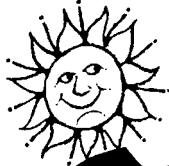


OUTDOOR CLUB of SOUTH JERSEY

TREKKER



2016 SUMMER

MAY THRU SEPTEMBER

Monday & Wednesday Weekly

Six to Eight mile walk to Greenwood Forest



JULY 26

Salem River Exploratory Paddle



AUGUST 20

Purple Martin Paddle on the Maurice River



AUGUST 20-27

Kayak Vacation 1000 Island New York



SEPTEMBER 15-18

Camp at Assateague Island National Seashore

Celebrating 49 Years of Outdoor Experiences!



CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT WWW.OCSJ.ORG
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.

WWW.OCSJ.ORG



Outdoor Club of South Jersey

AIMS AND OBJECTIVES

The Outdoor Club of South Jersey, Inc., is an organization dedicated to providing opportunities for extending the individual's knowledge, appreciation and enjoyment of his or her environment through experiences in outdoor activities. The Club offers a twelve month program of activities designed for all ages and levels of ability and interest, and as is feasible with available leadership. The Club is open to all persons regardless of age or place of residence.

BOARD OF TRUSTEES

Officers

Barbara Brandt, *President*
president@ocsj.org

Fran Horn, *Treasurer*
856-786-0048

Millicent Moore, *Vice President*

Eloise Williams, *Recording Secretary*
E-mail: secretary@ocsj.org

Diane Ewell, *Membership Secretary*
E-mail: membership@ocsj.org

ACTIVITY CHAIRPERSONS

Kevin Drevik, *Chair, Backpacking/Camping*, 856-630-2485

Tony Marchionne, *Chair, Bicycling*, 609-828-0268

Frank Pearce, *Chair, Canoeing*, 856-767-2780

Dennis McKane, *Chair, X-C Skiing/Snowshoeing*, 609-707-5695

David Bicking, *Chair, Hiking*, 609-332-2109

Frank Pearce, *Chair, Activities Committee*, 856-767-2780

TRUSTEES AT LARGE

Kathy Billmann, *krab0102@gmail.com*

Bob DiMarco

Doug Hillebrecht

Joseph Money

Jay Schoss

Sally Donatiello, *sdonatiello2@gmail.com*

Christine Denneler, 609-351-2789

Mike Engel

Peggy Marter

Joe Rottinger

Bruce Steidel, 609-915-0956

SPECIAL ADVISORS

Sally Donatiello, *Publicity*
sdonatiello2@gmail.com

Glenn Page, *Biking Safety Officer*
856-912-3062

Kathleen Pearce

OCSJ Historian, 856-767-2780

Jack Dalton, *Trail Maintenance*
w2hds@comcast.net

Rosemarie Mason, *Trail Maintenance*
609-404-9587, *rm8686@theborgata.com*

The officers and members of the Board of Trustees actively seek and welcome your comments, suggestions or recommendations towards the fulfillment of our aims and objectives. Our progress and success are dependent upon the quality and effectiveness of our leadership. Your participation in activities, committees, or in programs and projects is solicited. When you have questions, need further clarification, or require additional details, you are welcome to call the pertinent committee chairman.

MEETINGS

Club members are invited to attend the monthly meetings. The Board of Trustees meets each month. See schedule for locations. After the business session, some meetings will feature a program presented by the various activities. Everyone is welcome! Come out and support your representatives.

Coming Events

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT
(WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.
OCSJ MEETUP SITES**

Hiking Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/
Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Bicycling/
Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

JULY 12 LAKE HOPATCONG PADDLE. See July 12 listing for details.

JULY 26 SALEM RIVER EXPLORATORY PADDLE. See July 26 listing for details.

AUGUST 20-27 KAYAK VACATION 1000 ISLAND NEW YORK. See August 20-27 listing for details.

SEPTEMBER 10-11 BACKPACK THE APPALACHIAN TRAIL, FROM CALENDONIA STATE PARK, PA TO THE MARYLAND BORDER. See September 10-11 listing for details.

SEPTEMBER 15-18 CAMP AT ASSATEAGUE ISLAND NATIONAL SEASHORE. See September 15-18 listing for details.

NEWS AND NOTES

**CHECK THE OCSJ WEBSITE FOR THE LATEST TRIP INFORMATION
INCLUDING ADDITIONS AND CANCELLATIONS.**

*** THE FINAL MAILED PRINTED TREKKER WILL BE THE SPRING 2017 ISSUE. ***

The Club will no longer send membership cards for new or renewed memberships. We will notify you of expiring memberships by E-mail or postcard.

To ensure prompt notification, please send changes to Diane Ewell, Membership Secretary membership@ocsj.org or OCSJ P.O. Box 5040 Woodbury, NJ 08096-0040.

We would encourage everyone to check our websites for updates. Since trips are posted months in advance changes may occur including additions. Some activities may require limits on participation due to safety concerns and potential participants should RSVP.

You will notice that when you click on the Biking, Hiking and Canoeing Schedule pages, you are re-directed to our corresponding meetup sites. Meetup allows leaders to directly manage their activities.

Hiking Meetup site: <http://meetup.com/Outdoor-Club-of-South-Jersey-Hiking/>
Bicycling -X/C Skiing Meetup site: [http://www.meetup.com/Outdoor-Club-of-South-Jersey-Bicycling -X/C Skiing](http://www.meetup.com/Outdoor-Club-of-South-Jersey-Bicycling-X/C-Skiing/)

Canoeing Meetup site: <http://www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/>

Carpooling, ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.

1000, 750 and 500 Mile Hiking Clubs for 2016

You should consider joining our Grand Mile Club. Our goal is to walk, jog, hike 1000 miles each calendar year. Get all the details from Bill Poulson at wpoul42@gmail.com or 856-983-7609.

We also have 500 and 750 mile clubs. If those better suit you, contact Bill Schaefer weschaefer@verizon.net, or Vera Stek verastek@verizon.net

FOR LEADERS

Leaders should review items under “For Leaders” on OCSJ Website.

They should also review the “Policy and Budget Page “Listed below & under “About Us” on the OCSJ Webpage.

In particular, the Revised Group Activities Policy and the OCSJ Sign-in Waiver Policy.

Sign-in Sheets should be sent to appropriate Activity Chair or individuals designated by them—or Activities coordinator if Event involves more than 1 activity NO LATER THAN EACH CALENDAR QUARTER with few exceptions which are listed on website under “For Leaders”.

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connected therewith. All persons, MEMBERS ALIKE, are to sign with the leader at each activity.

TRAIL MAINTENANCE



The hiking trails our club enjoys are available primarily due the efforts of volunteers, just ordinary people. Among other things, our club helps to maintain the BATONA Trail. If you can help for a morning or afternoon at another time, contact Jack Dalton for

what needs to be done. You can contact Jack at 609-287-3105 or w2hds@comcast.net.

WALKING PACE DEFINITIONS

WALKING PACE

These are averages only; actual results may vary due to factors such as surfaces (e.g., trails, vs roads), terrain (e.g., bushwhacking vs clear), elevation changes, (e.g., hilly vs flat), and weather.

PACE:	EASY	MODERATE	BRISK	FAST
	less than 2.5 mph	2.5-3.0 mph	3.0 – 3.5 mph	over 3.5 mph
Avg. time	25 or more	20-25	17-20	17 or less
per mile	minutes	minutes	minutes	minutes

HIKE DESCRIPTIONS

- **EASY** - pace defined as slower walking with more frequent rest breaks (e.g. for viewing surroundings, nature calls, equipment adjustments, and allowing walkers to catch up). For the slower walker.
- **MODERATE** - pace defined as comfortable walking with occasional rest breaks. For the average walker.
- **BRISK** - pace defined as faster walking with occasional rest breaks. For the average, better conditioned walker.
- **FAST** - pace defined as fitness walking with few rest breaks for any reason. For seasoned, in fit condition walkers.

STANDARD MEETING PLACES

If the meeting place is one of the standard meeting places shown below, no directions will appear in the hike listing.

Atsion - Meet in field on east side of Rt. 206 just north of Wharton State Forest Office.

Batsto - Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank.

Bullock - Meet on north side of road in Bullock. Turn east from Rt. 72 at railroad bridge 6.5 miles southeast of Rt. 70/72 intersection. Continue 3.3 miles to the intersection. Turn right, then immediately left, and park.

Byrne Campsites - Meet at Byrne (Lebanon) campsite. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Campsite parking is 3.5 miles beyond the Forest Office.

Byrne Office - Meet at Byrne (Lebanon) forest office. Turn east off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Forest office is on the left.

Carranza - Meet at Carranza Memorial parking, 6.7 miles SE of Tabernacle on Carranza Road.

Cemetery - Meet at cemetery on Rt. 563, 0.6 miles south of Rt. 532 in Chatsworth.

D & R Parking - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left and drive to the parking.

Evans - Meet just to the north of Evans Bridge (on east side of Rt. 563), 0.7 miles south of the Rt. 563/Rt. 679 split (about 10 miles south of Chatsworth).

Friendship - Meet at Friendship ruins on Carranza Road, 10 miles SE of Tabernacle.

Harrisville - Meet at Harrisville Pond, on Rt. 679, 1.5 miles south of Rt. 563, between Chatsworth and New Gretna.

Henry Avenue & Walnut Lane parking area, Philadelphia – Take Rt. 76 (Schuylkill Expressway) West to Lincoln Drive, exit #340A. Turn right at bottom of ramp, cross short bridge and take Ridge Avenue West exit. Proceed to 2nd traffic light and bear right. Go two more lights and bear left. At the next light, turn right onto Walnut Ln. Go to 2nd light and turn left onto Magdalena and a quick left into parking area. Approximately 9 miles from Ben Franklin Bridge.

Jackson - Meet just north of small bridge on Rt. 534 (Jackson Road), 1.7 miles northeast of Atco Raceway.

Lake Absegami - Meet at Lake Absegami parking, Bass River State Forest. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the N & W); or 6 miles W of Tuckerton (from the N & E); or 3 miles N of New Gretna (from the S).

Oswego - Meet at Oswego Lake parking, 3.1 miles northeast of Rt. 563 from Jenkins. (Turnoff is 8.4 miles south of Rt. 532 in Chatsworth, between Pine Barrens Canoes and Mick's Canoes).

Pakim Pond - Meet at Pakim Pond parking, Byrne S.F. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Pakim Pond is 2.7 miles beyond the Forest Office.

Skit - Meet at the Skit Branch bridge, 5.2 miles SE of Tabernacle on Carranza Road.

Tyler Park - Take 1-95 and get off at exit 49, (Newtown/Yardley) and travel toward Newtown. Continue on the Newtown bypass and turn left into the park at the intersection of Swamp Road. Meet the at the Boat House parking lot.

Wells Mills - Meet at Wells Mills Park, off Rt. 532 (which is 16 miles southeast of the Rt. 70/72 intersection), 3.6 miles northeast of Rt. 72.

Whitesbog - Meet at Whitesbog village parking. Go east on Rt. 70 6.9 miles from Rt. 70/72 intersection. Make a sharp left on Lakehurst Road, go 1.3 miles, turn right for the village.



CANOEING/KAYAKING

A Message from the Canoeing/Kayaking Chair



Consider become a leader. We can offer any help you need. Remember the trips you enjoy are only made possible by those that volunteer as leaders. I want to thank them. When you are on a trip take the time to thank them and consider becoming a leader.

Always check the website for current information

Hope to see you on the water,

Frank Pearce

Hornet71@verizon.net

856-767-2780.

Guidelines:

- 1- All participants must sign-in
- 2- PFD'S must be worn. (83% of canoeing fatalities were not wearing a PFD)
- 3- Stay between leader and sweep.
- 4- Wear appropriate clothes (Avoid Cotton) dress for water temperatures.
- 5- Have at least one change of clothing in a water- protected bag with you
- 6- Flip flops are not appropriate footwear. (No bare feet - 90 % of paddling injuries)
- 7- Flashlight required for evening trips.
- 8- Whistle is required for Delaware River trips and recommended for all trips.
- 9- A helmet for whitewater may also be a good investment.
- 10- Carpooling, ride sharing or anything similar is strictly a private arrangement among the participants and not part of the official Club Activity. Participants assume the risks associated with this travel. The choice to participate is yours.
- 11- You must assess the suitability and condition of your equipment and if a trip is within your abilities.
- 12- Please leave sufficient driving time to safely arrive.
- 13- If you have questions, especially if a trip is right for you, call the leader.
- 14- Check the Website –ocsj.org - for the latest information.
- 15- Minors (under 18) should be listed on sign-in sheets & parent/guardian sign for them.
- 16- Leaders have final say on trip participation involving safety concerns.
- 17- Leaders- if a trip is cancelled please notify the Chair.
- 18- Leaders -carry a copy of the incident report form. (can be obtained from website)
- 19- Leaders –send sign-in sheets and any incident reports to Canoe Chair.
- 20- Leaders must submit (mail/fax) sign-in sheets to the Canoeing/Kayaking Chair in a timely manner.

(Guideline- No later than 2 weeks after quarterly schedule ends.)

X/C SKIING AND SNOWSHOEING

A MESSAGE FROM THE X/C SKIING & SNOWSHOEING CHAIR

New and exciting trips are being planned again for the 2016-2017 ski and snowshoe season. Check the Trekker and online often for additional trips and updates. If you missed the Après' Ski Party there are still openings for some great trips this winter. Hope to see you come out for some winter fun.

Dennis McKane
Dennisfran1@verizon.net
609-707-5695

JANUARY 15-22
Sun.-Sun.

STONEHURST MANOR CONDOS, NORTH CONWAY NH. Located in a scenic town in the heart of the White Mountains. 4 groomed XC venues, plus opportunity for downhill and hiking nearby. Participants will share prep for breakfast & approx. 1 dinner each. Lunch and trail passes are not included. Cost \$350 each. Deposit: \$100 to reserve a place. Balance by December 1. *No refunds unless replacement is found.* Contact leaders: Barbara Brandt bbrandt46@gmail.com or Jim and Virginia Mageevirginiammagee@gmail.com

JANUARY 22-27
Sun.-Fri.

COMMODORES INN, STOWE VT. Ski at several top notch resorts including Stowe Mountain and Trapp Family Lodge. Trip is for strong beginners to expert skiers. Cost \$400pp double occupancy includes 5 nights, 5 buffet breakfasts and dinners, taxes and tips. Option to stay 3 or 4 nights. Full service hotel with restaurant and bar, indoor pool and Jacuzzi. Deposit \$100. Eileen Greve, 609-204-6451 or egrave212@gmail.com

FEBRUARY 17-20
Fri.-Mon.

1880 HOUSE, PULASKI NY. This area of upstate NY averages 300+ inches of snow per season. The 1880 House B & B is comfortable and homey. Our stay over presidents weekend is 3 nights. Cost \$233pp includes 3 nights accommodations, 3 breakfasts, hearty soup and bread each afternoon, and one full dinner at the 1880 house. Deposit \$100. Eileen Greve, 609-204-6451 egrave212@gmail.com

MARCH 5-11
Sun.-Sat.

YMCA OF THE ROCKIES, SNOW MOUNTAIN RANCH, GRANBY, CO-Back by request. Ski on 60 km of groomed trails right out of the lodge. Includes 6 nights at Indian Peaks lodge, taxes, all meals, ski passes, activities, daily Après Ski. Value price is per person: single-\$853, double-\$547, triple-\$444, quad-\$393. Deposit due now to insure this trip will go. Balance by December 1. Cancellation fee \$50 up til January 1, 2017. *No refund after February 5, unless spot is filled.* Contact Franny and Dennis McKane dennisfran1@verizon.net 609-707-3025.



July



"Those who bring sunshine to the lives of others,
cannot keep it from themselves."

RESERVATIONS AND DEADLINE

JULY 12 LAKE HOPATCONG PADDLE. See July 12 listing for details.

JULY 26 SALEM RIVER EXPLORATORY PADDLE. See July 26 listing for details.

AUGUST 20-27 KAYAK VACATION 1000 ISLAND NEW YORK. See August 20-27 listing for details.

SEPTEMBER 10-11 BACKPACK THE APPALACHIAN TRAIL, FROM CALENDONIA STATE PARK, PA TO THE MARYLAND BORDER. See September 10-11 listing for details.

SEPTEMBER 15-18 CAMP AT ASSATEAGUE ISLAND NATIONAL SEASHORE. See September 5-18 listing for details.

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW. OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

Hiking Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

JULY 1

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

JULY 3

Sunday

10:00 am

SUMMER SUNDAY ON THE MULLICA RIVER PADDLE. Meet at Atsion Rangers Station. Group will paddle the area's most beautiful river route, 11 miles from Rt. 206 thru "Lillypad City" ending at Pleasant Mills takeout. Bring hydration and sun protection. No clock punchers, please. Volunteer shuttle participation. Leader: Vicki S. 856-341-3901 or ravingwriter@gmail.com

JULY 4

Monday

8:00 am



EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. This is a repeating walk each Monday and Wednesday morning from May through the middle of September for those wanting the morning exercise. Meet where Pasadena Road in Manchester Township meets Savoy Boulevard in Woodland Township. Travel east on Savoy from 72 (at the overhead RR bridge) or west from 539 in Whiting on Pasadena. Park on the grass along the road where the two roads cross the RR tracks in Bullock. Call by the day before for directions. Leaders: Jay Schoss and Faye, 609-283-0253

JULY 4

Monday

10:00 am



FOURTH OF JULY PADDLE ON THE MAURICE RIVER. Celebrate your independence on the Maurice. Meet at Garden

Road, off Route 55 in Vineland, NJ. We paddle 9 miles down river to meet & cross Union Lake. Trip requires paddling in current, under tree cover, risk of poison ivy (gloves help!). Pack lunch and hydration; also bug and sun protection. Leader: Vicki S. 856-341-3901 or ravingwriter@gmail.com

JULY 5
Tuesday
6:15 pm

AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the website for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

JULY 5
Tuesday
7:30 pm

MOORESTOWN WALKS. Approximately 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet at Moorestown Library across 2nd St in the Municipal Parking Lot. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

JULY 6
Wednesday
8:00 am



EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. This is a repeating walk each Monday and Wednesday morning from May through the middle of September for those wanting the morning exercise. Meet where Pasadena Road in Manchester Township meets Savoy Boulevard in Woodland Township. Travel east on Savoy from 72 (at the overhead RR bridge) or west from 539 in Whiting on Pasadena. Park on the grass along the road where the two roads cross the RR tracks in Bullock. Call by the day before for directions. Leaders: Jay Schoss and Faye, 609-283-0253.

JULY 6
Wednesday
6:30 pm

COOPER RIVER PARK WALK. Join us on a 3.7 mile walk at a 3.0 mph pace. Meet at the Cooper River Yacht Club parking lot on South Park Drive across from the Marina Park Apartments (GPS Parking lot: N39.55.449 W075.04.027). This is a paved walking and bike path. Bad weather cancels. Check the web-site for any updates. Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

JULY 7
Thursday
4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ. Leader: Kate Laible, 856-237-4425 (cell) or KATE21460@MSN.COM

JULY 8
Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot

gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

JULY 9
Saturday
9:00 am



PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com.

JULY 9
Saturday
10:00 am

CARRANZA PRE-MEMORIAL CEREMONY HIKE. 5 miles, moderate pace. Meandering walk by the Batona campground and High Crossing. We will be back in time to optionally join the Ceremony honoring Emilio Carranza who crashed in the pines returning from a good will flight between Mexico City and New York City in 1928. Meet at Carranza memorial parking lot. Hike will start promptly so we do not interfere with the ceremony. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

JULY 10
Sunday
8:30 am

HIKE BEYOND MARTHA. Hike to Martha and Beyond. 7 miles. Moderate pace. We are starting at an early morning time so we can get back before it gets too hot. We will hike through the lost town of Martha Furnace. Then hike to a scenic spot for lunch. Meet Harrisville Pond Rt. 679 a spur of Rt. 563. Leader: Christine Danneler, 609-351-2789, e-mail cdanneler157@yahoo.com. Check Meetup for changes and cancellations.

JULY 11
Monday
8:00 am



EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE JULY 4 ENTRY.

JULY 12
Tuesday
10:30 am

LAKE HOPATCONG PADDLE. Lake Hopatcong is the largest lake in NJ. We will explore all the coves around the lake. Meet at the launch site in Hopatcong State Park, which is just north of Interstate 80. Take exit 28 off I-80 and follow Landing Rd/Ledgewood Landing Road and Lakeside Boulevard north for 2 miles to park entrance. There is a \$6.00 admission charge per vehicle required to enter park unless you have a senior citizen pass or season pass. NJ residents age 62 and up may get a free senior citizen pass. Ask at entrance if you do not have one. Bring lunch, sunscreen, bug spray and plenty of water. RSVP required by JULY 10 via Meetup or by calling or emailing leader. Leader: Bruce Steidel, 609-915-0956 bsteidel@yahoo.com

JULY 12
Tuesday
6:15 pm



AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition

cancels. Check the web site for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

JULY 13
Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE JULY 6 ENTRY.

JULY 13
Wednesday
9:00 am



PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542 or mayandpops@aol.com

JULY 13
Wednesday
6:30 pm

ROUND ABOUT HIKE. 3.7 miles, moderate pace. Stop on the way home for a turn around Cooper River Park. Meet at The Cooper River Yacht Club on South Park Drive. The Yacht Club is located directly across from the Marina Park Apartments on South Park Drive in Collingswood. Rain at the departure time cancels. Check website, as always, for last minute cancellations. Contact leader before 8:30 pm. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

JULY 14
Thursday
4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ, Leader: Kate Laible,, 856-237-4425 (cell) or KATE21460@MSN.COM

JULY 15
Friday
7:00 pm

FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

JULY 17
Sunday
10:00 am



JULY OSWEGO RIVER PADDLE. Last year July had water so let's hope this year we will be as lucky. We meet at Oswego Lake Put-In. Volunteer shuttle. Pack Lunch. Call or email to confirm Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

JULY 17
Sunday
2:00 pm

BURLINGTON SOUTH - RIVERLINE TOWN WALKS. 3 miles, easy to moderate pace. Meet at NJ TRANSIT - Burlington South, from which we will explore the streets of this historic town. Leader: David Bicking, 609-332-2109 dbickin@yahoo.com

JULY 18
Monday, 8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about

2.75 to 3 mph depending on the participants. SEE JULY 4 ENTRY.

JULY 19
Tuesday
9:00 am



PADDLE THE CEDAR CREEK. Paddle 7 miles along the scenic Cedar Creek from Ore Pond to Dudley Park. Optional continuation into bay to Berkeley County park for those interested. Meet at Double Trouble State Park, Pinewald-Keswick and Double Trouble Roads. Bring lunch. Steady rain cancels. Limited to 15 paddlers. RSVP by JULY 17 at Meetup or call or email leader to reserve your spot. Leader: Bruce Steidel, 609-915-0956 bsteidel@yahoo.com

JULY 19
Tuesday
6:15 pm

AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the website for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

JULY 20
Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE JULY 6 ENTRY.

JULY 21
Thursday
4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ. Leader: Kate Laible, 856-237-4425 (cell) or KATE21460@MSN.COM

JULY 22
Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

JULY 23
Saturday
10:00 am

TIDAL POMPESTON CREEK HIKE. 5 miles, easy to moderate pace. We will follow the Pompeston Creek in Cinnaminson and Riverton, with a trip to the mouth of the creek if I read the tide tables correctly. Meet at the Rush School parking lot in Cinnaminson at the end of Wynwood Dr. From Route 130 turn north on Wynwood Drive to the end of the road. Take the first turn to the right in the parking lot for the unmarked trail head. Leader: David Bicking, 609- 332-2109, dbickin@yahoo.com

JULY 24
Sunday
10:00 am

"SOME PEOPLE CALL ME MAURICE" RIVER PADDLE. But it's pronounced like "Morris," the cat. Meet at Garden Road, south side, we paddle to Sherman Avenue, a 5 hour trip. Pack lunch and hydration; also bug and sun protection. Leader: Vicki S. 856-341-3901 or ravingwriter@gmail.com

JULY 24

Sunday
2:00 pm

BURLINGTON TOWNE CENTER - RIVERLINE TOWN

WALKS. 3 miles, easy to moderate pace. Meet at NJ Transit - Burlington Towne Center Riverline Station, from which we will explore the streets of this historic town. Leader: David Bicking, 609-332-2109 dbickin@yahoo.com

JULY 25

Monday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE JULY 4 ENTRY.

JULY 26

Tuesday
10:00 am



SALEM RIVER EXPLORATORY PADDLE. Looking for 3 to 7 adventurous paddlers to help me explore the Salem River. We will meet at the Salem River Mannington Twp. Boat Ramp, which is listed on Google maps. Take I-295 South to Exit 2B or NJ Turnpike to Penns Grove/Deepwater exit. The launch site is about one mile south on Hawks Bridge road after exiting highway. Bring lunch, sunscreen, bug spray and plenty of water. Limited to 8 paddlers, including leader. RSVP by JULY 24 at Meetup or call or email leader to reserve your spot. Leader: Bruce Steidel, 609-915-0956 bsteidel@yahoo.com

JULY 26

Tuesday
6:15 pm



AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the web site for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

JULY 27

Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE ENTRY JULY 6 ENTRY.

JULY 28

Thursday
4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ, Leader: Kate Laible, 856-237-4425 (cell) or KATE21460@MSN.COM

JULY 29

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

JULY 31

Sunday, 8:30 am

THE GREAT (BIG) EGG HARBOR RIVER PADDLE. Penny Pot to Lake Lenape, a 16+ mile trip. We stop to enjoy the water,

stop for lunch and stop along the way again. Bring water to drink, sunscreen/ hat as the lake offers no shelter. You'll need it – this is the “big one” – note earlier start time since this one makes you late for dinner. Meet at Harley Dawn Diner. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

JULY 31

Sunday
2:00 pm

ROEBLING - RIVERLINE TOWN WALKS. 3 miles, easy to moderate pace. Meet at NJ TRANSIT-Roebling Riverline Station, from which we will explore the streets of this historic town. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com



August

“It is not fair to ask of others what you are not willing to do yourself.”



RESERVATIONS AND DEADLINE

AUGUST 20-27 KAYAK VACATION 1000 ISLAND NEW YORK. See August 20-27 listing for details.

SEPTEMBER 10-11 BACKPACK THE APPALACHIAN TRAIL, FROM CALENDONIA STATE PARK, PA TO THE MARYLAND BORDER. See September 10-11 listing for details.

SEPTEMBER 15-18 CAMP AT ASSATEAGUE ISLAND NATIONAL SEASHORE. See September 15-18 listing for details.

CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW. OCSJ.ORG) FOR LATEST TRIP INFORMATION.

Hiking Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

AUGUST 1

Monday
8:00 am



EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. This is a repeating walk each Monday and Wednesday morning from May through the middle of September for those wanting the morning exercise. Meet where Pasadena Road in Manchester Township meets Savoy Boulevard in Woodland Township. Travel east on Savoy from 72 (at the overhead RR bridge) or west from 539 in Whiting on Pasadena. Park on the grass along the road where the two roads cross the RR tracks in Bullock. Call by the day before for directions. Leaders: Jay Schoss and Faye, 609-283-0253

AUGUST 2

Tuesday
6:15 pm

AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the web site for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

AUGUST 2

Tuesday

7:30 pm

MOORESTOWN WALKS. Approximately 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet at Moorestown Library across 2nd St in the Municipal Parking Lot. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

AUGUST 3

Wednesday

8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. This is a repeating walk each Monday and Wednesday morning from May through the middle of September for those wanting the morning exercise. Meet where Pasadena Road in Manchester Township meets Savoy Boulevard in Woodland Township. Travel east on Savoy from 72 (at the overhead RR bridge) or west from 539 in Whiting on Pasadena. Park on the grass along the road where the two roads cross the RR tracks in Bullock. Call by the day before for directions. Leaders: Jay Schoss and Faye, 609-283-0253.

AUGUST 3

Wednesday

6:30 pm



COOPER RIVER PARK WALK. Join us on a 3.7 mile walk at a 3.0 mph pace. Meet at the Cooper River Yacht Club parking lot on South Park Drive across from the Marina Park Apartments (GPS Parking lot: N39.55.449 W075.04.027). This is a paved walking and bike path. Bad weather cancels. Check the web site for any updates. Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

AUGUST 4

Thursday

4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ. Leader: Kate Laible,, 856-237-4425 (cell) or KATE21460@MSN.COM

AUGUST 5

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

AUGUST 6

Saturday

10:00 am

DOUBLE TROUBLE STATE PARK. 5 miles, moderate pace. A leisurely stroll through the woods to see the dam, then back along the mill race to the saw mill and the operating bogs. Meet at main parking lot at Double Trouble State Park at Pinewalk-Kesswick Rd and Double Trouble Rd. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

AUGUST 7

Sunday

10:00 am



MALLOW ROAST ON THE MAURICE RIVER. The giant hibiscus (mallow plant) are in bloom giving us a spectacular sight. Paddle trip starts at Garden Road and goes to and across Union Lake. Meet at the river and Garden Road, exit 35 off Route 55

in Vineland. Volunteer shuttle. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

AUGUST 7

Sunday
2:00 pm

BORDENTOWN - RIVERLINE TOWN WALKS. 3 miles, easy to moderate pace. Meet at NJ TRANSIT-Bordentown Station from which we will explore the streets of this historic town. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

AUGUST 8

Monday
8:00 am



EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE AUGUST 3 ENRY.

AUGUST 9

Tuesday
6:15 pm

AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027). Parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the web site for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

AUGUST 10

Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE AUGUST 3 ENTRY.

AUGUST 10

Wednesday
9:00 am



PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com.

AUGUST 10

Wednesday
6:30 pm



ROUND ABOUT HIKE. 3.7 miles, moderate pace. Stop on the way home for a turn around Cooper River Park. Meet at The Cooper River Yacht Club on South Park Drive. The Yacht Club is located directly across from the Marina Park Apartments on South Park Drive in Collingswood. Rain at the departure time cancels. Check website, as always, for last minute cancellations. Contact leader before 8:30 pm. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

AUGUST 11

Thursday
4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ, Leader: Kate Laible,, 856-237-4425 (cell) or KATE21460@MSN.COM

AUGUST 11

Thursday
7:30 pm



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill. All welcome.

AUGUST 12

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

AUGUST 14

Sunday
8:30 am

HIKE TO CLIMB BEAR SWAMP HILL. 5 miles moderate pace. An easy hike, good for those just starting to hike. We will hike past the ruins of a CCC camp. Then climb Bear Swamp Hill to recall the events of a plane crash that took out the fire tower. A chance to picnic at the lake after the hike. Meet at Lake Oswego parking, on Lake Oswego Rd Off Rt. 563. Check Meetup for changes or cancellations. Leader: Christine Denneker, 609-351-2789, e-mail cdenneker157@yahoo.com.

AUGUST 14

Sunday
10:00 am



PADDLE HAYNES CREEK. Meet at Kirby's Mill 275 Church Road Medford, NJ. No rentals. Easy paddle upstream to Medford Park. No shuttle! Must wear PFD on water, all times. Back early! Must register on meetup. Leader Harry Barok, 856-985-6172 or harrykaraoke7@verizon.net

AUGUST 15

Monday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE AUGUST 1 ENTRY.

AUGUST 16

Tuesday
6:15 pm

AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the web site for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

AUGUST 17

Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE AUGUST 3 ENTRY.

AUGUST 18

Thursday
4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ. Leader: Kate Laible, 856-237-4425 (cell) or KATE21460@MSN.COM

AUGUST 19

Friday
7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk

at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

AUGUST 20

Saturday

6:30 pm



FULL MOON PURPLE MARTIN PADDLE ON THE MAURICE RIVER.

We'll put in at the Maurice River Causeway at 6:30 pm and paddle against the tide to the area where the Purple Martin will be congregating in huge flocks (float back), staging for their migration south to Brazil. The exact time the Martin's lift from the reeds and start their migratory flight dance will be approximately 8:08 pm. At that time the sky will turn purple with THOUSANDS of Martins just a few feet above our heads! The show will last about 20 minutes so have your cameras ready. Awesome show! You can bring binoculars but during the flight time they are useless, the birds are just 10 feet over us! This is an unforgettable experience that will get the adrenaline going! Remember you have to have your life vest, bug spray and a headlamp or something to light your boat up. I went to the dollar store and got battery operated Christmas lights. (they work great, see me coming). This is tidal water and planned out so please be on time, we're on the water by 7:00 pm, Parking is free. Any boat length or type are okay but for this, longer is better, and of course there is an excellent Geocache at the put-in relating to the Salt Water Marshes: <http://coord.info/GC15W8T>. We will be having a 2nd annual Tailgate party after so please bring a dish and a chair. Last year was so much fun we are going to do it again great way to meet people and have good food. If you need any information about the trip you may email powerofpink58@verizon.net or text 856-364-6029. Leader: Ericka Blank and co-leader Cheryl Osolinski.

AUGUST 20-27

Sat.-Sat.



KAYAK VACATION 1000 ISLAND NEW YORK. Experience the beauty of the 1000 Islands Region at the Riverbay Adventure Inn, located in scenic Chippewa Bay, NY. We will have the entire resort to ourselves. Cottages are adjacent to beautiful Chippewa Bay. Only 5 cottages available – There are 3 – two bedroom cottages (4, 5, and 8) and there are 2 – 3 Bedroom cottages (1, 9) Cost is \$300 per bedroom for the week. Some bedrooms have more than one bed, so you can split / share a bedroom. Each cottage has a bath, fully equipped kitchen, cable TV, internet access, grill and picnic table. You must bring your own linens for the bed. There is a lot to do besides kayak! Bring your kayak and bike. *The resort also rents pontoon boats, paddle boats, canoes, kayaks, stand up paddle boards, fishing boats. If you plan on visiting the Canadian side, you must have a passport. Open to Intermediate paddlers: Intermediate paddler is one who can do self-rescue/assisted rescues, can paddle 8-10 miles and comfortable in kayak for 4-5 hours. We will need a non-refundable deposit of \$100 to reserve your room.

Cancellation policy: If a cancellation is made 30 days prior to your arrival, we will offer a refund of your deposit or you may elect to apply the balance to a future stay within the next year. If a cancellation is made less than 30 days before your arrival, every effort is made to rebook the cottage. When the cottage is

rebooked, and confirmed with payment, all monies will be returned. If not rebooked, all monies are forfeited. If you arrive late or leave early, you are still responsible for all nights booked for your intended stay. Visit <http://www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/> for complete details. Contact Paul Serdiuk pis9@yahoo.com

AUGUST 21

Sunday

10:00 am



TASTE OF THE GREAT EGG HARBOR PADDLE. Weymouth Furnace to the Lake. A short run good for less experienced paddlers, 6+ miles, allow 4 hours. Bring lunch and hydration. Volunteer shuttle. Leader Vicki S. call to confirm 856-341-3901, or ravingwriter@gmail.com

AUGUST 22

Monday

8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE AUGUST 1 ENTRY.

AUGUST 23

Tuesday

6:15 pm

AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the web site for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

AUGUST 24

Wednesday

8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE AUGUST 3 ENTRY.

AUGUST 25

Thursday

4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ, Leader: Kate Laible,, 856-237-4425 (cell) or KATE21460@MSN.COM

AUGUST 26

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

AUGUST 27

Saturday

10:00 am



HIKE HISTORIC WHITESBOG VILLAGE. 5 miles, easy to moderate pace. A leisurely stroll through the village and the operating bogs Meet at main parking lot at Historic Whitesbog Village at Whitesbog Rd off of Rt. 530. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

AUGUST 28

Sunday
TBA am



BATTLE O'ER THE BATSTO PADDLE. A tongue-twister title for the deeply shaded, terribly twisty, most mysterious pine barrens river. This shuttle will be organized with the use of a livery with details to be posted nearer the date. Limited to 15 persons and there will be a fee for the outfitter. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

AUGUST 29

Monday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. This is a repeating walk each Monday and Wednesday morning from May through the middle of September for those wanting the morning exercise Meet where Pasadena Road in Manchester Township meets Savoy Boulevard in Woodland Township. Travel east on Savoy from 72 (at the overhead RR bridge) or west from 539 in Whiting on Pasadena. Park on the grass along the road where the two roads cross the RR tracks in Bullock. Call by the day before for directions. Leaders: Jay Schoss and Faye, 609-283-0253.

AUGUST 30

Tuesday
6:15 pm



AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the web site for any updates. Leader: Valerie Danzey, 856-397-9519 or email: vdanzey1@verizon.net

AUGUST 31

Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. This is a repeating walk each Monday and Wednesday morning from May through the middle of September for those wanting the morning exercise Meet where Pasadena Road in Manchester Township meets Savoy Boulevard in Woodland Township. Travel east on Savoy from 72 (at the overhead RR bridge) or west from 539 in Whiting on Pasadena. Park on the grass along the road where the two roads cross the RR tracks in Bullock. Call by the day before for directions. Leaders: Jay Schoss and Faye, 609-283-0253.





September

"The way I see it, if you want the rainbow,
you gotta put up with the rain."

RESERVATIONS AND DEADLINE

SEPTEMBER 10-11 BACKPACK THE APPALACHIAN TRAIL, FROM CALENDONIA STATE PARK, PA TO THE MARYLAND BORDER. See September 10-11 listing for details.

SEPTEMBER 15-18 CAMP AT ASSATEAGUE ISLAND NATIONAL SEASHORE.
See September 15-18 listing for details.

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

Hiking Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/

Bicycling Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey

Canoeing Meetup site: www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/

SEPTEMBER 1

Thursday

4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ.
Leader: Kate Laible, 856-237-4425 (cell) or
KATE21460@MSN.COM

SEPTEMBER 2

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk Pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

SEPTEMBER 3

Saturday

10:00 am

MOORESTOWN LIBRARY TO STRAWBRIDGE LAKE HIKE.

5 miles, easy to moderate pace. We start at the Moorestown Library and head to Strawbridge Lake and Waterwork woods. Meet in the municipal parking on Second Street across from the library. Leader: Jane 856-264-4411.

SEPTEMBER 4

Sunday

10:00 am.

"SOME PEOPLE CALL ME MAURICE" RIVER PADDLE. But it's pronounced like "Morris," the cat. Meet at Garden Road, south side, we paddle to Union Lake all day trip. Pack lunch and hydration; also bug and sun protection. Leader: Vicki S. 856-341-3901 or ravingwriter@gmail.com

SEPTEMBER 5

Monday

8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. This is a repeating walk each Monday and Wednesday morning from May through the middle of September for those wanting the morning exercise. Meet where Pasadena Road in Manchester Township meets

Savoy Boulevard in Woodland Township. Travel east on Savoy from 72 (at the overhead RR bridge) or west from 539 in Whiting on Pasadena. Park on the grass along the road where the two roads cross the RR tracks in Bullock. Call by the day before for directions. Leaders: Jay Schoss and Faye, 609-283-0253

SEPTEMBER 5

Monday
10:00 am

O' WE GO PADDLE THE OSWEGO RIVER. For Labor Day Monday, one can only hope. We meet at Oswego Lake Put-In. Volunteer shuttle. Pack Lunch. Call or email to confirm Leader: Vicki S. 856-341-3901 or ravingwriter@gmail.com

SEPTEMBER 6

Tuesday
6:15 pm



AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027). Parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the website for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

SEPTEMBER 6

Tuesday
7:30 pm

MOORESTOWN WALKS. Approximately 3 miles. Moderate pace. Different routes through Moorestown's historic streets. This isn't an endurance hike or a nature walk. This is a walk on suburban streets and sidewalks to stretch the legs after work on a mid-week night with good company and conversation. Meet at Moorestown Library across 2nd St in the Municipal Parking Lot. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

SEPTEMBER 7

Wednesday
8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. This is a repeating walk each Monday and Wednesday morning from May through the middle of September for those wanting the morning exercise. Meet where Pasadena Rd in Manchester Township meets Savoy Boulevard in Woodland Township. Travel east on Savoy from 72 (at the overhead RR bridge) or west from 539 in Whiting on Pasadena. Park on the grass along the road where the two roads cross the RR tracks in Bullock. Call by the day before for directions. Leaders: Jay Schoss and Faye, 609-283-0253.

SEPTEMBER 7

Wednesday
6:30 pm

COOPER RIVER PARK WALK. Join us on a 3.7 mile walk at a 3.0 mph pace. Meet at the Cooper River Yacht Club parking lot on South Park Drive across from the Marina Park Apartments (GPS Parking lot: N39.55.449 W075.04.027). This is a paved walking and bike path. Bad weather cancels. Check the website for any updates. Leader: Paul Baumhauer, 609-706-3676, baumhapa@aol.com

SEPTEMBER 8

Thursday
9:00 am



PADDLE CEDAR CREEK. We'll paddle to Dudley Park. Starting at either Ore Pond (6.4 miles) or Dover Forge (9.3 miles). Meet at Double Trouble State Park, Pinewald-Keswick and Double Trouble Roads. Leader will decide section to paddle. Leader: Joe Logan, 609-634-1542, or mayandpops@aol.com

SEPTEMBER 8

Thursday

4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ. Leader: Kate Laible,, 856-237-4425 (cell) or KATE21460@MSN.COM

SEPTEMBER 8

Thursday

7:30 pm



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill. All welcome.

SEPTEMBER 9

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

SEPTEMBER 10-11

Saturday

9:00 am



BACKPACK THE APPALACHIAN TRAIL, FROM CALEDONIA STATE PARK, PA TO THE MARYLAND BORDER. We'll be meeting at the PA/Maryland border, stage cars at Pen Mar and then drive to Caledonia State Park. We will hike south 10 miles and camp at the Tumblin Run Shelter (water, privy, 2 shelters). On Sunday, we will hike 8 miles to Pen Mar, right at the Maryland border. Optional Friday night camp site information will be shared with those who are interested. Meeting location details provided via email. Prior hiking experience (8+ miles) and backpacking experience recommended. Limited to 12 backpackers. Hike Leader Ann Wolf, annwolf103@gmail.com, with Kevin Drevik, kdrevik@aol.com assisting. Send Ann an email message with your contact information, and if new to the group, include information about your hiking and backpack experience.

SEPTEMBER 11

Sunday

9:30 am



PADDLE THE DELAWARE RIVER. Meet at Kingswood Access. Lunch at Bulls Island. Take out at Lambertville. Must be experienced. Some whitewater preferred. No Rentals. Must wear PFD while on water. Must register on meetup. Leader Harry Barok, 856-985-6172 or harrykaraoke7@verizon.net

SEPTEMBER 12

Monday

8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE SEPT. 5 ENTRY.

SEPTEMBER 14

Wednesday

8:00 am

EARLY WALK TO BEAT THE HEAT. Join me for a six to eight mile walk in Greenwood Forest WMA. The target pace is about 2.75 to 3 mph depending on the participants. There are numerous possible routes along the sand roads of the area and I'll try to select different ones each week. SEE SEPT. 7 ENTRY.

SEPTEMBER 14

Wednesday

6:30 pm

ROUND ABOUT HIKE. 3.7 miles, moderate pace. Stop on the way home for a turn around Cooper River Park. Meet at The

Cooper River Yacht Club on South Park Drive. The Yacht Club is located directly across from the Marina Park Apartments on South Park Drive in Collingswood. Rain at the departure time cancels. Check website, as always, for last minute cancellations. Contact leader before 8:30 pm. Leader: Joe Rottinger, 856-665-4812 or pennsauken@earthlink.net

SEPTEMBER 15

Thursday

4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ. Leader: Kate Laible, 856-237-4425 (cell) or KATE21460@MSN.COM

SEPTEMBER 15-18

Thurs. to Sun.

5:00 pm



CAMP AT ASSATEAGUE ISLAND NATIONAL SEASHORE.

Camp at the Federal campground on Assateague Island. Enjoy a relaxing weekend on the beach along with some light hiking, kayaking and an optional group dinner in town, Fiddlers Festival or Kite festival are options. Assateague is vital for resting and feeding migratory shorebirds and other abundant bird species. The vast expanse of pristine beaches and sand dunes is exhilarating on the ocean side. The legendary wild herds of ponies dot the landscape on the bay side of Assateague. Minimum 13' kayak, spray skirt, and bilge pump. Assateague's north entrance is at the end of Route 611, eight miles south of Ocean City, MD. Contact leader to confirm trip participation and campground information. Participants will be responsible for their own campsite reservations (check availability). We are in Bayside Loop C, this campsite has a beach and easy access to the bay where we will keep the kayaks. Leader: Paul Serdiuk, 609-462-3593 evenings only or pis9@yahoo.com

SEPTEMBER 16

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

SEPTEMBER 18

Sunday

10:00 am

MULLICA RIVER SUMMER SERENADE PADDLE. Meet at Atsion Rangers Station. Paddle from Rt. .206 thru "Lilypad City" ending at Pleasant Mills takeout. Leader: Vicki S. 856-341-3901 or ravingwriter@gmail.com

SEPTEMBER 20

Tuesday

6:15 pm



AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027) parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the web site for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

SEPTEMBER 21

Wednesday

9:00 am

PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com.

SEPTEMBER 22

Thursday

4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ. Leader: Kate Laible, 856-237-4425 (cell) or KATE21460@MSN.COM

SEPTEMBER 23

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

SEPTEMBER 24

Saturday

9:00 am



PADDLE THE TOMS RIVER. Contact leader for directions and the section of the river that we will cover. I have four sections of the Toms that we paddle. The upper section from Route 547 by Lakehurst NAS to Riverwood Park. The middle section, from Riverwood Park to Winding River Park. The lower section from Toms River, Huddy Park, up river and return, and the Toms River Bay from Huddy Park out and around. The section that I will run will depend on water level and river blockage. Joe Logan, 609-634-1542, or mayandpops@aol.com.

SEPTEMBER 24

Saturday

10:00 am

BATSTO HIKE. 5 miles moderate pace. An easy walk between two rivers and through the village of Batsto. Meet at Batsto Historic Village. Bad weather or icy conditions cancel. Leader: David Bicking, 609-332-2109, dbickin@yahoo.com

SEPTEMBER 25

Sunday

10:00 am

PADDLE THE ABBOTT MARSHLANDS. Come see the kaleidoscope of late summer colors as we take an 8-mile paddle through the Abbott marshlands from Bordentown to Watson Woods and then back to Bordentown. Bring lunch and beverage. We'll have lunch and optional walk at Watson Woods. Meet at Bordentown Beach. Take US 130 or US 206 to Bordentown. Turn left onto Farnsworth Street. Go in about 1 mile and turn left onto Park Street and follow it to the end to the beach. Bring lunch. Leader: Bruce Steidel, 609-915-0956 bsteidel@yahoo.com

SEPTEMBER 25

Sunday

10:00 am



"SOME PEOPLE CALL ME MAURICE" RIVER PADDLE. But it's pronounced like "Morris," the cat. Meet at Garden Road, south side, we paddle to Union Lake, all day trip. Pack lunch and hydration; also bug and sun protection. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

SEPTEMBER 27

Tuesday

6:15 pm

AFTER WORK COOPER RIVER PARK WALK. Join us for a fun hour (and a bit) of walking and conversation. 3.6 miles at a brisk pace (3mph or better). Meet at the Cooper River Yacht Club (GPS Parking lot: N39.55.449 W075.04.027). Parking lot on South Park Drive across from the Marina Park Apartments. This is a paved walking and bike path. Flashlight or headlamp recommended. T-storms, ice, or other unsafe condition cancels. Check the website for any updates. Leader: Valerie Danzey, 856-397-9519, vdanzey1@verizon.net

SEPTEMBER 28

Wednesday

10:00 am

FIFTEENTH ANNUAL PHILA. WALK. 10-11 miles, moderate pace (3mph). As usual, we will pass through historic sites, interesting neighborhoods along the Delaware and Schuylkill Rivers. If permitted we will "walk" the 1/4 mile Franklin Field Track, continue through the campuses of University of Pennsylvania and Drexel up to Art Museum and return by the Franklin Pkwy. We always attempt to do something a bit different. NP. Since the hike is circular there are locations where one may discontinue after advising a leader. Meet at the Philadelphia Visitor Center in Phila. (NE Corner@6th and Market Streets). Suggest using PATCO hi-speed line. Many of us will meet at the Woodcrest Station at 9:00. **OPTIONAL START**, which has proven popular. Meet at the Woodcrest Station at 8:00. We will go to the Camden (2nd stop) and walk to the start via the Ben Franklin Bridge for an additional approximately 2 miles. Questions; Leaders: Joe Hummel, 856-235-8817 and Bill Poulson, 856-983-7609.

SEPTEMBER 29

Thursday

4:00 pm

A WALK IN THE PARK. This will be a 3 mile moderate pace walk which includes a nature trail and paved sections. It will take us about an hour or slightly longer. Meet at the amphitheater parking lot at Washington Lake Park, in Sewell, NJ. Leader: Kate Laible, 856-237-4425 (cell) or KATE21460@MSN.COM

SEPTEMBER 30

Friday

7:00 pm



FRIDAY NITE FITNESS HIKE. Brisk pace, 8-10 miles. The ongoing, every Friday night, all year 'round, Friday nite fitness hike, where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 3.5 mph, with few breaks. Bring water and wear well broken in boots, sneakers, or shoes (sneakers are adequate for dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). Meet at Brendan Byrne State Forest Campgrounds. Leader: Bob Hodges, RLHHLR@aol.com

OCTOBER 2

Sunday

10:00 am

O' WE GO PADDLE THE OSWEGO. We meet at Oswego Lake Put-In. Volunteer shuttle. Pack Lunch and dry bag. Call or email to confirm. Leader: Vicki S., 856-341-3901 or ravingwriter@gmail.com

MEMBERSHIP & RENEWAL INFORMATION

1. A notice of expiring membership will be mailed to you.
2. If your address has changed, please indicate new address. If you move, please file a change of address card with us.
3. Keep your membership current. Memberships must be renewed one month prior to March, June, September, and December. **Membership Cards are no longer being issued. You will receive renewal information by e-mail or post card.**
4. Membership forms may be downloaded from the OCSJ website (www.ocsj.org)

Individual - 1 Year \$20
2 Years \$40

Family - 1 Year \$25
2 Years \$50

MAKE CHECKS OR MONEY ORDERS PAYABLE TO:

Outdoor Club of South Jersey, Inc.
P.O. Box 5040, Woodbury, NJ 08096-0040

**** PLEASE NOTE:**

THE FINAL MAILED PRINTED TREKKER WILL BE THE SPRING 2017 ISSUE.**

Check desired membership Check one ☐ Check here if this is an address or e-mail change

☐ Individual \$_____

 New

☐ Family \$_____

☐ Renewal

Note – TREKKER is “FREE” via the club website at www.ocsj.org

☐ Gift \$_____ Gift contribution to **Richard Grevé Memorial Fund** (Not tax deductible).

Please review the "GUEST" policy on our club website at www.ocsj.org

Applicant Last Name	First Name	M.I.
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Co-Applicant Last Name	First Name	M.I.
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Street Address _____ P.O. Box or Apt. # _____

City	State	Zip Code
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Area Code Telephone # ☐ Check here if phone number is unlisted

E-mail Address

Check activities in which you would participate
in order of preference: 1-2-3, etc.

☐	Backpacking
☐	Bicycling
☐	Camping
☐	Canoeing/Kayaking

☐	Hiking
☐	X-C Skiing
☐	Trail Maintenance
☐	Special Programs

- ☐ Basic backpacking course
- ☐ Special activities
- ☐ Committees
- ☐ Special Projects

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