet at cemetery on Rt. 563, 0.6 miles south of Rt. 532 in Chatsworth.

D & R Parking - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left and drive to the parking.

Evans - Meet just to the north of Evans Bridge (on east side of Rt. 563), 0.7 miles south of the Rt. 563/Rt. 679 split (about 10 miles south of Chatsworth).

Friendship - Meet at Friendship ruins on Carranza Road, 10 miles SE of Tabernacle.

Harrisville - Meet at Harrisville Pond, on Rt. 679, 1.5 miles south of Rt. 563, between Chatsworth and New Gretna.

Henry Avenue & Walnut Lane parking area, Philadelphia – Take Rt. 76 (Schuylkill Expressway) West to Lincoln Drive, exit #340A. Turn right at bottom of ramp, cross short bridge and take Ridge Avenue West exit. Proceed to 2nd traffic light and bear right. Go two more lights and bear left. At the next light, turn right onto Walnut Ln. Go to 2nd light and turn left onto Magdalena and a quick left into parking area. Approximately 9 miles from Ben Franklin Bridge.

Jackson - Meet just north of small bridge on Rt. 534 (Jackson Road), 1.7 miles northeast of Atco Raceway.

Lake Absegami - Meet at Lake Absegami parking, Bass River State Forest. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the N & W); or 6 miles W of Tuckerton (from the N & E); or 3 miles N of New Gretna (from the S).

Oswego - Meet at Oswego Lake parking, 3.1 miles northeast of Rt. 563 from Jenkins. (Turnoff is 8.4 miles south of Rt. 532 in Chatsworth, between Pine Barrens Canoes and Mick's Canoes).

Pakim Pond - Meet at Pakim Pond parking, Byrne S.F. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Pakim Pond is 2.7 miles beyond the Forest Office.

Skit - Meet at the Skit Branch bridge, 5.2 miles SE of Tabernacle on Carranza Road.

Tyler Park - Take 1-95 and get off at exit 49, (Newtown/Yardley) and travel toward Newtown. Continue on the Newtown bypass and turn left into the park at the intersection of Swamp Road. Meet the at the Boat House parking lot.

Wells Mills - Meet at Wells Mills Park, off Rt. 532 (which is 16 miles southeast of the Rt. 70/72 intersection), 3.6 miles northeast of Rt. 72.

Whitesbog - Meet at Whitesbog village parking. Go east on Rt. 70 6.9 miles from Rt. 70/72 intersection. Make a sharp left on Lakehurst Road, go 1.3 miles, turn right for the village.

TRAIL MAINTENANCE

The hiking trails our club enjoys are available primarily due the efforts of volunteers, just ordinary people. Among other things, our club helps to maintain the BATONA trail. See the March calendar for scheduled trail maintenance. Or if you can help for a morning or afternoon at another time, contact Jack Dalton for what needs to be done. You can contact Jack at 609-287-3105 or w2hds@comcast.net.



CANOEING/KAYAKING

A Message from the Canoeing/Kayaking Chair



Thank you to all our leaders for another great year.

Consider taking the same step and become a leader. We can offer any help you need. Remember the trips you enjoy are only made possible by those that volunteer as leaders. I want to thank them. When you are on a trip take the time to thank them and consider becoming a leader.

Always check the website for current information

Hope to see you on the water,

Frank Pearce

Hornet71@verizon.net

856-767-2780.

Guidelines:

- 1- All participants must sign-in
- 2- PFD'S must be worn. (83% of canoeing fatalities were not wearing a PFD)
- 3- Stay between leader and sweep.
- 4- Wear appropriate clothes (Avoid Cotton) dress for water temperatures.
- 5- Have at least one change of clothing in a water- protected bag with you
- 6- Flip flops are not appropriate footwear. (No bare feet - 90 % of paddling injuries)
- 7- Flashlight required for evening trips.
- 8- Whistle is required for Delaware River trips and recommended for all trips.
- 9- A helmet for whitewater may also be a good investment.
- 10- Carpooling, ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.
- 11- You must assess the suitability and condition of your equipment and if a trip is within your abilities.
- 12- Please leave sufficient driving time to safely arrive.
- 13- If you have questions, especially if a trip is right for you, call the leader.
- 14- Check the Website –ocsj.org - for the latest information.
- 15 Minors (under 18) should be listed on sign-in sheets and parent or guardian sign for them.
- 16- Leaders have final say on trip participation involving safety concerns.
- 17- Leaders- if a trip is cancelled please notify the Chair.
- 18 Leaders -carry a copy of the incident report form. (can be obtained from website)
- 19- Leaders –send sign-in sheets and any incident reports to Canoe Chair.
- 20- Leaders must submit (mail/fax) sign-in sheets to the Canoeing/Kayaking Chair in a timely manner.

(Guideline- No later than 2 weeks after quarterly schedule ends.)

FOR LEADERS

Leaders should review items under “For Leaders “ on OCSJ Website. They should also review the “Policy and Budget Page“ Listed below and under “About Us” on the OCSJ. Webpage In particular the Revised Group Activities Policy and the OCSJ Sign-in Waiver Policy..

Sign-in Sheets should be sent to appropriate Activity Chair or individuals designated by them – or Activities Co-ordinator if event involves more than 1 activity No Later Than each calendar quarter with few exceptions which are listed on website under “For Leaders”.

OCSJ Joint and Multi-Club Group Activity Sign-in Sheet Policy (revised) December 12, 2013)

On OCSJ activities that are joint ventures with other clubs, all participants must sign the Outdoor Club of South Jersey waiver and sign-in sheet. This includes OCSJ members, members of the other club(s) and anyone else participating in the activity. The OCSJ leader shall make prior arrangements with the other leader(s) to ensure all participants sign the OCSJ waiver and sign-in sheet. The leaders shall not permit anyone who does not sign-in to participate in the activity.

OCSJ activity participation by minor children (under 18) policy

Parents or designated adults THAT ARE CURRENT OCSJ FAMILY MEMBERS are responsible for minor children (under 18) and must sign for them and accompany them.

NOTE AT THIS TIME THE MINIMUM AGE FOR PARTICIPATION IN A CLUB ACTIVITY IS DETERMINED BY THE ACTIVITY LEADER BASED ON SAFETY CONCERNS.

OCSJ Policy on activity participation as a "Guest"

A guest of an OCSJ member (the sponsor) may try every activity 1 time. The member guest affiliation should be indicated on the OCSJ activity waiver. If the Guest desires to attend the same activity for a second time, they must join the OCSJ prior to the second participation

The OCSJ Board of Trustees has officially adopted the Leave No Trace principles

Leave No Trace is a national and international program designed to assist outdoor enthusiasts with their decisions about how to reduce their impacts when they hike, camp, picnic, snowshoe, run, bike, hunt, paddle, ride horses, fish, ski or climb.

The program strives to educate all those who enjoy the outdoors about the nature of their recreational impacts as well as techniques to prevent and minimize such impacts.

Leave No Trace is best understood as an educational and ethical program, not as a set of rules and regulations.

HISTORIC CAPE MAY WEEKEND

Friday to Sunday JUNE 13-15, 2014

To start the summer session, you are cordially invited to join us for our annual Cape May outing. Our headquarters, as in years past, will be **THE CHALFONTE HOTEL**, 301 Howard Street, Cape May, New Jersey, (1-888-411-1998). Check in any time after 3:00 PM on Friday; check out by midday on Sunday.



This is a perfect outing for all club members. In addition to our popular 15-50 mile bike rides, there are also other activities available. These include paddling a kayak, shopping on the mall, historic walking tours (guided or on you own), nature hikes, bird watching, local theater, or just sit and rock on the porch. You can also visit the Cape may Zoo or take a ferry-

boat ride to Lewes, Delaware, a quaint place to spend some time. Many of us attend a play on Friday after dinner.

Our weekend starts with a Friday night Welcome Buffet Spaghetti/Pasta Party (a time to plan what you want to do). Breakfast is provided on both Saturday and Sunday. On Saturday, there is a family style sit down dinner and followed by an ice cream party.

The entire cost for all of the above (room, meals, social gathering, and ice cream) is:

Room for 2 with shared bath (one bed) \$200 per person

Room for 2 with private bath (2 beds) \$260 per person

Room for a single person with shared bath \$260 per person

Room for a single person with private bath \$330 per person

If interested, Please Contact the Leaders ASAP

Please sign up early, as this will help us complete our plans to make our 2014 trip enjoyable for all. If you have any questions, or need more information, contact Jim Bodnar at 609-654-1507 e-mail: JRBodnar@verizon.net or Fran Horn at 856-786-0048 e-mail: FranHorn@aol.com

Please send the entire amount for the weekend with the form below no later than May 14, 2014. It is refundable up to 60 days before the event. There is a \$25 service charge per room for cancellation.



YES! I want to participate in the Annual Historic Cape May Weekend.

Enclosed is my payment.

Please make your check payable to OCSJ

Name: _____

Phone: # _____

Address: _____

E-mail address: _____

I prefer (circle selection) double room 1 bed w/shared bath, double room 2 beds w/private bath, single room with shared bath or single room w/ private bath

I will be sharing my room with: _____ Please pair me with a roommate: _____

I am interested in riding my bike to Cape May on Friday. (Bikers leave from Medford area) _____

I am interested in leading an activity: hiking _____ biking _____ kayaking _____ Will you lead an activity? _____

WALKING PACE DEFINITIONS

WALKING PACE

These are averages only; actual results may vary due to factors such as surfaces (e.g., trails, vs roads), terrain (e.g., bushwhacking vs clear), elevation changes, (e.g., hilly vs flat), and weather.

PACE:	EASY	MODERATE	BRISK	FAST
	less than 2.5 mph	2.5-3.0 mph	3.0 – 3.5 mph	over 3.5 mph
Avg. time per mile	25 or more minutes	20-25 minutes	17-20 minutes	17 or less minutes

HIKE DESCRIPTIONS

• **EASY** - pace defined as slower walking with more frequent rest breaks (e.g. for viewing surroundings, nature calls, equipment adjustments, and allowing walkers to catch up). For the slower walker.

• **MODERATE** - pace defined as as comfortable walking with occasional rest breaks. For the average walker.

• **BRISK** - pace defined as faster walking with occasional rest breaks. For the average, better conditioned walker.

• **FAST** - pace defined as fitness walking with few rest breaks for any reason. For seasoned, in fit condition walkers.

OUTDOOR CLUB OF SOUTH JERSEY WASHINGTON DC BUS TRIP AND SELF- GUIDED TOUR Saturday, May 3, 2014

Packed with famous sights, celebrated symbols of patriotism, free attractions, the sights and sounds of the nation's capital offer inspiring experiences.

COST: \$30.00 per person. TO ORDER: Send check payable to OUTDOOR CLUB OF SOUTH JERSEY to **Fran Katella 10 Fairway Court, Marlton, NJ 08053. All payments must be made by April 25, 2014. ADVANCE RESERVATIONS ARE A MUST.** Order tickets as soon as possible. We need an early response, in order not to disappoint anyone. First come, first serve. No reserved seats. Please include your telephone number and E-mail address (also cell phone number for the day of the trip). All sales final.

For refund, tickets must be re-sold. Meet at Garden State Pavilions Shopping Center, Route 70 and Cornell Drive in Cherry Hill at 7:00 am. Parking lot near Staples & Petco. Bus departs promptly at 7:30am, rain or shine. Arrive DC 10 -11 a.m. Depart DC 5:00 pm. Arrival time from DC approx. 830 p.m. (Volunteer gratuity for driver) Leader: Fran Katella: E-mail: frankatella3@gmail.com or 856-313-3794.

***YES! I want to participate in the Annual Washington, DC Bus Trip
and Self-Guided Tour.***

Enclosed is my payment.

Please make your check payable to OUTDOOR CLUB OF SOUTH JERSEY

NAME: _____

Phone # _____

Address: _____

E-mail address: _____

For a receipt, include a self addressed stamped envelope.

Return this form to:

Fran Katella Fran Katella, 10 Fairway Court, Marlton, NJ 08053.

A MESSAGE FROM THE X/C Skiing & Snowshoeing Chair

I hope that everybody had a good time skiing and snowshoeing this year. I would like to thank all of our leaders for their hard work planning and running trips. If you would like to lead a trip or have ideas for new trips please contact me. This year the Après Ski Party will be Saturday, May 17th. All club members are invited. Thank you Evan Ernest and Sallie Anderson for hosting the Après Ski Party this year.

Dennis McKane

Dennisfran1@verizon.net 609-707-5695

MAY 17 APRÈS SKI PARTY. Join us to cap off the 2013-2014 ski season and learn about next year's ski trips. Evan Ernest and Sallie Anderson will be hosting the event at their home at 111 Avonbrook Road, Wallingford, PA (5 minutes from Exit 2 of the Blue Route (I-476). The BYOB event will run from 3 -7 pm. They will provide the main course. Guests should bring an appetizer, salad, side dish, or dessert. Please bring your memories and pictures from this year and plans in the making for next year. If you plan to attend, please RSVP by May 1st to Evan (evn192@yahoo.com), noting what you plan to bring. More details will follow to those who are coming.



APRIL



“Love is the greatest refreshment in life.”

RESERVATIONS AND DEADLINE

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

APRIL 5-6 BACKPACK CALEDONIA STATE PARK TO THE MARYLAND BORDER ON THE AT. See April 5-6 listing.

APRIL 11-13 RICHARD GREVE MEMORIAL VOLUNTEER TRIP TO HARPER'S FERRY, WV. See April 11-13 listing.

APRIL 26 CLUB PICNIC AT PAKIM POND. See coming events for details.

MAY 3 WASHINGTON DC TRIP. See May 3 listing for details.

MAY 3-4 BACKPACK PINE KNOB TO PEN MAR COUNTY PARK ON THE AT. See May 3-4 listing.

MAY 17 APRÈS SKI PARTY. See May 17 entry for details.

JUNE 10-11 GIRLS KAYAK CAMPOUT. See June 10-11 listing for details.

JUNE 13-15 HISTORIC CAPE MAY WEEKEND. See June 13-15 listing.

JUNE 21-22 BEGINNER'S BACKPACKING TRIP – HIKE THE AT IN PENNSYLVANIA ALONG BLUE MOUNTAIN RIDGE. See June 21-22 listing.

JUNE 28 JOSEPH TRUJILLO MEMORIAL HIKE AND PICNIC. See June 28 listing for details.

SEPTEMBER 7-12 & SEPTEMBER 14-19. SEPTEMBER IN WESTERN MAINE. See coming events for details.

SPRING BICYCLING ROAD COURSE. A Saturday in the Spring. Exact date TBD.

JUNE 7-13, 2014. THE 16th SCHUYLKILL RIVER SOJOURN (NON-OCSJ EVENT)
See coming events.

NOTE VARIOUS OTHER TRIPS REQUIRE PARTICIPANTS

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW. OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

TO CONTACT LEADER.

Hiking Meetup site: <http://meetup.com/Outdoor-Club-of-South-Jersey-Hiking/>

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST TRIP INFORMATION.
FOR DETAILS GO TO BICYCLING HOMEPAGE.**

APRIL 1

Tuesday

7:30 pm

MOORESTOWN WALKS. Approx. 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet at Moorestown Library. Meet across 2nd St in the Municipal Parking Lot. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

APRIL 2

Wednesday

9:00 am

APRIL FOOLISH WALK (PLUS 1). I'm not sure if April 2nd is more or less foolish than APRIL 1st. I guess you'll have to come to find out. I plan to walk more quickly than three mph along trails, fire cuts and sand and paved roads. I expect about 12 miles all together, but I haven't measured it, but it should be close. Start time is promptly at nine so be early to sign in. Meet in the parking lot at Brendan Byrne Office. Contact leader at least one day before for info. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com

APRIL 3

Thursday

9:30 am



HIKE PARKER PRESERVE. We'll choose the route, starting from the SOUTH gate of Parker on Rt. 563, based on the weather that day; severe weather such as thunderstorm, heavy rain, deep snow cancels. 8-9 miles at a moderate pace whichever way we go. Possible sightings: bald eagles, suspension bridge, over-size chairs, old bogs. Easy hiking along the bogs but somewhat challenging on the red trail. Bring snack/light lunch and water. Meet at Franklin Parker Preserve South gate on Rt. 563. Leaders: Vera C. Stek, verastek@verizon.net and Bill Schaefer, 908-337-7040. POSITIVE responses only, please.

APRIL 4

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles, Brisk Pace. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com ; Bob Hodges, RLHHLR@aol.com ; Alison Baker, 609-468-1950, alison@mikebaker.com

APRIL 5

Saturday

10:00 am

ALLAIRE STATE PARK. 5 miles, easy to moderate pace. We meet at the Parking lot on Hospital Road at Allaire State Park. Hike along the hilly terrain of the Multi-use trails. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

APRIL 5-6

Sat.-Sun.



BACKPACK CALEDONIA STATE PARK TO THE MARYLAND BORDER ON THE AT: Come join us as we hike the first section of the AT in Pennsylvania! We'll start at the Caledonia State Park, where we ended the hike last fall. We'll hike 10.2 miles to the Antietam Shelter (Water, privy). We'll see the Chimney rocks and the remains of iron works and the Snowy Mtn Fire tower. The next morning, we'll wake up, and hike 6.8 miles to the Pen Mar state park, right at the Maryland border. Strenuous hike due to distance. Limited to 16 backpackers. Leader: Kevin Drevik, 856-630-2485 or kdrevik@aol.com.

APRIL 6

Sunday

8:30 am

SOCIAL WISSAHICKON GORGE HIKE. 7 miles moderate pace over hills and small creeks. Hike the Gorge in early fall with it's spectacular views and fall colors. Backpacker Magazine labeled

the Wissahickon Gorge as the "secret jewel" of the east. Bring picnic type food to share at tailgate social after hike. NP/NC. Meet in rear parking lot of Crown Plaza Hotel, on Rt. 70 Cherry Hill to carpool/caravan to site. Or meet at 9:30am at Valley Green parking lot in park. Directions to Valley Green Parking lot: Take 76 west to exit 340A Lincoln/Kelly Drive exit to the right. Bear left to exit onto Lincoln Drive. Go 1/4 mile and take the first right onto Gypsy Lane. At top of hill turn left onto School House Lane. Go .4 miles and at stop light turn left onto Henry Avenue. Go 3.2 miles and turn right onto Wisers Mill road. Go to the bottom of the hill and bear right onto Forbidden Drive and park in the first parking lot. Leader Paul Serdiuk, 609-462-3593 evenings or pis9@yahoo.com

APRIL 6

Sunday
10:00 am



THE OSWEGO RIVER PADDLE. We meet at Oswego Lake Put-In, Oswego Lake Road off Rte 563, Chatsworth. Pack lunch and change of clothing in dry bag as cold water conditions still apply. You should have experience for any cold water paddling and be familiar with the river. Call or email to confirm. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

APRIL 6

Sunday
1:00 pm

COOPER RIVER PARK WALK. Walk 3.7 miles at a brisk 3 to 3.5mph pace. Meet at the Cooper River Yacht Club parking lot on South Park Drive. This is a paved walking and bike path. We will make a stop at the boat house if anyone needs a break. Bad weather cancels. GPS Parking lot: N39.55.449 W075.04.027 Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

APRIL 7

Monday
10:00 am

WALK FROM BULLOCK. Join me as I walk 6-8 miles at a moderate pace (2.75-3 mph) along sand roads and fire cuts in the southern section of Brendan Byrne State Forest and adjacent Greenwood Forest Wildlife Management Area. I'll choose the route based on conditions and the condition and interests of the walkers. Meet at RR Crossing in Bullock on the grass along the RR tracks where Pasadena Road meets Savoy Boulevard at the Ocean/Burlington County border. Savoy Blvd. crosses Rte. 72 about 6 miles from the Rt. 70 intersection at 4-Mile Circle. There is no road sign but there is railroad bridge at the location. Turn onto Savoy and head east until you get to a stop sign. turn right and park on the grass on your left. Contact leader the day prior for questions. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com

APRIL 9

Wednesday
10:00 am

HIKE TO NASH'S. 9-10 miles. Moderate pace. We will hike to the former site of Nash's cabin. A beautiful spot on a pond. The hike passes through downtown Martha, and Buck Run. Bring lunch. Meet at Harrisville parking. Rt. 679 a spur of Rt. 563. Leaders: Christine Denneker, 609-351-2789. e-mail cdenneker157@yahoo.com; Pat Burton, 856-767-8064 e-mail camperpat123@aol.com

APRIL 10

Thursday
7:30 pm



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

APRIL 11

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk Pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also

important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com ; Bob Hodges, RLHHLR@aol.com ; Alison Baker, 609-468-1950, alison@mikebaker.com

APRIL 12
Saturday
9:00 am

WALK IN A CIRCLE. A 10-12 mile circular walk in Brendan Byrne SF at a moderate pace (3 mph) with occasional stops. We will walk some of the sand roads and foot paths south of Pakim Pond. Meet in the Pakim Pond parking area at 9 am. We leave on time, so be prompt. This should be a good work-out. Leader: Jay Schoss, walkinginmud@aol.com 609-283 -0252

APRIL 13
Sunday
11:00 am



CHESTNUT HILL HIKE. 4 or 8 miles, moderate pace. Hiking and then lunch in the Wissahickon Gorge. After lunch, it's your choice of an easy 4 mile walk back to the cars or 8 miles with the leader up the Cresheim Creek and into Chestnut Hill. Browse, stay for dinner. Rugged terrain and city sidewalks. Bring or buy lunch at Valley Green Inn. No pets. Meet 10:00 a.m. at Crate and Barrel, Cherry Hill Mall, or by 11:00 a.m. in front of Bruno's at Northwestern and Germantown Aves in Chestnut Hill. (Your GPS MAY show this as "Lafayette Hill, Pa") Park in front of stables on N.W. Avenue. Leader: Rich Kranz, 856-316-6292. kranzdnr@verizon.net.

APRIL 14
Monday
10:00 am



WALK FROM THE BRENDAN BYRNE CAMPGROUNDS. A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Meet at Brendan Byrne State Forest Campgrounds. Contact leader the day prior for questions. Leader: Jay Schoss, 609-283- 0252 or walkinginmud@aol.com

APRIL 16
Wednesday
9:00 am

PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com. mayandpops @aol.com

APRIL 16
Wednesday
10:00 am



SPRING WILDFLOWER HIKE AT TYLER ST PARK, PA. Meet at Tyler State Park at Boat House Parking lot which is at the bottom of the hill next to the creek for this 6 mile hike with lunch at a covered bridge. Follow signs to the parking lot, restrooms at the parking lot. Hopefully Blue Bells will be in full bloom! Leader: Pat Burton, camperpat@hotmail.com 856-767-8064.

APRIL 16
Wednesday
10:00 am

3 B HIKE IN OCEAN CITY BY NOEL. 7 miles. Walk on boardwalk, thru Gardens, over Longport Bridge, lunch at fishing pier, back on beach (weather permitting), back on boardwalk to starting point. Meet at 12th Street pavilion on boardwalk at 10 am. Leader: Noel Wirth, 609-938-0418. ocncw101@comcast.net

APRIL 18
Friday
10:00 am

GOOD FRIDAY HIKE. 9-10 miles, moderate pace. Hike along the Skit Branch and Batsto Rivers. May be wet in spots. Bring Lunch. Meet at Moore's Meadow Rd at junction of Carranza and

Moore's Meadow Roads. 4.3 miles SE of Tabernacle. Leaders: and Julie Hegelein, 856-235-8792. Cell phone day of hike, 609-332-9262.

APRIL 18

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk Pace!! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com ; Alison Baker, 609-468-1950, alison@mikebaker.com

APRIL 19

Saturday
9:00 am



CANOE/KAYAK THE N. BRANCH RANCOCAS CREEK. Join me for a 10-mile trip on my favorite Pinelands waterway and look for turtles sunning themselves along the way. We'll paddle from the trailhead behind Burlington County Community College to Smithville. Meet at the Canoe Trail launch ramp on W. Rancocas Road, off Rt. 530 in Pemberton. Leader is an "early riser", so contact him between 4 a.m. and 7 p.m. if you have any questions. Participants MUST be ready to shuttle at 9 a.m. so arrive early to unload your boat and gear. Rentals are not available. Leader: Dave Lynch cell, 609-784-4066, 609-784-4066 or e-mail ztoymaker@gmail.com

APRIL 19

Saturday
10:00 am

GOSHEN POND. 5 miles, easy pace. A leisurely stroll through the woods and following the Mullica River. Meet at Goshen Pond Group Campsite area. Look for the Goshen Pond Group Campsite sign on Atsion Road 1 1/2 miles from Rt. 206. Follow Road till you see another sign for the campground high in the trees. Leader: David Bicking, 609-332-2109, dbicking@yahoo.com

APRIL 20

Sunday
9:00 am

WALK TO WEBB'S MILL. Back and forth to the 18th century settlement site of the Webb's family mill. We'll walk about 10 miles of sand road and old trails get there and return. 3 mph pace or what is suitable for the participants. Lunch along the trail. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com. Meet at the Bullock RR crossing.

APRIL 21

Monday
10:00 am

HIKE BRENDAN BYRNE STATE FOREST. Hike to Deep Hollow Pond about 4/5 miles at a moderate pace. We will hike from the Ranger Station to Deep Hollow Pond. Bring water and lunch we will eat after hike. Meet at Brendan Byrne State Forest Office. If in doubt contact leader. Leader: Janet Horton cell, 609-706-5691, janeth1@comcast.net

APRIL 23

Wednesday
10:00 am

STOCKTON NEW HOPE CANAL HIKE. 10 miles. Moderate pace (3mph). Bring lunch. Meet across from the Golden Nugget and Flea Market on Rt. 29 North of Trenton and approx. one mile south of Lambertville. Turn left to parking area over the canal on a wooden bridge. Will try to have someone to guide you. Leaders: Joe Hummel, 856-23 -8818 & Bill Poulson, 856-983-7609.

APRIL 25

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes

(sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com ; Bob Hodges, RLHHLR@aol.com; Alison Baker, 609-468-1950, alison@mikebaker.com

APRIL 26

Saturday
11:00 am

APRIL 26 CLUB PICNIC AT PAKIM POND. Come join us at the annual club picnic! There will be hikes, bike rides and canoeing and kayaking opportunities in Pakim Pond. If you have never paddled but would like to try it, this is your chance. There will be canoes and kayaks to try and instructors to guide you. Food and drink will be served starting at noon at the pavilion. Meet at Pakim Pond. The picnic is totally free. All members and prospective members are welcome. Bring a chair. Don't miss the favorite club event! If you would like to bring a picnic food to share, feel free to do so, but email president@ocsj.org so we can plan the food properly.

APRIL 26

Saturday
1:00 pm

COOPER RIVER PARK WALK. Walk 3.7 miles at a brisk 3 to 3.5mph pace. Meet at the Cooper River Yacht Club parking lot on South Park Drive. This is a paved walking and bike path. We will make a stop at the boat house if anyone needs a break. Bad weather cancels. GPS Parking lot: N39.55.449 W075.04.027 Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

APRIL 27

Sunday
9:00 am



PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com
[mayandpops @aol.com](mailto:mayandpops@aol.com)

APRIL 27

Sunday
10:00 am

SOME PEOPLE CALL ME MAURICE RIVER PADDLE, but it's pronounced like "Morris" the cat. Meet at Garden Road, off Route 55 will paddle to Sherman Avenue, Vineland. Pack lunch and spare clothes in dry bag. Call or email to confirm route. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

APRIL 27

Sunday
10:00 am

SHAD FESTIVAL HIKE. 7 miles, moderate pace, LP. Many things to see at the festival. Try a shad burger or the BBQ at the River Horse Brewery. Guided hike until we reach Lambertville, then hikers go on their own. Meet at D&R Canal Parking at Holcombe-Jimison Farmstead, just before 202 bridge. Leader: Dave Hegelein, 856-235-8792. Cell phone on day of hike, 609-332-9262.

APRIL 27

Sunday
10:45 am

WISSAHICKON DAY PARADE HIKE. Miles: 5 or 7, moderate pace. We'll hike down to the Valley Green Inn and have lunch while watching all of the trappings of the annual Equestrian Parade. The parade commemorates the closure of Forbidden Drive to vehicular traffic many years ago. On the way back we'll check out the Covered Bridge. The Falls and Maybe a side trip on the Lavender Trail. Rugged terrain. Bring or buy lunch at Valley Green. NP. Meeting Place: Meet before 9:45 am at Crate & Barrel, Cherry Hill Mall or 10:45 at Andorra Nature Center,

Ridge and Northwestern Avenues, Philadelphia. Leader: Rich Kranz, 856-316-6292 kranzdnr@verizon.net

APRIL 29

Tuesday
9:00 am

WALK PARKER AND HOPE FOR CLOUDS. It may be early for some but it could be real hot out there. If it is, be sure you bring plenty of fluids and sun protection. 8 miles or so of roads and trails in the woods and through the abandoned cranberry bogs at a leisurely pace for me, about 2.5 mph. Good chance to catch the late spring bloom, and maybe see some raptors and reptiles. Meet at the south gate of Franklin Parker Preserve south of Chatsworth on 563. NOT THE NORTH GATE ON 532. Leader: Jay Schoss, 609-283-0252, walkinginmud@aol.com

APRIL 29

Tuesday
9:30 am



HIKE BATSTO TRAILS. 7-8 miles at a moderate pace on several of Batsto's many colorful, scenic trails. Fairly easy walking except for some tree roots and stumps that can pose tripping hazards for the unwary. Bring snack/light lunch and water. Meet at the back of the Batsto Village Visitor's Center parking lot; we leave on time. Severe weather cancels. Positive responses only, please. Leaders: Vera C. Stek verastek@verizon.net and Bill Schaefer weschaefer@verizon.net 908-337-7040.

APRIL 30

Wednesday
10:00 am

CRANBERRY BOGS HIKE. 9 miles, moderate pace (3mph). Tour the pines and bogs in Lebanon Forest. Meet at the Bryne Office (Ranger Station). LP. Bring lunch. Leaders: Joe Hummel, 856-235-8817.



MAY

*"You can't build a reputation on what
you are going to do."*



RESERVATIONS AND DEADLINE

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

MAY 3 WASHINGTON DC TRIP. See May 3 listing for details.

MAY 3-4 BACKPACK PINE KNOB TO PEN MAR COUNTY PARK ON THE AT. See May 3-4 listing.

MAY 17 APRÈS SKI PARTY- See May 17 listing for details.

JUNE 10-11 GIRLS KAYAK CAMPOUT. See June 10-11 listing for details.

JUNE 13-15 HISTORIC CAPE MAY WEEKEND. See June 13-15 listing.

JUNE 21-22 BEGINNER'S BACKPACKING TRIP – HIKE THE AT IN PENNSYLVANIA ALONG BLUE MOUNTAIN RIDGE. See June 21-22 listing.

JUNE 28 JOSEPH TRUJILLO MEMORIAL HIKE AND PICNIC. See June 28 listing for details.

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Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST TRIP INFORMATION.
FOR DETAILS GO TO BICYCLING HOMEPAGE.**

MAY 2

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles, Brisk Pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

MAY 3

Saturday
7:00 am

WASHINGTON DC BUSTRIP AND SELF-GUIDED TOUR. The Receipt of payment is the only way to guarantee your spot Packed with famous sights, celebrated symbols of patriotism, free attractions, the sights and sounds of the nation's capital offer inspiring experiences. **COST: \$30.00 per person.** TO ORDER: Send check payable to OUTDOOR CLUB OF SOUTH JERSEY to Fran Katella, 10 Fairway Court, Marlton, NJ 08053 . or Pay on-line by going to OCSJ.ORG and clicking on the OCSJ Washington DC Bus Trip Pay Now button. **All payments must be made by APRIL 23, 2014 ADVANCE RESERVATIONS ARE A MUST.** Order tickets as soon as possible. We need an early response, in order not to disappoint anyone. First come, first serve. No reserved seats. Please include your telephone number and E-mail address (also cell phone number for the day of the trip). For a receipt, include self-addressed stamped envelope. All sales final. For refund, tickets must be re-sold. **Meet at the Garden State Pavilion parking lot-Marlton Pike (Rt. 70) and Cornell Ave. Cherry Hill, NJ.** Meet at 7:00am Bus departs promptly at 7:30am, rain or shine. Arrive DC 10 -11 a.m. Depart DC 5:00 pm. Arrival time from DC approx. 830 p.m. (Volunteer gratuity for driver) Leader: Fran Katella: phone, 856-313-3794 frankatella3@gmail.com

MAY 3

Saturday
10:00 am

CLAYTON PARK. 5 miles, easy to moderate pace. We explore the wooded trails along the Doctor's Creek in this Monmouth County Park. Meet at Clayton Park. Direction from I-195: take Exit 11 (Imlaystown/Cox's Corner) and turn south on Rt. 43. At first intersection make left on Rt. 526 then immediate right back on to Rt. 43. After a mile, turn left on Emley's Hill Road. Park is on the left. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

MAY 3

Saturday
10:00 am

PADDLE THE OCTORARO RIVER. This is the eighth year that the Club has participated in this joint trip with the Wilmington and Lancaster Canoe Clubs. The section to be run depends on water levels but expect a mostly whitewater trip. Previous whitewater experience required. Bring lunch, water, and protected change of clothes. The area is about 75 miles from the Philadelphia. No rentals available. You must contact leader to confirm participation. Leader: Frank Pearce, 856-767-2780 or hornet71@verizon.net

MAY 3-4

Sat.-Sun.

BACKPACK PINE KNOB TO PEN MAR COUNTY PARK ON THE AT: Moderate Hike: Come join us as we hike the AT in Maryland up to the Pennsylvania border. We'll start at the Pen Mar County park, and head south on the trail, climbing Quirauk mountain and continue on to the Hemlock Hill shelter (privy,

water), a total of 9.5 miles. The next morning, we'll wake up and hike 6.8 miles out to Pine Knob, and the I-70 underpass. Moderate hike, total distance 17.7 miles. Limited to 16 backpackers. Hike Leader: Kevin Drevik, 856-630-2485 or kdrevik@aol.com.

MAY 4
Sunday
10:45 am

SOUTH WISSAHICKON VALLEY HIKE. 5 or 7 miles, moderate pace. Come explore historic Rittenhousetown and the Hermits Cave and say hi to 'Billy Penn'. Rugged terrain. Sturdy shoes required. Wimp out at 5 miles. Lunch at Lovers Leap. Bring lunch, beverage. No Pets. Meet at 10:00 a.m. Crate & Barrel Cherry Hill Mall, or by 10:45 a.m. at Henry Avenue and Walnut Lane parking area. Leader: Rich Kranz, 856-316-6292 kranzdnr@verizon.net

MAY 5
Monday
10:00 am



WALK FROM BULLOCK. Join me as I walk 6-8 miles at a moderate pace (2.75-3 mph) along sand roads and fire cuts in the southern section of Brendan Byrne State Forest and adjacent Greenwood Forest Wildlife Management Area. I'll choose the route based on conditions and the condition and interests of the walkers. Meet in Bullock on the grass along the RR tracks where Pasadena Road meets Savoy Boulevard at the Ocean/Burlington County border. Savoy Blvd. crosses Rt. 72 about 6 miles from the Rt. 70 intersection at 4-Mile Circle. there is no road sign but there is railroad bridge at the location. Turn onto Savoy and head east until you get to a stop sign. turn right and park on the grass on your left. Contact leader the day prior for questions. Leader: Jay Schoss, 609-283- 0252 or walkinginmud@aol.com

MAY 6
Tuesday
7:30 pm

MOORESTOWN WALKS. Approx 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet at Moorestown Library. Meet across 2nd Street in the Municipal Parking Lot. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

MAY 7
Wednesday
9:30 am



WASHINGTON CROSSING/BOWMAN'S TOWER HIKE. 9-10 Miles. Moderate pace (3mph). Meet at Washington Crossing, New Jersey side on Route 29 approximately 8 miles north of Trenton. At Washington Crossing, turn left and then make an immediate right (before crossing the bridge) into the parking lot. We will cross the Delaware River and continue along the towpath and picnic at the tower. Bring your lunch. Heavy rain or snow cancels. Leaders Joe Hummel, 856-235-8817 and Bill Poulson, 856-983-7609.

MAY 8
Thursday
7:30 pm

CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

MAY 9
Friday
7:00 pm

FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne

State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com
Alison Baker, 609-468-1950
alison@mikebaker.com

MAY 10
Saturday
9:00 am

PADDLE THE BRANDYWINE RIVER. Enjoy a scenic trip thru the historic Brandywine River Valley starting from a Private Park; stop for brown bag lunch at Wyeth's Dam, pass by the Brandywine River Museum, and end at a Covered Bridge in Delaware. Trip Length is approx. 8 miles with 2 dams (easy portage of 1st and 2nd may be run). Depending on water levels some easy riffles and a class I run thru the 2nd Dam (option to portage). Water level determines. No rentals available. Must contact leader to confirm participation and for details. Leader: Frank Pearce, 856-767-2780 or hornet71@verizon.net

MAY 10
Saturday
10:00 am

PADDLE THE ABBOTT MARSHLANDS. An 8-mile paddle through the Abbott marshlands (check it out at: www.marsh-friends.org) from Bordentown to Watson Woods and then back to Bordentown. Meet at Bordentown Beach. Take US130 or US206 to Bordentown. Turn left onto Farnsworth St. Go in about 1 mile and turn left onto Park St and follow it to the end to the beach. Bring lunch and beverage. Leader Bruce Steidel, 609-915-0956 bsteidel@yahoo.com

MAY 10
Saturday
1:00 pm.

COOPER RIVER PARK WALK. Walk 3.7 miles at a brisk 3 to 3.5mph pace. Meet at the Cooper River Yacht Club parking lot on South Park Drive. This is a paved walking and bike path. We will make a stop at the boat house if anyone needs a break. Bad weather cancels. GPS Parking lot: N39.55.449 W075.04.027
Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

MAY 11
Sunday
10:00 am

MOTHER'S DAY ON THE MULLICA. Paddle the meandering Mullica River, Listen for the frog calls on the marsh. Atsion to Pleasant Mills, 11 miles, all day trip. Meet at Atsion Ranger Station Parking Lot. Leader Vicki S. call 856-341-3901, or ravingwriter@gmail.com

MAY 11
Sunday
10:30 am



CATTUS ISLAND COUNTY PARK HIKE. About 6-7 miles, moderate pace. This park is a jewel of the Jersey shore with great views of the bay and surrounding wetlands. Bring lunch. Meet at Cattus Island County Park. Directions: Rt. 37 East. Three miles east of Parkway, turn left onto Rt. 627 (Vaughn Avenue). Then right on Bay Avenue, left on Fischer Boulevard and right on Cattus Island Blvd. Then turn left into park. Drive in 0.5 mil and park in third lot. Meet by large Cattus Island Park map. Leader: Bruce Steidel, 609- 915-0956
bsteidel@yahoo.com

MAY 12
Monday
10:00 am

WALK FROM THE BRENDAN BYRNE CAMPGROUNDS. A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Meet at Brendan Byrne State Forest Campgrounds. Contact leader the day prior for questions. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com

MAY 13
Tuesday
10:00 am

HEINZ NATIONAL WILDLIFE REFUGE AT TINICUM. Hike 8 miles. Moderate. "Romping through the swamp in the month of MAY" Loop hike through tidal marsh area south of PHL airport adjacent to I-95. See the airplanes taking off PHL! See the

trucks on I-95! Maybe even see some wildlife. Bring lunch for stop at environmental education center at mid point. I'm not a birder, so you'll have to tell me what to look at. Meet at John Heinz National Wildlife Refuge at Tinicum. Take I-95 south to exit 9B (PA Rt. 420 North). Parking area is immediately at end exit ramp on Rt. 420. Addition parking across Rt. 420. Note: This walk does NOT start at Environmental Center (the traditional trailhead), but uses it as a midpoint stop. Substantial rain in the days before hike cancels. NP Leader: Jack McMackin, c: 856-254-8702, h: 856-478-4336, jack_mac@njmcmackin.com

MAY 14
Wednesday
10:00 am

BACK TO BIVALVE. 7 miles. Meet at 2800 High St. (BDP) Bivalve (Port Norris). Park by Shipping Sheds. Walk to Shell pile by Maurice River to Bivalve village and observation decks. Picnic at BDP wharves where NJ tall ship is anchored. Tour Shipping Sheds and Museum. Bring cameras, binoculars and insect repellent. Noel Wirth, 609-938-0418. ocnw101@comcast.net

MAY 14
Wednesday
7:30 pm



MAY MOON, FULL MOON HIKE. 7 miles. M.P. Come out on a spring evening to listen for whippoorwill and gaze at the moon. Bad weather cancels. Meet at Atsion Office. Leaders: Dave and Julie Hegelein, 856-235-8792 or the night before AM call our cell, 609-332-9262.

MAY 16
Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

MAY 17
Saturday
9:00 am

WALKING WORKOUT TO WEBBS MILLS. This will be my last brisk walk of the spring. Expect to average above 3 miles an hour for the entire walk. Few breaks except for lunch. 10-12 miles in total. Meet at RR Crossing in Bullock. Leader: Jay Schoss, 609-283 0252 walkinginmud@aol.com

MAY 17
Saturday

APRÈS SKI PARTY. Join us to cap off the 2013-2014 ski season and learn about next year's ski trips. Evan Ernest and Sallie Anderson will be hosting the event at their home at 111 Avonbrook Road, Wallingford, PA (5 minutes from Exit 2 of the Blue Route (I-476). The BYOB event will run from 3-7 pm. They will provide the main course. Guests should bring an appetizer, salad, side dish, or dessert. Please bring your memories and pictures from this year and plans in the making for next year. If you plan to attend, please RSVP by May 1st to Evan (evn192@yahoo.com), noting what you plan to bring. More details will follow to those who are coming.

MAY 18
Sunday
10:00 am

PADDLE CEDAR CREEK. Paddle 7 miles along the scenic Cedar Creek from Ore Pond to Dudley Park. Meet at Ore Pond Canoe Access off of Pinewald-Keswick Road (look for

transmission lines crossing Road.) *All day rain cancels.* Leader: Harry Barok insists you email him directly
Harrykaraoke7@aol.com or call, 856-985-6172, between 10 am & 10 pm).

MAY 18
Sunday
10:00 am

SOME PEOPLE CALL ME MAURICE RIVER PADDLE, but it's pronounced like "Morris" the cat. Start at Willow Grove and end at Sherman Avenue take out. All day paddle, on wild and scenic waterway. Pack lunch, hat, usual items. Volunteer shuttle. Leader: Vicki S. 856-341-3901 or ravingwriter@gmail.com

MAY 18
Sunday
1:00 pm

COOPER RIVER PARK WALK. Walk 3.7 miles at a brisk 3 to 3.5mph pace. Meet at the Cooper River Yacht Club parking lot on South Park Drive. This is a paved walking and bike path. We will make a stop at the boat house if anyone needs a break. Bad weather cancels. GPS Parking lot: N39.55.449 W075.04.027 Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

MAY 19
Monday
10:00 am

HIKE TO MARTHA FURNACE. 5 miles easy pace. Hike to the site of the furnace that operated many years ago. Bring lunch and water we will eat by the lake after the hike. Meet at Harrisville Pond. Leader: Janet Horton cell, 609-706-5691. janeth1@comcast.net

MAY 21
Wednesday
9:00 am

HIKE THE PARKER PRESERVE. 7-8 miles moderate pace. This is a hike for all abilities. Prospective members welcome. Start time an hour earlier than usual, we want to beat the heat of the day. A beautiful area to hike. Bring lunch, beverage, insect repellent. Meet at Franklin Parker Preserve parking 2.5 miles south of Chatsworth on Rt. 563. Speedwell entrance. Leaders: Christine Denneler, 609-351-2789. e-mail cdenneler157@yahoo.com Pat Burton, 856-767-8064, e-mail camperpat123@aol.com

MAY 21
Wednesday
10:00 am

CANOE/KAYAK THE DELAWARE RIVER (HUNTERDON CO). The trip is 8 miles from Kingwood Access to Bulls Island. Bring lunch and beverage, and protected change of clothes. No launch fees. Allow time for drive-watch for speed limits thru Lambertville. Rain cancels. Rentals are not available. Contact leader to confirm trip and participation. Leader: Frank Pearce, hornet71@verizon.net, 856-767-2780 hornet71@verizon.net

MAY 23
Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

MAY 24
Saturday, 9:00 am

WALK TO PAKIM FROM PAKIM. A brisk pace. More than 3 mph. We leave at 9:00am and will work up big hunger for lunch

at the pond after the walk. Only necessary breaks along the way, 8-10 miles of sand roads, trails and fire cuts. Meet at Pakim Pond. Leader: Jay Schoss, walkinginmud@aol.com 609-283-0252.

MAY 24
Saturday
9:00 am

PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com. mayandpops @aol.com

MAY 24
Saturday
9:00 am

CANOE/KAYAK THE N. BRANCH RANCOCAS CREEK. Join me for a 10-mile trip on my favorite Pinelands waterway and look for turtles sunning themselves along the way. We'll paddle from the trailhead behind Burlington County Community College to Smithville. Meet at the Canoe Trail launch ramp on W.Rancocas Road, off Rt. 530 in Pemberton. Leader is an "early riser", so contact him between 4 am and 7 pm if you have any questions. Participants MUST be ready to shuttle at 9 am so arrive early to unload your boat and gear. Rentals are not available. Leader: Dave Lynch Cell, 609-784-4066, 609-784-4066 or e-mail ztoymaker@gmail.com

MAY 25
Sunday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone, 609-283-0252. walkinginmud@aol.com

MAY 25
Sunday
10:00 am

SUMMER KICK OFF GREAT EGG HARBOR PADDLE. Weymouth Furnace to the Lake. Good run for less experienced paddlers. 4 hour trip. Bring lunch and hydration. Volunteer shuttle. Leader Vicki S. call, 856-341-3901, or ravingwriter@gmail.com

MAY 26
Monday
10:00 am



MEMORIAL DAY ON THE MULLICA. Line up for the paddle parade, Atsion to Pleasant Mills, 11 miles, No rentals. Meet at Atsion Ranger Station Parking Lot. Please contact Leader Vicki S. phone 856-341-3901, or ravingwriter@gmail.com

MAY 28
Wednesday
9:00 am

PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com. mayandpops @aol.com

MAY 28
Wednesday
10:00 am

HIKE WOODLAWN TRUST/BRANDYWINE STATE PARK. 11 to 12 miles. Moderate pace. Some good size hills and small stream rock hopping. Newly incorporated into the National Park system as part of the First State National Monument. Trek through wooded trails and farm fields straddling PA/DE boundary and down along Brandywine River. Loop course tracks on

both sides of river. Can be a little slippery/sloppy from recent rains. Bring lunch. Meet at Woodlawn Trustees wildlife Preserve. I-95 to first exit in Delaware – DE Rt. 92 west (Naamans Road). Continue on Rt. 92 for 5mi and cross US 202 keeping on Rt. 92. Continue straight after 1/4 mile (Rt. 92 turns left, but you don't) on Beaver Valley Road. Continue straight – Beaver Valley switches to Beaver Dam Road. Turn left at bottom of hill tee intersection (1.8 miles) at Brandywine river and park at Woodland Trust parking area on river side of Creek Road. I can meet people at in S Jersey to lead caravan. Meet at the ShopRite shopping center off I-295 exit 17 (near Gibbstown /Paulsboro) for 9:15a departure and 30 min drive to trailhead. Leader: Jack McMackin c: 856-254-8702 h: 856-478-4336, jack_mac@njmcmackin.com

MAY 30

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

MAY 31

Saturday
9:30 am



PADDLE THE S. BRANCH OF THE RARITAN. Water levels permitting, we will paddle from picturesque Clinton to Darts Mills. At this time of year the riverbanks should be covered in wild roses and other flowers. We stop for lunch near the pumping station for the Round Valley Reservoir then continue pass horse farms and country homes before paddling thru the remains of the dam at Darts Mills. No rentals available and there will be a fee for using the take-out. Leader: Frank Pearce, 856-767-2780 or e-mail hornet71@verizon.net.

MAY 31

Saturday
10:00 am

FRIENDSHIP AND BULL'S BRANCH. 5 miles, moderate pace. Walk along the old bogs on the Bull's Branch of the Tulpehocken Creek, with a short stop at the Blueberry Monument honoring the first commercial blueberry farm. Meet at Friendship. Leader: David Bicking, 609-332-2109. dbickin@yahoo.com



JUNE

*"What would you attempt to do if you knew
you could not fail?"*



RESERVATIONS AND DEADLINE

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

JUNE 10-11 GIRLS KAYAK CAMPOUT. See June 10-11 listing for details.

JUNE 13-15 HISTORIC CAPE MAY WEEKEND. See June 13-15 listing for details.

JUNE 21-22 BEGINNER'S BACKPACKING TRIP – HIKE THE AT IN

PENNSYLVANIA ALONG BLUE MOUNTAIN RIDGE. See June 21-22 listing.

JUNE 28 JOSEPH TRUJILLO MEMORIAL HIKE AND PICNIC. See June 28 listing for details.

SEPTEMBER 7-12 & SEPTEMBER 14-19. SEPTEMBER IN WESTERN MAINE. See coming events for details.

SPRING BICYCLING ROAD COURSE. A Saturday in the Spring. Exact date TBD.

JUNE 7-13, 2014. THE 16 th. SCHUYLKILL RIVER SOJOURN (NON-OCSJ EVENT)
See coming events.

**NOTE VARIOUS OTHER TRIPS REQUIRE PARTICIPANTS
TO CONTACT LEADER.**

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW. OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

Hiking Meetup site: <http://meetup.com/Outdoor-Club-of-South-Jersey-Hiking/>

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST TRIP INFORMATION.
FOR DETAILS GO TO BICYCLING HOMEPAGE.**

JUNE 1

Sunday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone 609-283-0252. walkinginmud@aol.com

JUNE 2

Monday
10:00 am

WALK FROM THE BRENDAN BYRNE CAMPGROUNDS. A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Meet at Brendan Byrne State Forest Campgrounds. Contact leader the day prior for questions. Leader: Jay Schoss, 609-283- 0252 or walkinginmud@aol.com

JUNE 3

Tuesday
7:30 pm

MOORESTOWN WALKS. Approx 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet at Moorestown Library .Meet across 2nd St in the Municipal Parking Lot. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

JUNE 4

Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone 609-283-0252. walkinginmud@aol.com

JUNE 4
Wednesday
10:00 am

WASHINGTON CROSSING STATE PARK (NJ) HIKE. 6-7 miles. Moderate pace through Titusville and the State Park. Bring lunch. NP. Meet at Washington Crossing State Park, NJ side, off of Rt. 29 approx. 8 miles north of Trenton. At the Wash. Crossing red light turn left & make an immediate right, before crossing the river, into the parking lot. One potential option at hike end will be to view a 27 minute movie "Ten Crucial Days", an historical epic of Washington Crossing the Delaware on 12/25/1776 at the Visitor Center Museum. This option would be at a cost of \$1.00 each and will be discussed. Leaders, Bill Poulson, 856-983-7609 and Joe H., 856-235-8817.

JUNE 4
Wednesday
6:30 pm



ROUND ABOUT HIKE. 3.7 miles, moderate pace. Stop on the way home for a turn around Cooper River Park. Meet at The Cooper River Yacht Club on South Park Drive. The Yacht Club is located directly across from the Marina Park Apartments on South Park Drive in Collingswood. Rain at the departure time cancels. Check website, as always, for last minute cancellations. Contact leader before 8:30 pm... Leader: Joe Rottinger, (856) 665-4812 or pennsauken@earthlink.net

JUNE 6
Friday
10:00 am

WALK FROM BULLOCK. Join me as I walk 6-8 miles at a moderate pace (2.75-3 mph) along sand roads and fire cuts in the southern section of Brendan Byrne State Forest and adjacent Greenwood Forest Wildlife Management Area. I'll choose the route based on conditions and the condition and interests of the walkers. Meet in Bullock on the grass along the RR tracks where Pasadena Road meets Savoy Boulevard at the Ocean/Burlington County border. Savoy Blvd. crosses Rte. 72 about 6 miles from the Rte 70 intersection at 4-Mile Circle. there is no road sign, but there is railroad bridge at the location. Turn onto Savoy and head east until you get to a stop sign. turn right and park on the grass on your left. Contact leader the day prior for questions. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com

JUNE 6
Friday
7:00 pm

FRIDAY NITE FITNESS HIKE. 8-10 miles, Brisk Pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

JUNE 7
Saturday
9:00 am

PADDLE THE CEDAR CREEK. Paddle 7 miles along the scenic Cedar Creek from Ore Pond to Dudley Park. Meet at Double Trouble State Park, Pinewald-Keswick and Double Trouble Roads. Please contact leader to confirm trip and reservation. Leader: Bruce Steidel, 609-915-0956 bsteidel@yahoo.com

JUNE 7
Saturday
10:00 am

MANASQUAN RESERVOIR HIKE. 5 miles, easy to moderate pace. We will see the panoramic views of the Reservoir from the perimeter trail. Meet outside the Visitor center at the main entrance. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

JUNE 8

Sunday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone, 609-283-0252. walkinginmud@aol.com

JUNE 8

Sunday
10:00 am

O' WE GO PADDLE the OSWEGO. We meet at Oswego Lake Put-In. Pack Lunch. Volunteer shuttle Call or email to confirm participation Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

JUNE 9

Monday
10:00 am

WALK FROM THE BRENDAN BYRNE CAMPGROUNDS. A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Meet at Brendan Byrne State Forest Campgrounds. Contact leader the day prior for questions. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com

JUNE 10-11

Tues.-Wed.



GIRLS KAYAK CAMPOUT. This is an overnight campout for girls only. You must have your own boat and camping equipment, including food. We plan to paddle 4 hours the first day to the Mullica camp, which used to have group camping, but not anymore, so we will split the cost of the campsites, standard site is somewhere about \$20 per night for 4 people. Meet at Atsion Park Office parking lot. Call or e-mail Pat for more information, 856-767-8064 camperpat@hotmail.com

JUNE 11

Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone 609-283-0252. walkinginmud@aol.com

JUNE 12

Thursday
7:30 pm



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

JUNE 13-15

Friday-Sunday
1:00 pm

CAPE MAY WEEKEND. To start the summer season, you are cordially invited to join us for our annual Cape MAY Outing. Our headquarters, as in years past, will be THE CHALFONTE HOTEL, 301 Howard Street, Cape MAY, New Jersey, (1-888-411-1998). Check in any time after 3:00 PM. on Friday; check out by midday on Sunday. This is a perfect outing for all club members. In addition to our popular 15-50 mile bike rides, there are also other activities available. These include paddling a kayak, shopping on the mall, historic walking tours (guided or on you own), nature hikes, bird watching, local theater, or just sit and rock on the porch. You can also visit the Cape MAY Zoo or take a ferryboat ride to Lewes, Delaware, a quaint place to spend some time. Many of us attend a play on Friday after dinner. Our weekend starts with a Friday night Welcome Buffet Spaghetti/Pasta Party (a time to plan what you want to do). Breakfast is provided on both Saturday and Sunday. Please sign up and send your payments by MAY 14, 2014. Your cooperation will make our 2014 trip enjoyable for all. For more trip info and an application, go to <http://ocsj.org/capeMAYtrip.html>

If you have any questions, or need more information, contact:
Jim Bodnar at 609-654-1507 e-mail: JRBodnar@verizon.net or
Fran Horn at 856-786-0048 e-mail: FranHorn@aol.com

JUNE 13

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

JUNE 14

Saturday
8:00 pm

STRAWBERRY MOON HIKE. 6-7 miles, mod. pace. Hear a symphony of spring quackers, screamers, whistlers, croakers, and whipperwills as we go into summertime. Meet at Batsto Village Parking, bad weather cancels. Leader: Dave Hegelein, 856-235-8792, cell 609-332-9262

JUNE 15

Sunday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone 609-283-0252 walkinginmud@aol.com

JUNE 15

Sunday
10:00 am

FATHER'S DAY ON THE MAURICE RIVER PADDLE. Eat your Wheeties for a real man's trip. Start at Willow Grove and end at Sherman Ave. about 6 hours later. Pack lunch and water, bug and sun protection. Volunteer shuttle Call or email to confirm participation. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

JUNE 18

Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone 609-283-0252. walkinginmud@aol.com

JUNE 18

Wednesday
9:00 am



PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Rt. 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com
[mayandpops @aol.com](mailto:mayandpops@aol.com)

JUNE 20

Friday
7:00 pm

FRIDAY NITE FITNESS HIKE. 8-10 miles. Brisk pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at

preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

JUNE 21
Saturday
9:00 am



CANOE/KAYAK THE N. BRANCH RANCOCAS CREEK. Join me for a 10-mile trip on my favorite Pinelands waterway and look for turtles sunning themselves along the way. We'll paddle from the trailhead behind Burlington County Community College to Smithville. Meet at the Canoe Trail launch ramp on W. Rancocas Road, off Rt. 530 in Pemberton. Leader is an "early riser", so contact him between 4 am and 7 pm if you have any questions. Participants **MUST** be ready to shuttle at 9 am so arrive early to unload your boat and gear. Rentals are not available. Leader: Dave Lynch cell, 609-784-4066, 609-784-4066 or e-mail ztoymaker@gmail.com

JUNE 21
Saturday
10:00 am

PAKIM POND HIKE. 5 miles, moderate pace. We'll hike the Red and White Trails and around the bogs. Meet at the Pakim Pond parking lot. Leader: David Bicking, 609-332-2109 dbickin@yahoo.com

JUNE 21-22
Sat.-Sun.

BEGINNER'S BACKPACKING TRIP – HIKE THE AT IN PENNSYLVANIA ALONG BLUE MOUNTAIN RIDGE: Stay at the famous 501 shelter, where you can actually order pizza & have it delivered! Moderate hike, total of 10.1 miles. We will start out at PA 183 and Shubert's summit. We'll hike a slight downhill for most of the hike, past the Round head trail, and Pilger Ruh before we stop at the 501 shelter. Total of 8 miles. We'll wake up the next day and hike out 2.1 miles, going past the kimmel lookout and the fisher lookout. Should be out in time to hit the diner on the way out! Limited to 16 backpackers. Hike leader Kevin Drevik, 856-630-2485 or kdrevik@aol.com.

JUNE 22
Sunday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone 609-283 0252. walkinginmud@aol.com

JUNE 22
Sunday
9:00 am

PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com

JUNE 22
Sunday
10:00 am

SUMMER SOLSTICE PADDLE THE MULLICA RIVER. The longest paddle for the longest day of the year. Atsion to Pleasant Mills, 11 miles, no rentals. Meet at Atsion Ranger Station Parking Lot. Please contact Leader Vicki S., 856-341-3901, or ravingwriter@gmail.com

JUNE 25
Wednesday, 8 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six

to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone 609-283-0252 walkinginmud@aol.com

JUNE 27

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. 8-10 miles, Brisk Pace! The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 mph, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

JUNE 28

Saturday
10:00 am

JOSEPH TRUJILLO MEMORIAL HIKE AND PICNIC. 5 miles moderate pace. This was a favorite place of Joe's for picnicking and meeting for a hike. We'll hike up past Martha to the site of a spring Joe maintained. Those not wanting to hike may come for the picnic. Come around noon. Leader will supply grill, plates, utensils and Hot dogs with the fixens. Bring picnic type food to share. Those that would like to kayak after the picnic, the leader will do a late afternoon paddle on the Wading River. Meet at Harrisville Pond Rt. 679 a spur of Rt. 563. South of Chatsworth. Leaders: Christine Denneler, 609-351-2789, e-mail cdenneler157@yahoo.com; Pat Burton, 856-767-8064 e-mail camperpat123@aol.com.

JUNE 29

Sunday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join the heat intolerant leader as he tries to find a way to walk in the hot weather. Six to eight miles at a pace suitable to the participants and conditions. Meet at RR Crossing in Bullock. Leader: Jay Schoss, phone 609-283-0252. walkinginmud@aol.com

JUNE 29

Sunday
9:30 am



CANOE/KAYAK THE DELAWARE RIVER (HUNTERDON CO). The trip is 15 miles from Kingwood Access to Lambertville. Bring lunch and beverage and protected change of clothes. Maybe launch fees. Allow time for drive-watch for speed limits thru Lambertville. Rain cancels. Rentals are not available. Prefer some WW experience. Must wear life jacket at all times, while in craft!!!) Leader: Harry Barok insists you e-mail him directly Harrykaraoke7@aol.com or call, 856-985-6172, between 10 am & 10 PM).

JUNE 29

Sunday
11:00 am

LOTUS BLOSSOM HUNT ON THE EGG HARBOR RIVER PADDLE. Later start time for procrastinators. Meet at Weymouth Furnace Park. Paddle to the Lake to Lolly-gag. No time clock punchers, please. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

JULY 4

Friday
10:00 am



FOURTH OF JULY ON THE MAURICE RIVER. Meet at Garden Road, south side, we paddle down river to meet & cross Union Lake. This is NOT a "lake only" trip, and requires paddling in current, under and around river obstacles. Pack lunch and hydration; also bug and sun protection as the lake offers no cover. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

* * * MEMBERSHIP & RENEWAL INFORMATION * * *

1. If you elect to receive your Trekker via E-mail, a notice of expiring membership will be mailed to you.
2. If you elected to receive your Trekker via postal mail, check your address label. It's easy to renew. Check the membership desired, include a check for the proper amount, and **return this page** with your label intact on the reverse. We'll take it from there.
3. If your address has changed, please indicate new address. If you move, please file a change of address card with us.
4. Keep your membership current. Memberships must be renewed one month prior to March, June, September, and December. A current paid up membership card must be presented at each outing for free participation, except for fees for campsites, canoe or kayak rentals, transportation and the like.
5. Membership forms may be downloaded from the OCSJ website (www.ocsj.org)

Individual - 1 Year \$20
2 Years \$40

Family - 1 Year \$25
2 Years \$50

Trekker (our club newsletter) sent by US Mail
1 Year - \$5 2 Years - \$10

MAKE CHECKS OR MONEY ORDERS PAYABLE TO:

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P.O. Box 455

Cherry Hill, NJ 08003-0455

Check desired membership

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Check one

☐ New

☐ Check here if this is

an address or e-mail change

☐ Family \$ _____

☐ Renewal

☐ Trekker \$ _____

(I choose to receive the Trekker via postal mail at \$5.00 per year

Note — Trekker is “FREE” via the club website at www.ocsj.org

☐ Gift \$ _____

Gift contribution to **Richard Grevé Memorial Fund** (Not tax deductible).

Please review the “GUEST” policy on our club website at www.ocsj.org

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First Name

M.I.

Co-Applicant Last Name

First Name

M.I.

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P.O. Box or Apt. #

City

State

Zip Code

()

Area Code Telephone #

☐ Check here if phone number is unlisted

E-mail Address

Check activities in which you would participate
in order of preference: 1-2-3, etc.

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