



OUTDOOR CLUB of SOUTH JERSEY

TREKKER

WINTER 2015



JANUARY 1 * New Years Day Hike



MARCH 14-15 * Backpack the Appalachian Trail in NY



MARCH 18 * Batona Trail Maintenance



MARCH 28 * Annual Hot Dog Hike

APRIL 17-19 * Volunteer Work Trip at ATC Headquarters
in Harpers Ferry, WV



MAY 9 * Washington, DC Bus Trip



Celebrating 48 Years of Outdoor Experiences!



CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT WWW.OCSJ.ORG
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.

WWW.OCSJ.ORG



Outdoor Club of South Jersey

AIMS AND OBJECTIVES

The Outdoor Club of South Jersey, Inc., is an organization dedicated to providing opportunities for extending the individual's knowledge, appreciation and enjoyment of his or her environment through experiences in outdoor activities.

The Club offers a twelve month program of activities designed for all ages and levels of ability and interest, and as is feasible with available leadership. The Club is open to all persons regardless of age or place of residence.

BOARD OF TRUSTEES

Officers

Bob DiMarco, *President*
president@ocsj.org

Fran Horn, *Treasurer*
856-786-0048

Jay Schoss, *Vice President*

E-mail: walkinginmud@aol.com

Eloise Williams, *Recording Secretary*

E-mail: secretary@ocsj.org

Diane Ewell, *Membership Secretary*

E-mail: membership@ocsj.org

ACTIVITY CHAIRPERSONS

Kevin Drevik, *Chair*, Backpacking/Camping, 856-630-2485

Tony Marchionne, *Chair*, Bicycling, 609-828-0268

Frank Pearce, *Chair*, Canoeing, 856-767-2780

Dennis McKane, *Chair*, X-C Skiing/Snowshoeing, 609-707-5695

David Bicking, *Chair*, Hiking, 609-332-2109

Frank Pearce, *Chair*, Activities Committee, 856-767-2780

TRUSTEES AT LARGE

Joe Rottinger

Peggy Marter

Christine Denneler, 609-351-2789

Bruce Steidel, 609-915-0956

Joseph Money, chezjim@gmail.com

Kathy Billman, krab0102@gmail.com

SPECIAL ADVISORS

OPEN, Publicity

Kathleen Pearce, *OCSJ Historian*, 856-767-2780

Glenn Page, *Biking Safety Officer*, 856-912-3062

Jack Dalton, *Trail Maintenance*, w2hds@comcast.net

Rosemarie Mason, *Trail Maintenance*, 609-404-9587, rm8686@theborgata.com

The officers and members of the Board of Trustees actively seek and welcome your comments, suggestions or recommendations towards the fulfillment of our aims and objectives. Our progress and success are dependent upon the quality and effectiveness of our leadership. Your participation in activities, committees, or in programs and projects is solicited.

When you have questions, need further clarification, or require additional details, you are welcome to call the pertinent committee chairman.

MEETINGS

Club members are invited to attend the monthly meetings. The Board of Trustees meets each month. See schedule for locations. After the business session, some meetings will feature a program presented by the various activities. Everyone is welcome! Come out and support your representatives.

Coming Events

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

OCSJ MEETUP SITES

Hiking Meetup site: meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

JANUARY 1 NEW YEARS DAY HIKE. See January 1 entry.

SKI TRIPS. Check the Ski Schedule page for changes since the last Trekker and the Website for any updates.

HIKE THE BATONA TRAIL IN 5 WEEKS: NO. 1, BASS RIVER-EVANS BRIDGE.

We will walk the entire Batona Trail, which now measures about 52 miles, starting at Bass River State Forest, in 5 sections hikes on successive Saturdays: MARCH 14, 21 and 28 and April 4 and 11. The Back To Nature passes through forested uplands and lowlands, near bogs, swamps, rivers and streams, providing a premier look at the varied geology and geography of the so-called Pine Barrens. You MUST pre-register for each hike; no one may participate if they have not registered because of the shuttling involved. We will meet at 8:30 a.m. at the terminus of the day's hike and shuttle to the start. Each section's distance varies; about 10 miles, give or take. We will walk at a brisk but comfortable 3 mph pace or a little better and take one stop for snack/light lunch. No need to hike all 5 sections; you may choose any you like, so long as you pre-register on Meetup. NO negative responses, please. Please do let us know if you have registered but cannot make the hike. Check Meetup for any comments regarding changes a day or two before the scheduled hike.

MARCH 14-15 BACKPACK THE APPALACHIAN TRAIL IN NEW YORK. Get ready for some beautiful views of the Hudson Valley and the surrounding area. We'll hike 8.9 miles the first day, up Hosner and Stormville Mountains before settling in at the Morgan Stewart Shelter. The next day we'll hike out 3.4 miles to NY 55 highway. Along the way, we'll see some beautiful views. Strenuous hike due to distance and a couple of mountains to go up. Limited to 16 backpackers. Hike Leader: Kevin Drevik, 856-630-2485 or kdrevik@aol.com

MARCH 18 BATONA TRAIL MAINTENANCE. Easy trail work, clipping only today. Total miles will not exceed 5 miles. We meet at Pakim Pond (restrooms available) and drive short distance if necessary. Easy, low key day, we will be done early afternoon, 2:00 pm at latest. Bring lunch and beverage and clippers and work gloves. Come and meet our 2 famous trail maintainers Ro and Jack. They have managed to re-blaze the entire trail this year. Meet at 10:00 am at Pakim Pond Brendan Byrne State Forest, Woodland Township. For more info contact Pat Burton, camperpat@hotmail.com 856-767-8064.

MARCH 28 ANNUAL HOT DOG HIKE. 6-7 miles, moderate pace. A nice hike in Bass River SF. Hot dogs on the grill after, with all the fixins, provided by OCSJ. Bring your own beverage. Hot water will be available. Bring something to share. Meet at 10:00 am at Lake Absegami parking in the Bass River SF. Entrance off Stage Road, 3.4 miles E of Rt. 679. Chefs: Chris Denneker, 609-351-2789, cdenneker157@yahoo.com; Pat and Bob Burton, 856-767-8064, camperpat@hotmail.com. Rain date MARCH 29. Check Meetup and ocsj.org for any changes. Hike Leader: Toni Stransky, 609-652-0112.

APRIL 17-19 VOLUNTEER WORK TRIP at ATC HDQTRS in HARPERS FERRY, WV. Our annual work trip in memory of Richard Greve, benefits the Appalachian Trail Conservancy. We do whatever they need – gardening, cleaning, office work or sometimes light repairs. Carpentry or plumbing skills are especially appreciated. We arrive on Friday, work on Saturday and have Sunday free for fun. 2 nights free at ATC's hostel. Leader: Eileen Greve, 609-204-6451, egreve212@gmail.com

SAVE THE DATE MAY 9 WASHINGTON DC BUS TRIP. Details will be posted on the website and in the Spring Trekker. Packed with famous sights, celebrated symbols of patriotism, free attractions. The sights and sounds of the nation's capital offer inspiring experiences. Leader: Fran Katella, 856-234-1611, frankatella3@gmail.com

JUNE 6-12 THE 16 th SCHUYLKILL RIVER SOJOURN (NON-OCSJ EVENT) is a 112-mile guided canoe/kayak trip on the Schuylkill River. that begins in rural Schuylkill Haven and ends seven days later in Philadelphia's Boathouse Row. Sojourn participants register for as little as one day, or for the entire trip. Sometimes it is wet and wild. At other times it is peaceful and inspiring. There are a few rapids, calm water, plenty of laughs, songs at the campsites, and celebrations in the river towns. There is a little bit of everything in store for canoers and kayakers who take part in the weeklong sojourn down the Schuylkill River that begins the first weekend of June. For details contact Frank Pearce, hornet71@verizon.net or 856-767-2780.

DETAILS COMING - JUNE HISTORIC CAPE MAY WEEKEND. Friday to Sunday. You are invited to join us at the Chalfonte Hotel B&B in Cape May. Activities available include biking, hiking, kayaking, nature walks, bird watching and much, much more.

VOLUNTEER VACATIONS. Enjoy an inspiring and unforgettable week vacationing in America's national parks, forests, state parks, and other public lands, while repairing and restoring trails – and rejuvenating your mind, body, and spirit! Volunteer Vacations are a series of trail building projects on America's public lands. Experience the camaraderie and sense of accomplishment after building a bridge or restoring a neglected trail. For more information, www.americanhiking.org/em-volunteer-vacations

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connected therewith. All persons, MEMBERS AND NON-MEMBERS ALIKE, are to sign with the leader at each activity.

TRAIL MAINTENANCE

The hiking trails our club enjoys are available primarily due the efforts of volunteers, just ordinary people. Among other things, our club helps to maintain the BATONA Trail. If you can help for a morning or afternoon at another time, contact Jack Dalton for what needs to be done. You can contact Jack at 609-287-3105 or w2hds@comcast.net.



NEWS AND NOTES

CHECK THE OCSJ WEBSITE FOR THE LATEST TRIP INFORMATION INCLUDING ADDITIONS AND CANCELLATIONS.

The Club will no longer send membership cards for new or renewed memberships. We will notify you of expiring memberships by E-mail or postcard.

To ensure prompt notification, please send changes to Diane Ewell , Membership Secretary membership@ocsj.org or OCSJ P.O. Box 5040, Woodrury, NJ 08096-0040.

You will notice that when you click on the Biking, Hiking and Canoeing Schedule pages, you are now re-directed to our corresponding meetup sites. Meetup allows leaders to directly manage their activities.

Hiking Meetup site: <http://meetup.com/Outdoor-Club-of-South-Jersey-Hiking/>

Bicycling Meetup site: <http://www.meetup.com/Outdoor-Club-of-South-Jersey>

Canoeing Meetup site: <http://www.meetup.com/Outdoor-Club-of-South-Jersey>
Canoeing/

Carpooling, Ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.

1000, 750 and 500 Mile Hiking Clubs

You should consider joining our Grand Mile Club. Our goal is to walk, jog, hike 1000 miles each calendar year. Get all the details from Bill Poulson at wpoul42@gmail.com or 856-983-7609.

We also have 500 and 750 mile clubs. If those better suit you, contact Bill Schaefer weschaefer@verizon.net, or Vera Stek verastek@verizon.net

FOR LEADERS

Leaders should review items under "For Leaders " on OCSJ Website

They should also review the "Policy and Budget Page" Listed below and under "About Us" on the OCSJ Webpage.

In particular the Revised Group Activities Policy and the OCSJ Sign-in Waiver Policy..

Sign-in Sheets should be sent to appropriate Activity Chair or individuals designated by them – or Activities Coordinator if event involves more than 1 activity **NO LATER THAN EACH CALENDAR QUARTER** with few exceptions which are listed on website under "For Leaders".

BACKPACK TRIP RATING SYSTEM

1. **NOVICE:** 5 or less trips - mild weather, relatively flat terrain.
2. **INTERMEDIATE:** 5 or more trips - mild weather, moderate climbs - up to 8 mile trips.
3. **ADVANCED:** 10 or more trips - three season, except winter.
4. **EXPERT:** Leadership experience or comparable ability - all seasons - good physical condition - completely equipped for all terrain and weather.

Membership
Extension



***Have you considered becoming an
OCSJ trip leader?
Do you like people, do you enjoy nature?***

Our club offers many great activities –biking, hiking, canoeing, kayaking, backpacking, X/c skiing, and more, but without leaders these events wouldn't be possible.

Occasionally, we have to limit the number of participants, mostly for safety reasons. Safety is our number one concern.

In order not to disappoint anyone, we need to offer more activities. Again the only way this can happen is if we have more leaders.

The Board has recognized this issue and has tried to come up with a solution. First, we want to make members aware.

Secondly, we would like to offer some incentives to those considering becoming leaders.

The Board has recently authorized free membership extensions to members who become leaders and meet certain criteria.

Here is the criteria to qualify.

- * Hike leaders must lead 6 hikes per year.
- * Canoe/Kayak leaders must lead 3 paddles per year.
- * Bicycling leaders must lead 5 rides per year.
- * Backpacking leaders must lead 2 trips per year.
- * X/C Ski leaders must lead 1 trip per year.
- &* Contact any Activity Chair or the Activities Coordinator,
actchair@ocsj.org, for details.



HIKE DESCRIPTIONS

- **EASY** - pace defined as slower walking with more frequent rest breaks (e.g. for viewing surroundings, nature calls, equipment adjustments, and allowing walkers to catch up). For the slower walker.
- **MODERATE** - pace defined as as comfortable walking with occasional rest breaks. For the average walker.
- **BRISK** - pace defined as faster walking with occasional rest breaks. For the average, better conditioned walker.
- **FAST** - pace defined as fitness walking with few rest breaks for any reason. For seasoned, in fit condition walkers.

HIKING GUIDE

Hike distances are in miles, and may optionally be followed by hike duration in hours. The following codes are used to show unusual features of a hike:

BW - Bushwhacking **WF** - Wet feet possible **NS** - No stops
NP - No pets **NC** - No children **FS** - Few stops
LP - Leashed Pet

Refer to the page listing Standard Meeting Places for directions to hikes.

WALKING PACE DEFINITIONS

WALKING PACE

These are averages only; actual results may vary due to factors such surfaces (e.g, trails, vs roads), terrain (e.g., bushwhacking vs clear), elevation changes, (e.g., hilly vs flat), and weather.

PACE:	EASY	MODERATE	BRISK	FAST
	less than 2.5 mph	2.5-3.0 mph	3.0 – 3.5 mph	over 3.5 mph
Avg. time	25 or more	20-25	17-20	17 or less
per mile	minutes	minutes	minutes	minutes

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STANDARD MEETING PLACES

If the meeting place is one of the standard meeting places shown below, no directions will appear in the hike listing.

Atsion - Meet in field on east side of Rt. 206 just north of Wharton State Forest Office.

Batsto - Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank.

Bullock - Meet on north side of road in Bullock. Turn east from Rt. 72 at railroad bridge 6.5 miles southeast of Rt. 70/72 intersection. Continue 3.3 miles to the intersection. Turn right, then immediately left, and park.

Byrne Campsites - Meet at Byrne (Lebanon) campsite. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Campsite parking is 3.5 miles beyond the Forest Office.

Byrne Office - Meet at Byrne (Lebanon) forest office. Turn east off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Forest office is on the left.

Carranza - Meet at Carranza Memorial parking, 6.7 miles SE of Tabernacle on Carranza Road.

Cemetery - Meet at cemetery on Rt. 563, 0.6 miles south of Rt. 532 in Chatsworth.

D & R Parking - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left and drive to the parking.

Evans - Meet just to the north of Evans Bridge (on east side of Rt. 563), 0.7 miles south of the Rt. 563/Rt. 679 split (about 10 miles south of Chatsworth).

Friendship - Meet at Friendship ruins on Carranza Road, 10 miles SE of Tabernacle.

Harrisville - Meet at Harrisville Pond, on Rt. 679, 1.5 miles south of Rt. 563, between Chatsworth and New Gretna.

Henry Avenue & Walnut Lane parking area, Philadelphia – Take Rt. 76 (Schuylkill Expressway) West to Lincoln Drive, exit #340A. Turn right at bottom of ramp, cross short bridge and take Ridge Avenue West exit. Proceed to 2nd traffic light and bear right. Go two more lights and bear left. At the next light, turn right onto Walnut Ln. Go to 2nd light and turn left onto Magdalena and a quick left into parking area. Approximately 9 miles from Ben Franklin Bridge.

Jackson - Meet just north of small bridge on Rt. 534 (Jackson Road), 1.7 miles northeast of Atco Raceway.

Lake Absegami - Meet at Lake Absegami parking, Bass River State Forest. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the N & W); or 6 miles W of Tuckerton (from the N & E); or 3 miles N of New Gretna (from the S).

Oswego - Meet at Oswego Lake parking, 3.1 miles northeast of Rt. 563 from Jenkins. (Turnoff is 8.4 miles south of Rt. 532 in Chatsworth, between Pine Barrens Canoes and Mick's Canoes).

Pakim Pond - Meet at Pakim Pond parking, Byrne S.F. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Pakim Pond is 2.7 miles beyond the Forest Office.

Skit - Meet at the Skit Branch bridge, 5.2 miles SE of Tabernacle on Carranza Road.

Tyler Park - Take 1-95 and get off at exit 49, (Newtown/Yardley) and travel toward Newtown. Continue on the Newtown bypass and turn left into the park at the intersection of Swamp Road. Meet at the Boat House parking lot.

Wells Mills - Meet at Wells Mills Park, off Rt. 532 (which is 16 miles southeast of the Rt. 70/72 intersection), 3.6 miles northeast of Rt. 72.

Whitesbog - Meet at Whitesbog village parking. Go east on Rt. 70 6.9 miles from Rt. 70/72 intersection. Make a sharp left on Lakehurst Road, go 1.3 miles, turn right for the village.

A MESSAGE FROM THE X/C Skiing & Snowshoeing Chair

We are looking forward to a good season for the Winter of 2015. Remember to thank your leaders because without them there would not be trips. If you would like to run a trip, please contact me.

Dennis McKane Dennisfran1@verizon.net 609-707-5695

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- DEC. 27 - JAN. 1**
Sat. - Thurs. **CRAFTSBURY, VT** – \$960 per room, 2 people; \$555 single room includes 5 nights, all meals (vegetarian available), trail passes for skiing and snowshoeing are included. Lessons & rentals available - skiing for never-ever to advance abilities. Massage Therapy available..New Years Eve bonfire. Deposit \$200 to reserve by 11/1/14 Call for details. Fran Horn, 856-786-0048, franhorn@aol.com
- JAN. 1 - JAN 4**
Thurs. - Sun. **PULASKI/TUG HILL, NY - NEW YEAR.** The Tug Hill region is New York's Snowbelt due to lake effect weather. Approx. \$260 pp for 3 nights, option to stay another night before or after. \$337 pp for 4 nights. Includes bed, hearty breakfast and soup each day one, gourmet dinner, all taxes & gratuities. Eileen Greve, 609-204-6451, egreve212@gmail.com
- JAN. 8-11**
Thurs. - Sun. **LAKE PLACID TOWN TRIP.** Stay at Wildwood on the Lake Motel, www.wildwoodmotel.com Cost: \$152.00 pp. based on double occ., includes tax; tips extra. Rooms have two queen size beds, micro, fridge, coffeemaker. Amenities: indoor pool, hot tub, sauna, wax room, Wi-Fi. All meals on own. Deposit \$50. pp due ASAP. Balance due 12/1/14. Leaders Dennis & Franny Mckane 609-707-3025 dennisfran1@verizon.net
- JAN. 16 - JAN. 19**
Fri. - Mon. **MLK WEEKEND KEENE VALLEY, NY** - Stay at Trail's End B & B in Adirondack High Peaks Region near Lake Placid \$290 pp includes 3 nights lodging (Friday, Saturday, Sunday, 3 breakfasts), 1 dinner, 1 apres ski party, and taxes. Saturday night vol fmm spaght. dinner and 2 trail lunches available at additional cost. This long standing trip always fills quickly. Contact Evan Ernest, 215-208-7480. evn192@yahoo.com
- JAN. 18 - JAN. 25**
Sun. - Sun. **STONEHURST MANOR CONDOS, North Conway NH.** Located in a lovely town in the heart of the White Mountains Includes 7 nights lodging, 7 breakfasts, 5 dinners Participants will share meal prep for breakfast & dinners. Lunch and trail passes are not included. Approx Cost \$350 pp dbl occ. Deposit \$100. due by December 1, 2014. No refund after 12/1 unless replacement is found. Contact: Barbara Brandt or bbrandt46@gmail.com or Jim & Virginia Magee mageejv@verizon.net
- JAN.25 - JAN. 30**
Sun. - Fri. **COMMODORE INN, STOWE VT.** For skiers of all abilities. New rates: Single occupancy \$112 pp per night-\$560 for 5 nights. Double occupancy \$76 pp per night- \$380 for 5 nights. Triple occupancy (2 beds, one cot) \$64 pp per night-\$320 for 5 nights Includes 5 dinners and breakfasts, taxes and tips. Deposit \$100 Eileen Greve, 609-204-6451. egreve212@gmail.com
- FEB. 13 - FEB. 16**
Fri. - Mon. **PULASKI/TUG HILL, NY** - (President's Day). \$260 pp for 3 nights includes bed, hearty breakfast, gourmet soups, one full dinner, all taxes and tips. Deposit \$100. Eileen Greve, 609-204-6451, egreve212@gmail.com
- FEB. 18 - 22**
Wed. - Sun. **MORNINGSTAR CHALET, LONDONDERRY VT. New!** This trip will be 4 days. Stay at a private chalet with breakfast and dinner each day \$140 pp double occupancy. Participants will help cook and clean-up. Popular trip! Eileen Greve, 609-204-6451, Egreve212@gmail.com
- TRIP FULL Wait List**
- New FEB. 26 to MAR. 1**
Thurs.-Sun. **MORNINGSTAR CHALET LONDONDERRY, VT.** This trip is basically a repeat of the trip scheduled for the previous weekend, except that this trip is 3 days, not 4. Arrive on Thursday, February 26. Private home, sleeps 10. Price is based on number of people signing up. Expect \$105 pp, for 3 nights with breakfast & dinner. Could be more Leader: Eileen Greve, 609-204-6451. egreve212@gmail.com
- MAR. 1 - MAR. 7**
Sun.-Sun. **NEW! YMCA OF THE ROCKIES, SNOW MOUNTAIN RANCH, GRANBY COLORADO-near Winter Park** - Ski on over 50Km of groomed XC trails right out the door. Includes 6 nights lodging, all meals, ski passes on premise, activities (ice skating, swimming pool and more). Evening Après Ski. Price per person including tax: single-\$782.00. Double-\$500.00. Triple-\$406.00. Quad-\$356.00. Deposit \$50 ASAP, balance by December 1, 2014. Cancellation policy \$50.00 fee 9/1/14-1/1/15; no refund after 1/1 unless space is filled. Franny & Dennis McKane, 609-707-3025 dennisfran1@verizon.net

ATTENTION ALL COLD WEATHER PADDLERS

Cold weather is here and with it added risk. If you are prepared for conditions these risks can be reduced. One key element is proper equipment including clothing. From November 1 to April 1 all paddlers must wear either a wetsuit or drysuit -no exceptions. Gloves, hat, and boots are obvious additions. At least 1 change of water protected clothing is also required. This clothing must provide warmth even when wet.

All paddlers must meet these requirements.

Leaders must clear all trips with the Paddling Chair before posting.



CANOEING/KAYAKING

A Message from the Canoeing/Kayaking Chair



Consider becoming a leader. We can offer any help you need. Remember the trips you enjoy are only made possible by those that volunteer as leaders. I want to thank them. When you are on a trip take the time to thank them and consider becoming a leader.

Always check the website for current information

Hope to see you on the water,

Always check the website for current information

Hope to see you on the water,

Frank Pearce

Hornet71@verizon.net

856-767-2780.

Guidelines:

- 1- All participants must sign-in
- 2- PFD'S must be worn. (83% of canoeing fatalities were not wearing a PFD)
- 3- Stay between leader and sweep.
- 4- Wear appropriate clothes (Avoid Cotton) dress for water temperatures.
- 5- Have at least one change of clothing in a water- protected bag with you
- 6- Flip flops are not appropriate footwear. (No bare feet - 90 % of paddling injuries)
- 7- Flashlight required for evening trips.
- 8- Whistle is required for Delaware River trips and recommended for all trips.
- 9- A helmet for whitewater may also be a good investment.
- 10- Carpooling, ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.
- 11- You must assess the suitability and condition of your equipment and if a trip is within your abilities.
- 12- Please leave sufficient driving time to safely arrive.
- 13- If you have questions, especially if a trip is right for you, call the leader.
- 14- Check the Website –ocsj.org - for the latest information.
- 15- Minors (under 18) should be listed on sign-in sheets & parent/guardian sign for them.
- 16- Leaders have final say on trip participation involving safety concerns.
- 17- Leaders- if a trip is cancelled please notify the Chair.
- 18- Leaders -carry a copy of the incident report form. (can be obtained from website)
- 19- Leaders –send sign-in sheets and any incident reports to Canoe Chair.
- 20- Leaders must submit (mail/fax) sign-in sheets to the Canoeing/Kayaking Chair in a timely manner.

(Guideline- No later than 2 weeks after quarterly schedule ends.)



JANUARY

"Imagination is the true magic carpet."



RESERVATIONS AND DEADLINE

JANUARY 1 NEW YEARS DAY HIKE. See January 1 entry.

SKI TRIPS. Check the Ski Schedule page for changes since the last Trekker and the Website for any updates.

HIKE THE BATONA TRAIL IN 5 WEEKS. See March 14, 21 and 28 entries.

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SAVE THE DATE MAY 9 WASHINGTON DC BUS TRIP. Details coming on website.

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Bicycling Meetup site: <http://www.meetup.com/Outdoor-Club-of-South-Jersey>

Canoeing Meetup site: <http://www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/>

JANUARY 1

Thursday

10:00 am



NEW YEARS DAY HIKE. 7-8 miles moderate pace. Start the New Year with a hike! We are a part of "America's State Parks First Day Hikes". All across America people will be hiking and doing other outdoor activities. So join us for a hike in our beautiful Pine Barrens, in the Wharton SF. Meet in the field next to the Atsion office off Rt. 206. Leaders: Christine Denneler, 609 351-2789, e-mail cdenneler157@yahoo.com, Pat Burton, 856-767-8064, e-mail, camperpat123@aol.com Check this Meetup and [ocsj.org](http://www.ocsj.org) for changes due to weather.

JANUARY 2

Friday

9:00 am

WALK FROM BULLOCK. Join me as I walk 6-8 miles at a moderate pace (2.75-3 mph) along sand roads and fire cuts in the southern section of Brendan Byrne State Forest and adjacent Greenwood Forest Wildlife Management Area. I'll choose the route based on conditions and the condition and interests of the walkers. Meet on the grass along the RR tracks where Pasadena Road meets Savoy Boulevard at the Ocean/Burlington County border. Savoy Boulevard crosses Rt. 72 about 6 miles from the Rt. 70 intersection at 4-Mile Circle. There is no road sign but there is railroad bridge at the location. Turn onto Savoy and head east until you get to a stop sign. turn right and park on the grass on your left. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com the day prior for questions.

JANUARY 2

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest

Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com
Alison Baker, 609-468-1950, alison@mikebaker.com

JANUARY 3

Saturday
10:00 am

MOORESTOWN LIBRARY TO STRAWBRIDGE LAKE HIKE.

5 miles, easy to moderate pace. We start at the Moorestown Library and head to Strawbridge Lake and Waterwork Woods. Meet in the municipal parking on Second Street across from the Moorestown library. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com.

JANUARY 4

Sunday
2:00 pm

COOPER RIVER PARK WALK. Walk 3.7 miles at a 3.0 mph pace. Meet at the Yacht Club parking lot on South Park Drive. This is a paved walking and bike path. We will make a stop at the boat house if anyone needs a break. Bad weather cancels. Check the web site for any updates. GPS Parking lot: N39.55.449 W075.04.027. Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

JANUARY 5

Monday
9:30 am

WHITES BOGS WANDER. Searching for the swan among the bogs at an easy pace with only necessary stops for clothing adjustments. It is usually windy there so dress warmly. 5-6 miles. We will be back at the cars if you want to bring lunch and sit at the tables by the general store, which may be open for jams, jellies and other interesting items. Dogs on leash only. We leave on time so be early. Only unsafe roads cancel. Meet at Historic Whitesbog Village Leader: Faye home 609-283-0252, cell 914-433-8257, co-leader Jay Schoss.

JANUARY 6

Tuesday
7:30 pm

MOORESTOWN WALKS. Approximately 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet across 2nd Street in the Municipal Parking Lot across from the Moorestown library. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

JANUARY 7

Wednesday
10:00 am

HIKE SHANE BRANCH. 6 miles to a pretty pond and beautiful cedar swamp for lunch. Easy hike suitable for all abilities. Bring lunch and beverage and something to sit on for lunch. Meet at Friendship. Contact leader for additional info if needed. Leaders: Pat Burton, 856-767- 8064 camperpat@hotmail.com, and Chris Denneker, 609-351-2789.

JANUARY 8

Thursday
7:30 pm



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Rt. 70 in Cherry Hill.

JANUARY 9

Friday
7:00 pm

FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See January 2 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

JANUARY 10

Saturday
10:00 am

HIKE THE YELLOW TRAIL FROM ATSION TO BATSTO. 10 miles moderate pace. We will meet in the parking lot of Batsto Historic Village to car pool over to Atsion for the hike. Bring food/water and be ready for a fun time. If weather is questionable we will do an alternate trail at Batsto, only deep snow or heavy rain cancels. NO RSVP but please call if in doubt about the hike. Leaders: Toni, 609-652-0112; Jan, 609-404-4990.

JANUARY 11

Sunday
10:00 am

SPRINGER BROOK HIKE. 7-8 miles, easy pace, LP. We'll zig-zag up to Springers Brook to see if we can get through to visit some new places. Bring Lunch. Meet at Atsion Park Office. Leader: Dave Hegelein, Phone: 856-235-8792. Cell 856-332-9262.

JANUARY 12

Monday
9:00 am

WALK FROM THE BRENDAN BYRNE CAMPGROUNDS. A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Meet at Brendan Byrne State Forest Campgrounds. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com at least a day prior for more info.

JANUARY 14

Wednesday
10:00 am

ATSION EXTENDED. 7-8 miles moderate pace. We will hike around the Lake then to a scenic spot for lunch. Bring lunch and beverage. Meet in field next to the Atsion Recreation area office off Rt. 206. Heavy snow or rain cancels. Check Meetup and ocsj.org for more info. Leaders: Christine Dennele, 609-351-2789, cdennele157@yahoo.com; Pat Burton, 856-767-8064, camperpat@hotmail.com

JANUARY 16

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See January 2 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

JANUARY 17

Saturday
10:00 am

ATSION HIKE. 5 miles at a moderate pace. An easy walk along dirt roads and forest trails. Meet at Atsion Office. Bad weather or icy conditions cancel. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

JANUARY 18

Sunday
9:00 AM

WALK UP THE OSWEGO. Walk about 10 miles or so upstream along the Oswego River. Moderate paced (3mph). We'll see the sites of Harrisville and Martha. Maybe the remains of Nash's Cabin and Buck Run. Lunch "al fresco" on the banks. Meet at Harrisville Pond on 679 and be prompt I leave on time. Leader: Jay Schoss, (contact me by the day before) at 609-283-0252 or walkinginmud@aol.com.

JANUARY 21

Wednesday
10:00 am



BATSTO BOP. 8 Mile hike at moderate pace. Bring food/water and dress for the weather. We will probably do five miles, then have lunch on the porch and do a few more miles. Please do not RSVP leader does not check, just come if you wish to join us. Meet at Batsto Historic Village. Leaders: Toni, 609-652-0112 and Jan, 609-404-4990.

JANUARY 23

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See January 2 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

JANUARY 24

Saturday
9:00 am

WALK TO THE DRIVE-IN. Walk to the site of the abandoned settlement of Red Oak Grove. We will walk 10-12 miles at a steady 3 mph pace. Our path will follow sand roads of various quality, paths and fire cuts. Wet feet are not expected but possible along the way. Other than a few bikes and walkers, the Drive In has not been active in more than 50 years. Meet along the tracks at Bullock, we leave promptly at 9 am. Leader: Jay

Schoss, contact at least a day prior with questions at 609-283-0252 or walkinginmud@aol.com

JANUARY 28
Wednesday
10:00 am

PENN STATE FOREST HIKE. 9 miles. Moderate pace (2.5/3mph). View lake, sandy roads, dwarf pines, a hill (?), and of course, the landing gear of the F105 jet that crashed in 1971. Meet at Oswego Lake. Bring lunch and wet weather gear. Heavy rain/snow cancels. Leaders: Joe Hummel, 856-235-8817 and Bill Poulson, 856-983-7609.

JANUARY 30
Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See January 2 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

JANUARY 31
Saturday
9:00 am



WALK THE BLUE, PINK, WHITE AND RED TRAILS. Join me for a 14.5 mile trail walk in Brendan Byrne SF. This is planned to be a brisk paced walk expected to take about 5 hours with one stop. A steady pace will be maintained. Sections of the Batona, Mt. Misery, and Cranberry trails will be walked in a large loop. Meet at the Brendan Byrne office parking area before 9 am. We leave promptly at 9:00 am. Leader: Jay Schoss, contact me with questions the day prior at 609-283-0252 or walkinginmud@aol.com



FEBRUARY



"It is better to fail in originality than to succeed in imitation."

RESERVATIONS AND DEADLINE

HIKE THE BATONA TRAIL IN 5 WEEKS. See March 14, 21 and 28 entries.

MARCH 14-15 BACKPACK THE APPALACHIAN TRAIL IN NEW YORK.

MARCH 18 BATONA TRAIL MAINTENANCE.

MARCH 28 ANNUAL HOT DOG HIKE.

APRIL 17-19 VOLUNTEER WORK TRIP at ATC HDQTRS in HARPERS FERRY, WV.

SAVE THE DATE MAY 9 WASHINGTON DC BUS TRIP. Details coming on website.

CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG) FOR LATEST TRIP INFORMATION.

Hiking Meetup site: <http://meetup.com/Outdoor-Club-of-South-Jersey-Hiking/>

Bicycling Meetup site: <http://www.meetup.com/Outdoor-Club-of-South-Jersey>

FEBRUARY 1
Sunday
2:00 pm



COOPER RIVER PARK WALK. Walk 3.7 miles at a 3.0 mph pace. Meet at the Yacht Club parking lot on South Park Drive. This is a paved walking and bike path. We will make a stop at the boat house if anyone needs a break. Bad weather cancels. Check the web site for any updates. GPS Parking lot: N39.55.449 W075.04.027. Leader: Paul Baumhauer, 609-706-3676. baumhapa@aol.com

FEBRUARY 2
Monday
9:30 am



REEVES BOGS RAMBLE. 5-6 miles at an easy pace. Roaming around the windy bogs to look for swan with stops only for clothing adjustments. Bring your camera, the bogs are beautiful in the winter. Meet early at Reeves Bogs at the big tree on Forest

Drive, we leave on time. Dogs must be on leash. Leaders: Faye, home 609-283-0252, cell 912-433-8257; co-leader: Jay Schoss.

FEBRUARY 3

Tuesday
7:30 pm



MOORESTOWN WALKS. Approximately 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet in the municipal parking on Second Street across from the Moorestown library. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

FEBRUARY 4

Wednesday
10:00 am

HIKE TO APPLE PIE HILL. 10 miles, moderate pace. We will climb up the hill from Pinecrest and return via the Batona Trail. Meet at Carranza Memorial parking, off Carranza Road, SE of Tabernacle NJ. Bring lunch and beverage. Heavy snow, ice rain cancels. Check meetup and ocsj.org for changes. Leaders: Christine Denneler, 609-351-2789, cdenneler157@yahoo.com; Pat Burton, 856-767-8064, camperpat@hotmail.com.

FEBRUARY 6

Friday
9:00 am

WALK FROM BULLOCK. Join me as I walk 6-8 miles at a moderate pace (2.75-3 mph) along sand roads and fire cuts in the southern section of Brendan Byrne State Forest and adjacent Greenwood Forest Wildlife Management Area. I'll choose the route based on conditions and the condition and interests of the walkers. Meet on the grass along the RR tracks where Pasadena Road meets Savoy Boulevard at the Ocean/Burlington County border. Savoy Boulevard crosses Rt. 72 about 6 miles from the Rte. 70 intersection at 4-Mile Circle. There is no road sign but there is railroad bridge at the location. Turn onto Savoy and head east until you get to a stop sign. turn right and park on the grass on your left. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com, the day prior for questions.

FEBRUARY 6

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

FEBRUARY 7

Saturday
10:00 am



TURKEY SWAMP COUNTY PARK HIKE. Moderate pace. First, we will do a 5-mile loop, stopping about half way at the Manasquan River. Then eat lunch in front of a crackling fire in the warming pavilion. For those who want more, another 5-mile loop after lunch, crossing a bridge over the Metadeconk River. As park name implies, expect swampy sections, especially if temperature is above freezing. Meet at Turkey Swamp Park. Directions: I-195 to Exit 22. North on Jackson Mills Road, 2.8 miles towards Georgia and turn left on Georgia Road. Go 0.7 miles to Park Entrance on left. Go in 0.3 mile. Turn left at Oak

Point picnic area sign into parking lot. Leader: Bruce Steidel, 609-915-0956, bsteidel@yahoo.com

FEBRUARY 8

Sunday
9:00 am



WHARTON RAMBLE. Join me as we walk about 12 miles in the area north of Batsto Village. A pace of approximately 3 miles per hour is the plan. Lunch along the way. This is planned as a fitness activity, but we might be able to spend some time along the way if we come upon things of interest. Roads, trails and fire cuts will be followed. Meet at Batsto Historic Village. Be on time, we leave the parking area promptly at 9. Leader: Jay Schoss, walkinginmud@aol.com or the day before, 609-283 0252.

FEBRUARY 8

Sunday
10:00 am

TWO BRIDGES HIKE. 7 miles, moderate pace, LP. A little bush-whacking possible to find those long narrow shaky, but exciting, bridges. Bring Lunch. Bad weather cancels. Meet at Atsion Park Office. Leader: Dave Hegelein, phone: 856-235-8792. Cell 856-332-9262.

FEBRUARY 9

Monday
9:00 am

WALK FROM THE BRENDAN BYRNE CAMPGROUNDS. A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Meet at Brendan Byrne State Forest Campgrounds. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com at least a day prior for more info.

FEBRUARY 11

Wednesday
10:00 am

HIKE 2 RIVERS. 8-10 miles. First along the Batsto River, looking for lingering Swans, then across the forest onto the Mullica River for lunch. Moderate Pace, bring lunch and beverage. Meet at Batsto Visitors Center. Contact leaders for additional info if needed. Leaders: Pat Burton, 856-767-8064, camperpat@hotmail.com; Chris Denneier, 609-351-2789.

FEBRUARY 12

Thursday
7:30 pm



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Rt. 70 in Cherry Hill.

FEBRUARY 13

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See February 6 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

FEBRUARY 14

Saturday
10:00 am

BATSTO HIKE. 5 miles moderate pace. An easy walk between two rivers and through the village of Batsto. Bad weather or icy conditions cancel. Meet at Batsto Historic Village. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

FEBRUARY 15

Sunday
10:00 am

HAMMONTON CREEK HIKE. 8 miles at a moderate pace. This will be the second time the group has gone to this area to hike. It is a very historic area. There are old buildings and a lot of guessing what was where back in the old days. Bring food/water and dress for the weather. NO RSVP. Meet at Hammonton Creek Wildlife Management along Moss Mill Road (Rt. 561), Hammonton NJ, (lat 39.603992, long-74.748640) Area. Leaders: Toni, 609-652-0112; Jan, 609-404-4990.

FEBRUARY 18

Wednesday
9:45 am

HIKE BASS RIVER STATE PARK. 8 miles at a moderate pace. We will do a trail of many colors, see such sights as the Parkway Toll Booth, Magnificent High Voltage Power lines, and many Majestic Stands of White Pine. Two side trips to neat spots in the woods. Bring food/water lunch will be at 7 miles for those who wish to they may finish the last mile on their own. NO RSVP. Meet at Bass River State Forest 762 Stage Road, Tuckerton, NJ. Leaders: Jan, 609-444-4990; Toni, 609-652-0112.

FEBRUARY 20

Friday
7:00 pm

FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See February 6 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950 alison@mikebaker.com

FEBRUARY 21

Saturday
10:00 am

NEWTON LAKE AND KNIGHTS PARK. 5 miles, easy to moderate pace. We will follow Newton Lake then over to Knight's Park for a quiet walk in CCC era urban parks. Meet at Newton Creek Park. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

FEBRUARY 22

Sunday
2:00 pm

PALMYRA - RIVERLINE TOWN WALKS. 3 miles, easy to moderate pace. Meet at the Palmyra Riverline station, from which we will explore the streets of this historic town. Leader: David Bicking, 609-332-2109 dbickin@yahoo.com

FEBRUARY 25

Wednesday
10:00 am

HIKE THE PARKER PRESERVE. 6-7 mile hike on the Red Trail. Could be windy out on bogs, dress for wind, though much of the hike is in cover of woods. Also could be wet in places, an extra pair of socks may be useful. Moderate pace, bring lunch and beverage. Check Meetup and ocsj.org for cancellation due to weather. Meet at Franklin Parker Preserve. (south gate parking along Rt. 532) Leaders: Pat Burton, camperpat@hotmail.com, 856 767 8064 and Chris Denneler, 609-351-2789; cdenneler157@yahoo.com

FEBRUARY 27

Friday
7:00 pm

FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See February 6 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

FEBRUARY 28

Saturday
9:00 am

LAST HIKE IN THE SHORTEST MONTH. Join me as we see the short month out. I expect to walk between 9 and 12 miles at a moderate pace (3mph+-). Roads and fire cuts will be followed through parts of Penn State Forest. Wet feet are possible on this walk so be prepared. Meet at the Oswego Lake parking area before 9 am. We leave promptly at 9:00 am. Leader: Jay Schoss, Contact me by the previous day if you have questions at 609-283-0252 or walkinginmud@aol.com



MARCH



"Uncertainty and expectations are the joys of life"

RESERVATIONS AND DEADLINE

HIKE THE BATONA TRAIL IN 5 WEEKS. See March 14, 21 and 28 entries.

MARCH 14-15 BACKPACK THE APPALACHIAN TRAIL IN NEW YORK.

MARCH 18 BATONA TRAIL MAINTENANCE.

MARCH 28 ANNUAL HOT DOG HIKE.

APRIL 17-19 VOLUNTEER WORK TRIP. ATC HDQTRSm HARPERS FERRY, WV.

SAVE THE DATE MAY 9 WASHINGTON DC BUS TRIP. Details coming on website

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

Hiking Meetup site: <http://meetup.com/Outdoor-Club-of-South-Jersey-Hiking/>

Bicycling Meetup site: <http://www.meetup.com/Outdoor-Club-of-South-Jersey>

Canoeing Meetup site: <http://www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/>

MARCH 1

Sunday

2:00 pm

COOPER RIVER PARK WALK. Walk 3.7 miles at a 3.0 mph pace. Meet at the Yacht Club parking lot on South Park Drive. This is a paved walking and bike path. We will make a stop at the boat house if anyone needs a break. Bad weather cancels. Check the web site for any updates. GPS Parking lot: N39.55.449 W075.04.027 Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

MARCH 2

Monday

9:30 am

WALK THE MICHAEL HUBER PRAIRIE WARBLER PRESERVE. Some sections of the trail are overgrown so footing will be uneven. 6-7 miles at an easy pace. Stops for potty or clothing adjustments only so make sure your snacks and drinks are readily available. Dogs on leash only. Meet at Michael Huber Prairie Warbler Preserve north side of Sooy Place Road. Halfway between Rt. 70 and 563. Be early, we leave on time. Leaders: Faye, home 609-283-0252 cell 912-433-8257; co-leader: Jay Schoss.

MARCH 3

Tuesday

7:30 pm

MOORESTOWN WALKS. Approx 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet in the municipal parking on Second Street across from the Moorestown library. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

MARCH 4

Wednesday

10:00 am

HIKE THE FORSYTHE WILDLIFE REFUGE. 5 or 8 miles from the gate. Depending on weather and wishes, we will do the Song Bird Trail to the Wildlife Drive than either proceed to cars (5 miles) or head out on the drive for a total of 9 miles. It can be very windy on the drive, so bring food, water and correct clothing for the temperatures that day. NO RSVP, but please call with any questions. Meet at Edwin B. Forsythe National Wildlife Refuge. Leaders: Toni, 609-652-0112; Jan, 609-404-4990.

MARCH 6

Friday, 9:00 am

WALK FROM BULLOCK. Join me as I walk 6-8 miles at a moderate pace (2.75-3 mph) along sand roads and fire cuts in

the southern section of Brendan Byrne State Forest and adjacent Greenwood Forest Wildlife Management Area. I'll choose the route based on conditions and the condition and interests of the walkers. Meet on the grass along the RR tracks where Pasadena Road meets Savoy Boulevard at the Ocean/Burlington County border. Savoy Blvd. crosses Rt. 72 about 6 miles from the Rte. 70 intersection at 4-Mile Circle. There is no road sign but there is railroad bridge at the location. Turn onto Savoy and head east until you get to a stop sign. turn right and park on the grass on your left. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com the day prior for questions.

MARCH 6

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com; Alison Baker, 609-468-1950, alison@mikebaker.com

MARCH 7

Saturday
10:00 am

FRIENDSHIP AND BULL'S BRANCH. 5 miles, moderate pace. Walk along the old bogs on the Bull's Branch of the Tulpehocken Creek, with a short stop at the Blueberry Monument honoring the first commercial blueberry farm. Meet at Friendship. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

MARCH 7

Saturday
7:30 pm



MARCH MOONLIGHT. 6-7 miles, easy pace, LP. Come out and meander in the streaks of the moon beams. Rain or snow cancels. Meet at Atsion Park Office. Leaders: Dave Hegelein, phone, 856)235-8792. Cell 856-332-9262.

MARCH 8

Sunday
2:00 pm

RIVERTON - RIVERLINE TOWN WALKS. 3 miles, easy to moderate pace. Meet at the Riverton Riverline station, from which we will explore the streets of this historic town. Leader: David Bicking, (609) 332-2109 dbickin@yahoo.com

MARCH 9

Monday
9:00 am

WALK FROM THE BRENDAN BYRNE CAMPGROUNDS. A 6-8 mile moderate paced walk on the roads, trails and fire-cuts around the camp grounds. There are dozens of possibilities suitable to almost all conditions. I'll select a different one each time to keep it interesting. Meet at Brendan Byrne State Forest Campgrounds. Leader: Jay Schoss, 609-283-0252 or walkinginmud@aol.com at least a day prior for more info.

MARCH 11

Wednesday
10:00 am

HIKE TO NASH'S. 9 miles moderate pace. We will hike over trails and old roads to the site of an old cabin with a view for lunch. Bring lunch and beverage. Meet at Harrisville Pond off of Rt. 679 a spur of Rt. 563. Heavy rain, snow cancels. Check meetup and ocsj.org for changes. Leaders: Christine Denneker, 609-351-2789, cdenneker157@yahoo.com Pat Burton, 856-767-8064. camperpat@hotmail.com.

MARCH 12

Thursday

7:30 pm



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Rt. 70 in Cherry Hill.

MARCH 13

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See March 6 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

MARCH 14

Saturday

8:30 am

HIKE THE BATONA TRAIL IN 5 WEEKS: NO. 1, BASS RIVER-EVANS BRIDGE. We will walk the entire Batona Trail, which now measures about 52 miles, starting at Bass River State Forest, in 5 sections hikes on successive Saturdays: MARCH 14, 21 and 28 and April 4 and 11. The BACK TO NATURE passes through forested uplands and lowlands, near bogs, swamps, rivers and streams, providing a premier look at the varied geology and geography of the so-called Pine Barrens. You MUST pre-register for each hike; no one may participate if they have not registered because of the shuttling involved. We will meet at 8:30 a.m. at the terminus of the day's hike and shuttle to the start. Each section's distance varies; about 10 miles, give or take. We will walk at a brisk but comfortable 3 mph pace or a little better and take one stop for snack/light lunch. No need to hike all 5 sections; you may choose any you like, so long as you pre-register on Meetup. NO negative responses, please. Please do let us know if you have registered but cannot make the hike. Check Meetup for any comments regarding changes a day or two before the scheduled hike.

MARCH 14

Saturday

8:30 am

BASS RIVER STATE FOREST BATONA TERMINUS TO EVANS BRIDGE. Rt. 563 Washington Township. This is the first of our 5 weekly section hikes of the complete Batona Trail. Distance of this section is about 9.5 miles. We will meet at Evans Bridge and shuttle to the start of the trail in Bass River State Forest. Brisk but comfortable pace, one break for lunch. For more information, contact leaders: Joe Hummel, 856-235-8817, nofluke18@yahoo.com; and Vera Stek, verastek@verizon.net

MARCH 15

Sunday

2:00 pm



RIVERSIDE - RIVERLINE TOWN WALKS. 3 miles, easy to moderate pace. Meet at the Riverside Riverline station, from which we will explore the streets of this historic town. Leader: David Bicking, 609-332-2109 dbickin@yahoo.com

MARCH 18

Wednesday

10:00 am

BATONA TRAIL MAINTENANCE. Easy trail work, clipping only today. Total miles will not exceed 5 miles. We meet at Pakim Pond (rest rooms available) and drive short distance if necessary. Easy, low key day, we will be done early afternoon, 2:00 pm at latest. Bring lunch and beverage and clippers and work gloves. Come and meet our 2 famous trail maintainers Ro and Jack. They have managed to re-blaze the entire trail this year. Meet at Pakim Pond Brendan Byrne State Forest, Woodland Township. For more info contact Pat Burton, camperpat@hotmail.com, 856 767-8064.

MARCH 20

Friday, 7:00 pm

FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See March 6 listing for full hike description. Meet at Brendan Byrne

State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

MARCH 21

Saturday
8:30 am

HIKE THE BATONA TRAIL: SECTION 2, EVANS BRIDGE TO BATSTO. This is the second of our 5 weekly section hikes of the entire Batona Trail. Distance is about 9.2 miles. We will meet at Batsto Village and shuttle to Evans Bridge. Brisk but comfortable pace, one break for lunch. There can be some puddles in this section. Be prepared. The Batona Trail passes through pine forests on sand roads and trails, past bogs, swamps, rivers and streams, the best way to observe the flora and fauna of the Pine Barrens. You must pre-register for this hike because of the shuttling required. No one may participate who hasn't registered. Check Meetup for changes prior to the date. No negative responses please. For more information, contact Leaders: Joe Hummel, 856- 235-8817, nofluke18@yahoo.com; and Vera Stek, verastek@verizon.net

MARCH 21

Saturday
10:00 am

MOORESTOWN LIBRARY TO POMPESTON CREEK HIKE. 5 miles, easy to moderate pace. Wet feet as we ford the creek. We start at the Moorestown Library, and track the Pompeston Creek through Moorestown. We will go through Maple Dawson Park, Pompeston Park, to the Pompeston Easement. Meet in the municipal parking lot on Second street across from the Moorestown library. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

MARCH 22

Sunday
2:00 pm

DELANCO - RIVERLINE TOWN WALKS. 3 miles, easy to moderate pace. Meet at the Delanco Riverline station, from which we will explore the streets of this historic town. Leader: David Bicking, 609-332-2109 dbickin@yahoo.com

MARCH 25

Wednesday
10:00 am

THE BOARDS IN ATLANTIC CITY. 8 miles moderate pace. Weather should not be too hot or cold. Bring refreshments for the hike, tide permitting we can do the beach or the boards. On the way back find the place you want for lunch. Picnic or Purchase it's your choice. NO RSVP just show up if you want to walk. Meet at Showboat Atlantic City. Leaders: Toni, 609 652-0112; Jan, 609-404-4990.

MARCH 27

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace. 8-10 miles. See March 6 listing for full hike description. Meet at Brendan Byrne State Forest Campgrounds. Leaders: Mike Baker, 609-577-9004, mike@mikebaker.com; Bob Hodges, RLHHLR@aol.com Alison Baker, 609-468-1950, alison@mikebaker.com

MARCH 28

Saturday
8:30 am

HIKE THE BATONA: SECTION 3, BATSTO TO CARRANZA MEMORIAL. This is the third of our section hikes of the entire Batona Trail. Distance is about 12 miles. We will meet at Carranza Memorial and shuttle to Batsto for this section. Brisk but comfortable pace of about 3 mph or better, one break for lunch. Traverse the beautiful Pine Barrens on sand roads through ghost towns, past bogs, swamps, rivers and streams. You MUST pre-register to participate in this hike because of the shuttling requirement. No negative responses

please. Check Meetup for any changes a day or two before the hike. For more information, contact leaders: Joe Hummel, 856-235-8817, nofluke18@ yahoo.com and Vera Stek, verastek@verizon.net

MARCH 28
Saturday
10:00 am

ANNUAL HOT DOG HIKE. 6-7 Miles, moderate pace. A nice hike in Bass River SF. Hot dogs on the grill after, with all the fix-ins, provided by OCSJ. Bring your own beverage. Hot water will be available. Bring something to share. Meet at Lake Absegami parking in the Bass River SF. Entrance off Stage Rd. 3.4 miles E of Rt. 679. Chefs: Chris Denneler, 609-351-2789, cdenneler157@yahoo.com; Pat and Bob Burton, 856- 767-8064, camperpat@hotmail.com. Rain Date MARCH 29. Check Meetup and ocsj.org for any changes. Hike Leader: Toni Stransky, 609-652-0112.

MARCH 29
Sunday
2:00 pm

BEVERLY/EDGEWATER PARK - RIVERLINE TOWN WALKS. 3 miles, easy to moderate pace. Meet at the Beverly & Edgewater Park Riverline station, from which we will explore the streets of these historic towns. Leader: David Bicking, 609-332-2109 dbickin@yahoo.com

WINTER HIKING

PLAYING IT SAFE ON THE WINTER TRAIL

(Courtesy of Gwyn Hicks, American Hiking Society)

Before you grab your fleece and head for the door, there are a few things you should know about winter hiking.

Layered clothing and a waterproof shell are key. Be sure to cover as much of your body as possible to avoid dangers of frostbite and hypothermia.

A wool sweater or shirt, waterproof shell, a light parka or jacket are essential. Together, these items can keep you warm well below freezing. You can remove them one layer at a time to keep from overheating when you strut down the trail or up a hill. In low temperatures, add a primary layer of long underwear made of light breathable material like polypropylene or silk.

Layering system holds true for head, hands and feet. A scarf, hat, and adding a hood combination up top will allow you to become your own thermostat, removing your hat when you start to heat up and adding a hood when you stop to rest. Mittens will allow your fingers to generate more heat. Silk glove liners are a viable option for Fingered gloves. Don a pair of warm socks with polypropylene liners, a sturdy pair of waterproof hiking boots, and for added protection in snow, a pair of gaiters. Sunglasses, sunscreen, and lip balm, are necessary indispensable items.

* * * MEMBERSHIP & RENEWAL INFORMATION * * *

1. If you elect to receive your Trekker via E-mail, a notice of expiring membership will be mailed to you.
2. If you elected to receive your Trekker via postal mail, check your address label. It's easy to renew. Check the membership desired, include a check for the proper amount, and **return this page** with your label intact on the reverse. We'll take it from there.
3. If your address has changed, please indicate new address. If you move, please file a change of address card with us.
4. Keep your membership current. Memberships must be renewed one month prior to March, June, September, and December. **Membership Cards are no longer being issued. You will receive renewal information by e-mail or post card.**
5. Membership forms may be downloaded from the OCSJ website (www.ocsj.org)

Individual - 1 Year \$20
2 Years \$40

Family - 1 Year \$25
2 Years \$50

Trekker (our club newsletter) sent by US Mail
1 Year - \$5 2 Years - \$10

MAKE CHECKS OR MONEY ORDERS PAYABLE TO:

Outdoor Club of South Jersey, Inc.

P.O. Box 5040
Woodbury, NJ 08096-0040

Check desired membership

☐ Individual \$_____

Check one ☐ Check here if this is
an address or e-mail change

☐ Family \$_____

☐ Renewal

☐ Trekker \$_____

(I choose to receive the Trekker via postal mail at \$5.00 per year

Note — Trekker is "FREE" via the club website at www.ocsj.org

☐ Gift \$_____

Gift contribution to **Richard Grevé Memorial Fund** (Not tax deductible).

Please review the "GUEST" policy on our club website at www.ocsj.org

Applicant Last Name _____ First Name _____ M.I. _____

Co-Applicant Last Name _____ First Name _____ M.I. _____

Street Address _____ P.O. Box or Apt. # _____

City _____ State _____ Zip Code _____

()

Area Code Telephone # _____

☐ Check here if phone number is unlisted

E-mail Address _____

Check activities in which you would participate in order of preference: 1-2-3, etc.

☐
☐
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Bicycling
Camping
Canoeing/Kayaking

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