



OUTDOOR CLUB of
SOUTH JERSEY

TREKKER

Winter 2008

D I S C O V E R

the

GREAT



OUTDOORS

Celebrating 41 Years of Outdoor Experiences!

WWW.OCSJ.ORG

CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG) OR
ON YOUR CELL PHONE AT (W.OCSJ.ORG) * IF YOU HAVE INTERNET ACCESS)

FOR LATEST TRIP INFORMATION.

CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.



Outdoor Club of South Jersey

AIMS AND OBJECTIVES

The Outdoor Club of South Jersey, Inc., is an organization dedicated to providing opportunities for extending the individual's knowledge, appreciation and enjoyment of his or her environment through experiences in outdoor activities.

The Club offers a twelve month program of activities designed for all ages and levels of ability and interest, and as is feasible with available leadership. The Club is open to all persons regardless of age or place of residence.

BOARD OF TRUSTEES

Officers

Kathleen Pearce, *President*
856-767-2780

Tom Neigel, *Vice President*
609-206-3389

Fran Horn, *Treasurer*
856-786-0048

Janet Horton, *Recording Secretary*
856-461-5771

Jean Stelmaszyk, *Membership Secretary*
856-429-9089

ACTIVITY CHAIRPERSONS

Pat Burton, *Chair*, Backpacking, 856-767-8064

Tony Marchionne, *Chair*, Bicycling, 609-828-0268

Frank Pearce, *Chair*, Canoeing, 856-767-2780

Eileen Grevé, *Chair*, X-C Skiing/Snowshoeing, 609-267-3598

Pat Burton, *Chair*, Camping, 856-767-8064

Tom Neigel, *Chair*, Hiking, 609-206-3389

Joseph N. Trujillo, *Coordinator*, Activities Committees, 856-468-4849

TRUSTEES AT LARGE

Charles Cooke, 856-825-9126

Walt Stelmaszyk, 856-429-9089

John Palaitis, 856-810-2487

Peggy Marter, 609-877-7847

Jack Hoffman, 856-784-8104

Christine Denneker, 856-461-5379

Joel Penn, 609-313-2376

Toni Novak, 856-662-3740

Millicent Moore, 856-468-9709

SPECIAL ADVISORS

Pat Kalinowski, *Publicity*, 856-547-7057

Kathleen Pearce, *OCSJ Historian*, 856-767-2780

Dennis Hull, *Trail Maintenance*, 609-804-0025

The officers and members of the Board of Trustees actively seek and welcome your comments, suggestions or recommendations towards the fulfillment of our aims and objectives. Our progress and success are dependent upon the quality and effectiveness of our leadership. Your participation in activities, committees, or in programs and projects is solicited.

When you have questions, need further clarification, or require additional details, you are welcome to call the pertinent committee chairman.

MEETINGS

Club members are invited to attend the monthly meetings. The Board of Trustees meets each month. See schedule for locations. After the business session, some meetings will feature a program presented by the various activities. Everyone is welcome! Come out and support your representatives.

A Message From The President

Days of sunshine and heat are but a distant memory as the cool winds of winter are heading our way.

The winter schedule is packed with frosty fun activities, such as cross-country skiing, hiking and winter paddling trips.

Congratulations to:

-- Team OCSJ and their leader, Nancy Pomilio, who to date have raised nearly \$30,000. Great Job!!

-- The newly elected OCSJ officers: Tom Neigel, Vice-President; Fran Horn, Treasurer; Jean Stelmaszyk, Membership Secretary; Janet Horton, Recording Secretary. Thank you to:

-- Leona Fluck, who has been serving as vice-president for the past 9 months. This was one more responsibility she took on in addition, to leading paddling trips.

--All the volunteers that staffed the OCSJ booth at the Pinelands Festival in October. All of their hard work on behalf of OCSJ is incredible!

Be sure to take a look in the Trekker for details on the Grand Mile club, 500 Mile club (on the website only) and the Batona Trail series of hikes.

As always, check the OCSJ website for the up-to-the minute activity updates. We have now passed the 100,000th hit on the Website. WOW!

Have a great winter in the outdoors.

Kathleen Pearce

OCSJ President

bakerkp1@verizon.net



NEWS AND NOTES

**CHECK THE OCSJ WEBSITE FOR THE LATEST TRIP INFORMATION
INCLUDING ADDITIONS AND CANCELLATIONS.**

“HOT PAGE” OCSJ website information access by Cell phone.

The method that OCSJ communicates to members about additions, deletes or changes to our activities as printed in the quarterly Trekker is through the club website at www.ocsj.org. The OCSJ club website is accessed over 6,000 times per month.

The OCSJ “Update” or “HOT PAGE” messages can be accessed from your Cell phone if you have Internet access capability. The URL for the OCSJ Cell phone page is w.ocsj.org

The full OCSJ website is designed for best viewing using a 1024 by 768 pixel screen resolution. A Cell phone has a much smaller screen size. The OCSJ Cell phone page uses 176 by 184 pixel screen resolution and is very limited in what content can be displayed.

Additions in the future will include, real time information such as weather and water level (gauges).

WINTER PADDLING SCHEDULE WILL BE POSTED ONLINE.

**This will make scheduling easier and avoid cancellations due to
weather conditions etc. Look at the Website for Trip listings.**

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG) OR
ON YOUR CELL PHONE AT (W.OCSJ.ORG) * IF YOU HAVE INTERNET ACCESS)
FOR LATEST TRIP INFORMATION.**

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.
For details go to Bicycling Home Page.**

Coming Events

CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (**WWW.OCSJ.ORG**) OR ON YOUR CELL PHONE AT (**W.OCSJ.ORG**) * IF YOU HAVE INTERNET ACCESS) FOR LATEST TRIP INFORMATION.

CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST TRIP INFORMATION. FOR DETAILS GO TO THE BICYCLING HOME PAGE.

THE GRAND MILE CLUB begins its 7th year this January. Our goal is to walk 1000 miles during the year. Members agree that they are walking more now than they had before, and that being in the Club has provided the spark that made this happen. So if you like a challenge, want to get in better shape, or simply enjoy walking, give joining us some thought. Our membership fee is very competitively priced --- ZERO! Contact Bill Poulson for more details (856-983-7609, wpoul@comcast.net).

ANNUAL APRIL APEX -Saturday, April 12. This is our "Hikers Marathon", a 26 mile hike that is the ultimate for those really seeking a challenge. Participation has grown in each of the past 3 years, and in 2006 we had 10 who completed the hike. This year we will offer a 15 mile "tune-up" on March 22nd. Any questions contact Ray Wittkop, 856-662-4012, BarbnRay@aol.com. Joe Hummel, 856-235-8817, smallfluke@yahoo.com

THE ANNUAL RICHARD GREVE MEMORIAL VOLUNTEER WORK TRIP TO HARPER'S FERRY, WV will be April 4 to 6, arriving on Friday and leaving on Sunday. Our work supports the Appalachian Trail Conference and may involve raking or planting, cleaning or stuffing envelopes. They have been very appreciative of our efforts in past years. We work on Saturday; on Sunday we hike or explore the historic town of Harpers Ferry. Free accommodations at the ATC's hostel. Call Eileen Greve, 609- 267-3598.

ANNUAL APRÈS SKI PARTY: Saturday, April 19, 3:30 p.m. to 9 p.m. at Dan McAuliffe's house. Our annual bash is a chance for us to get together, share photos and reminisce about the season just past, and also to learn about the trips planned for next season, with chance for early sign-up. Covered dish, BYOB. If you've ever wondered what the X/C ski group does, or if you have any interest in skiing or snowshoeing, please join us! Call Dan McAuliffe, 215 630-7478 or dnmcauliffe@msn.com or Eileen Greve, 609-267-3598 egreve2@verizon.net

WASHINGTON DC BUS TRIP & SELF-GUIDED TOUR. Packed with famous sights, celebrated symbols of patriotism, free attractions, the sights and sounds of the nation's capital offer inspiring experiences. WHEN: May 10, 2008. COST: \$25.00 per person. TO ORDER: Send check payable to OUTDOOR CLUB OF SOUTH JERSEY to Christine Denneker, 50 South Bridgeboro St., Delran, NJ 08075. All payments must be made by April 26, 2008. Order tickets as soon as possible. We need an early response, in order to not disappoint anyone. First come, first served. No reserved seats. Please include your telephone number and E-mail address. For a receipt, include self addressed stamped envelope. All sales final. For refund, tickets must be re-sold. All trip details and schedules will be published in the Spring issue of Trekker. Leaders: Joseph Trujillo, 856-468-4849. Christine Denneker, 856-461-5379.

CANOE/KAYAK SOJOURNS. They are events in the Spring sponsored by various organizations to showcase a particular river. Participants pay a modest fee that covers camping sites, meals, programs, support and most shuttles. Last year members paddled the Delaware and Schuylkill Rivers. You determine the length of stay. For details contact Frank Pearce, hornet71@verizon.net or 856-767-2780.

HISTORIC CAPE MAY WEEKEND - Friday to Sunday-June 20, 21 and 22, 2008. You are invited to join us at the Chalfonte Hotel B&B in Cape May. Activities available include biking, hiking, kayaking, nature walks, bird watching and much, much more. Pat or Bruce Carey, 609-877-5872 e-mail foxii25@comcast.net. For complete details and registration form go to page 11.

Coming Events *(continued)*

BICYCLING ROAD COURSE – June 28. Learn about bicycling handling & safety, and emergency maneuvers. Presenter Fran Horn, 856-786-0048. See below.

SEPTEMBER IN WESTERN MAINE. Bald Mountain Camps, Oquossoc, Me. (www.bald-mountaincamps.com) Two dates proposed Aug. 31- Sept. 5 and Sept. 7-12. Activity options include hiking, kayaking, biking,, golf, tennis photography and wildlife viewing to name a few. Leader: Judy Norcross, 856-235-8735. See below.

VOLUNTEER VACATIONS. Enjoy an inspiring and unforgettable week vacationing in America's national parks, forests, state parks, and other public lands, while repairing and restoring trails – and rejuvenating your mind, body, and spirit! Volunteer Vacations are a series of trail building projects on America's public lands. Experience the camaraderie and sense of accomplishment after building a bridge or restoring a neglected trail. For more information, contact Shirley Hearn, Volunteer Programs Manager, at 800-972-8608, ext 206, or by e-mail at Volunteer@AmericanHiking.org

SEPTEMBER IN WESTERN MAINE

Location: Bald Mountain Camps, Oquossoc, Me. (www.baldmountaincamps.com) Historic sporting camp located on pristine Mooselookmeguntic Lake

Activities: Several hiking options (mt. tops, water falls, backwoods roads, a piece of the A.T.), kayaking/canoeing, biking, golfing, tennis, photography, wildlife viewing, geocaching, sunsets, moonrises, starlight, loon calls to appreciate, or slip into Rangeley if civilization required.

Trip includes: Guided kayaking or canoeing pristine lakes and rivers with our host and Registered Maine Guide, Steve Philbick. Log cabins with fireplace, wood, bath, linens, porch. Meals in the lodge dining room for first class breakfasts and dinners, sack lunches for the trail.

Price: 5 days/\$825 plus tax for lodging, meals, guide, shuttles. Bikes, canoes, kayaks, maps and other gear is included and available on request.

Contact: Judy Norcross (856)-235-8735, E-mail: jsnorcross@aol.com. Photo CD of area available. Two dates proposed: Aug. 31st-Sept. 5th and Sept. 7th-12th. Happy to answer questions.

BICYCLING COURSE ROAD 1

Registration before class required

Includes: Bicycle handling & safety. Emergency maneuvers

Presented by: Fran Horn, 856-786-0048

Dates: June 28, 2008

Cost: \$50.00 for Course Materials

To participate in the course, return this form with a \$50 check payable to OCSJ by June 21, 2008

Fran Horn, 2410 Laurel Dr., Cinnaminson, NJ 08077

Name: _____

Address: _____

Phone Number: _____

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connected therewith. All persons, MEMBERS AND NON-MEMBERS ALIKE, are to sign with the leader at each activity.

BICYCLING

A Message From the Bicycling Activity Chair

What a fantastic season we had this year. I think we had some of the best weather I can remember in years. And probably one of the warmest, driest falls ever – how many of you still haven't put tights on yet? It is getting colder, but many of us will continue to ride through the winter. The Third Annual Pretenders Tour will take place again in November; for those of you with delusions of grandeur, come out and pretend the roads of South Jersey are the stages of the Tour de France for five rides around Thanksgiving.

Thanks to everyone who stepped up to lead a ride this year. We're starting to see a few new faces leading – if they can do it, so can you. If you are thinking about leading but are unsure, contact the appropriate ride coordinator or myself. We can help you with routes, advice – anything you need to know to lead your first ride

Finally, thanks to everyone who rode in this year's MS 150 City to Shore Bike Tour. Overall, almost 8,000 riders participated and, as of this writing, have raised over \$4.8 million. Thanks to Nancy Pomilio, Team OCSJ was back in action this year; over 30 members were on the team and raised close to \$30,000. Not quite where we were in our heyday, but a great start to getting back there next year. Nancy, thanks for all your hard work!!

Thanks again and happy cycling!

Tony Marchionne
tonymarch@iwon.com
609-828-0268



CANOEING/KAYAKING



A message from the Canoe/Kayak Activity Chair

WINTER PADDLING SCHEDULE WILL BE POSTED ONLINE.

This will make scheduling easier and avoid cancellations due to weather conditions etc. Look at the Website for Trip listings.

To help make everyone's paddling experience an enjoyable one, read the trip description. If you have questions, especially if a trip is right for you, call the leader. Factors such as trip length, pace, water classification, number of stops, river conditions (cleared, obstructions, rocks), weather conditions etc. should all be considered. You should stay between the designated leader and the sweep. Paddling can be fun but be prepared. Please leave sufficient driving time to safely arrive. Wear the appropriate clothing and have a water-protected dry change of clothes with you. Remember to dress for the water temperature and not the air temperature. Avoid cotton clothing, it will not keep you warm if wet and will be slow drying, a synthetic fabric such as polartec is a better choice.

CLUB POLICY REQUIRES THAT PFD'S MUST BE WORN. PLEASE REMEMBER IF YOU DO NOT WISH TO PARTICIPATE IN THE OCSJ ORGANIZED SHUTTLES YOU NEED TO MAKE YOUR OWN ARRANGEMENTS. NO EXCEPTIONS. A flashlight is required for evening trips. A whistle is required for Delaware River trips and recommended for all trips and painter lines are a good idea. A helmet for whitewater may also be a good investment. You must assess the suitability and condition of your equipment and if a trip is within your abilities. Water levels, weather, and leader availability may cause trip cancellations or changes including additions. Leaders have final say on trip participation involving safety concerns. Check the website –ocsj.org - for the latest information. Everyone must sign in for liability reasons and LEADER'S MUST SUBMIT (MAIL, FAX) SIGN-IN SHEETS TO THE CANOE/KAYAK CHAIR ASAP – NO EXCEPTIONS, also if a trip is cancelled please notify the chair. Need a form or address etc. please contact me?

See You on the Water!!

Frank Pearce

Hornet71@verizon.net

856-767-2780 before 8 p.m.

HIKING

A Message from the Hiking Activity Chair

The winter hikes at the Outdoor Club of South Jersey are here. There are 80 plus trips to keep you busy, warm you up, and get you outdoors, including the famous Friday Night Fitness Hike. Some of the interesting and highlighted trips:

Hike to Meet for Lunch – On January 20th, two hikes start from both Batsto and Atsion and meet in the middle for lunch.

Advanced New Member Hike – On March 1, Pat and Christine are sponsoring the Advanced New Member Hike. This hike is an open invitation to New and Potential members and guests that may wish to try a slightly longer hike. This is a continuation of the Welcome New Member Hike series.

Always check the Updates section of the Website www.ocsj.org for last minute changes or cancellations. Remember, we are always on the lookout for responsible trip leaders and co-leaders.

Remember, membership is important. Even the trip leaders that volunteer their time are not paid members. Support your club's efforts and keep your membership current.

Thank you,

Tom Neigel, Vice President/Hike Chair

609-206-3389

WALKING PACE DEFINITIONS

WALKING PACE

These are averages only; actual results may vary due to factors such as surfaces (e.g., trails, vs roads), terrain (e.g., bushwhacking vs clear), elevation changes, (e.g., hilly vs flat), and weather.

PACE:	EASY	MODERATE	BRISK	FAST
	less than 2.5 mph	2.5-3.0 mph	3.0 – 3.5 mph	over 3.5 mph
Avg. time per mile	25 or more minutes	20-25 minutes	17-20 minutes	17 or less minutes

HIKE DESCRIPTIONS

- **EASY** - pace defined as slower walking with more frequent rest breaks (e.g. for viewing surroundings, nature calls, equipment adjustments, and allowing walkers to catch up). For the slower walker.
- **MODERATE** - pace defined as as comfortable walking with occasional rest breaks. For the average walker.
- **BRISK** - pace defined as faster walking with occasional rest breaks. For the average, better conditioned walker.
- **FAST** - pace defined as fitness walking with few rest breaks for any reason. For seasoned, in fit condition walkers.

HIKING GUIDE

Hike distances are in miles, and may optionally be followed by hike duration in hours. The following codes are used to show unusual features of a hike:

BW - Bushwhacking	WF - Wet feet possible	NS - No stops
NP - No pets	NC - No children	FS - Few stops
LP - Leashed Pet		

Refer to the page listing Standard Meeting Places for directions to hikes.

BACKPACK TRIP RATING SYSTEM

1. **NOVICE:** 5 or less trips - mild weather, relatively flat terrain.
2. **INTERMEDIATE:** 5 or more trips - mild weather, moderate climbs - up to 8 mile trips.
3. **ADVANCED:** 10 or more trips - three season, except winter. Strenuous climbs over difficult terrain - upgraded equipment.
4. **EXPERT:** Leadership experience or comparable ability - all seasons - good physical condition - completely equipped for all terrain and weather.

STANDARD MEETING PLACES

If the meeting place is one of the standard meeting places shown below, no directions will appear in the hike listing.

Atsion - Meet in field on east side of Rt. 206 just north of Wharton State Forest Office.

Batsto - Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank.

Bullock - Meet on north side of road in Bullock. Turn east from Rt. 72 at railroad bridge 6.5 miles southeast of Rt. 70/72 intersection. Continue 3.3 miles to tee intersection. Turn right, then immediately left, and park.

Carranza - Meet at Carranza Memorial parking, 6.7 miles SE of Tabernacle on Carranza Road.

Cemetery - Meet at cemetery on Rt. 563, 0.6 miles south of Rt. 532 in Chatsworth.

Cherry Hill Mall Flagpole – Meet at big flagpole, on the Haddonfield Road side of Cherry Hill Mall, Rt. 38, Cherry Hill, NJ.

D & R Parking - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left and drive to the parking.

Evans - Meet just to the north of Evans Bridge (on east side of Rt. 563), 0.7 miles south of the Rt. 563/Rt. 679 split (about 10 miles south of Chatsworth).

Friendship - Meet at Friendship ruins on Carranza Road, 10 miles SE of Tabernacle.

Harrisville - Meet at Harrisville Pond, on Rt. 679, 1.5 miles south of Rt. 563, between Chatsworth and New Gretna.

Henry Avenue & Walnut Lane parking area, Philadelphia – Take Rt. 76 (Schuylkill Expressway) West to Lincoln Drive, exit #340A. Turn right at bottom of ramp, cross short bridge and take Ridge Avenue West exit. Proceed to 2nd traffic light and bear right. Go two more lights and bear left. At the next light, turn right onto Walnut Ln. Go to 2nd light and turn left onto Magdalena and a quick left into parking area. Approximately 9 miles from Ben Franklin Bridge.

Jackson - Meet just north of small bridge on Rt. 534 (Jackson Road), 1.7 miles north-east of Atco Raceway.

Kingston - Meet at Kingston Lock parking, off Rt. 27. Take I-295N / 95S to Exit 8 (Princeton Pike, Rt. 583) to Rt. 27 in Princeton. Follow Rt. 27, 3.3 miles to Kingston Lock parking on right.

Lake Absegami - Meet at Lake Absegami parking, Bass River State Forest. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the N & W); or 6 miles W of Tuckerton (from the N & E); or 3 miles N of New Gretna (from the S).

Byrne office - Meet at Byrne (Lebanon) forest office. Turn east off Rt. 72, 1 mile south-east of Rt. 70/72 intersection. After 0.4 miles, turn right. Forest office is on the left.

Pakim Pond - Meet at Pakim Pond parking, Byrne S.F. Turn off Rt. 72, 1 mile south-east of Rt. 70/72 intersection. After 0.4 miles, turn right. Pakim Pond is 2.7 miles beyond the Forest Office.

Byrne campsites - Meet at Byrne (Lebanon) campsite. Turn off Rt. 72, 1 mile south-east of Rt. 70/72 intersection. After 0.4 miles, turn right. Campsite parking is 3.5 miles beyond the Forest Office.

Oswego - Meet at Oswego Lake parking, 3.1 miles northeast of Rt. 563 from Jenkins. (Turnoff is 8.4 miles south of Rt. 532 in Chatsworth, between Pine Barrens Canoes and Mick's Canoes).

Skit - Meet at the Skit Branch bridge, 5.2 miles SE of Tabernacle on Carranza Road.

Tyler Park - Take 1-95 and get off at exit 49, (Newtown/Yardley) and travel toward Newtown. Continue on the Newtown bypass and turn left into the park at the intersection of Swamp Road. Meet the at the Boat House parking lot.

Wells Mills - Meet at Wells Mills Park, off Rt. 532 (which is 16 miles southeast of the Rt. 70/72 intersection), 3.6 miles northeast of Rt. 72.

Whitesbog - Meet at Whitesbog village parking. Go east on Rt. 70 6.9 miles from Rt. 70/72 intersection. Make a sharp left on Lakehurst Road, go 1.3 miles, turn right for the village.

MESSAGE FROM THE X/C SKI & SNOWSHOE CHAIR

Gliding through the woods, the beauty of snow on pine boughs, blue skies, crisp, cool air on my cheeks, laughing with friends - this is what X/C skiing is all about. If you haven't already signed up for the trip of your choice, don't miss out! Call the leader for more information and to see if there is still space available.

DEC. 27-JAN. 1
Thurs. to Tues.
Check availability
ASAP

CRAFTSBURY, VT. – In addition to cross-country skiing, we will have snowshoeing, New Year's Eve bonfire and sauna. All skill levels. \$415 includes 5 nights in dorm-style rooms with shared bath, all meals (vegetarian available), trail passes. Still a few spots available. Deposit \$200 ASAP. Fran Horn 856-786-0048. franhorn@aol.com

DEC. 28-JAN. 1
Fri. to Tues.
Check availability
ASAP

PULASKI/TUG HILL, NY. – The Tug Hill region is New York's snowbelt due to lake effect weather. Stay at 1880 House, a B&B. Ski at Osceola/Tug Hill and Salmon Hills nordic centers, backcountry or snowshoe. \$255 for 4 nights, 4 hearty breakfasts, gourmet dinner NY's Eve, all taxes & gratuities. - Call leader to reserve. Eileen Greve', 609-267-3598 egreve2@verizon.net

JAN. 11-13
Fri. to Sun.

PROSPECT XC CENTER – BENNINGTON, VT. Prospect is highest point in Vermont and snow is guaranteed! Lodge has a restaurant, rentals, snow shoeing, waxing room and 40 km trails. Tour Bennington, VT shops, museums! 5 hour drive. Price \$169: Two nights lodging (Fri, Sat) at AAA motel (dbl occ), 2 breakfasts, 1dinner, trail fees 2 days. Free ski lessons for beginners. Can be combined with Stowe trip below. Deposit: \$80.00. Full payment by 11/30. Dan & Charie McAuliffe, 215-630-7478. DNMLogistics@MSN.Com

JAN. 13-18
Sun. to Fri.

COMMODORE INN, STOWE VT. Luxury accommodations and great skiing. For skier of all abilities. Also backcountry. \$352 for 5 nights, 5 dinners and breakfasts, taxes and tips. Can be combined with the Bennington trip January 11 to 13, or the Trail's End trip January 18 to 21. Both trips described above. Eileen Greve', 609-267-3598 egreve2@verizon.net

JANUARY 18-21
Fri. to Mon.

(MLK WEEKEND) KEENE VALLEY, NY – Stay at Trail's End B&B in Lake Placid area. Great for all levels of skiers and snowshoers. Popular trip. \$250 includes 3 nights, 3 breakfasts, 2 lunches, 2 dinners, taxes and gratuities. Can be linked to the Stowe, VT trip listed below. Charlie Phy 609- 567-0221 chalphy@comcast.net

JAN. 25-27
Fri. to Sun.

MOHONK SCOTTISH X/C WEEKEND, NEW PALTZ, NY - Enjoy Scottish festivities, dancing, gourmet meals, and skiing at this venerable resort. \$249 pp incl 2 nights at the Adirondack style Minnewaska Lodge with breakfast. Free beginner lessons from certified instructor. Deposit of \$90 by November 30. Leader: Dan & Charie McAuliffe, 215-630-7478 DNMLogistics@MSN.Com

JAN. 25- FEB. 1
Fri. to Fri.

MORNINGSTAR CHALET, LONDONDERRY VT. (7) nights at private chalet with breakfast. X/C centers for all abilities include Viking, Wild Wings, Stratton, Okemo, Grafton Pond. Plenty of backcountry skiing (intermediate ski level), snowshoeing in Green Mt. Nat'l Forest. Approx \$175. Eileen Greve', 609-267-3598, egreve2@verizon.net

JAN. 29- FEB. 1
Tue. to Fri.

BLACKWATER FALLS LODGE, DAVIS WV. (3) nights at state park lodge with motel style rooms with private bath, pool and hot tub. X/C centers at Blackwater Falls State Park and at White

Grass Touring Center, snowshoe at Monangehela National Forest. \$200 includes 3 breakfasts and 3 dinners. Option to arrive on Sunday, Jan. 27, extending your stay to 5 days. \$50 Deposit ASAP. Pay in Full by Nov. 30. Call John and Ann Palaitis 856-810-2487. Palaitis@verizon.net

FEB. 1-4
Fri. to Mon.

COLONIAL HOUSE INN, WESTON, VT. Rustic Atmosphere, intimate dinning. Rooms in the Inn or the addition (motel). The Inn rooms share baths. The motel has private baths. Trip includes: all meals, Hors d'oeuvres before dinner on Saturday & Sunday. Rooms in the Inn are approx. \$260 - 2 twin beds. Rooms in the motel are approx. \$290 for modern room with private bath. Pay in full by December 1. Phil and Sheila Molodow, 856-428-7668. pmpanel@aol.com

FEB. 8-12
Fri. to Tues.

BRETTON WOODS, NH MT WASHINGTON RESORT. Ski at one of the premier ski touring centers in the US, with the stunning backdrop of Mt. Washington and the Presidential range. \$370 pp incl 4 nights w breakfasts, 2 dinners, Apres ski party, all taxes & tips, X/C trail fees, ice skating, heated pools, guided tours, evening entertainment, etc. Deposit of \$100 by November 30. Leader Dan & Charie McAuliffe, 215-630-7478. DNMLogistics@MSN.Com

FEB. 22-24
Fri. to Sun.

BOONEVILLE, NY. On the Tug Hill Plateau (in Oswego County, NY which got 10 feet of snow this past season) and only a 5 hour drive from Mt. Holly, NJ. This is a perfect weekend trip. \$139 pp for 2 nights, 2 breakfasts, 1 dinner, X/C trail passes, beginner lessons by certified instructor. Rentals available. Deposit of \$50 by January 1. Contact leaders: Dan & Charie McAuliffe, 215-630-7478. DNMLogistics@MSN.Com

FEB. 22-25
Fri. to Mon.

LAKE PLACID AREA, NY. Great skiing at Mt. van Hoevenberg X/C, on the Jackrabbit trail, and backcountry. Stay at new location – the Spruce Lodge in Lake Placid. Modern townhouse, built in 2004. All amenities incl tv, fireplace, full kitchen. Approx. \$180 or less for 3 nights with breakfast. Don't wait. Limited to 6 people. Eileen Greve', 609- 267-3598. egrave2@verizon.net

FEB. 23-MAR. 1
Possible date change.

ROYAL GORGE, CA. - A dream vacation. Ski in the spectacular Sierra Nevada range on 200 km of groomed trails at the world class resort. Stay economically nearby. For more info call Leader: Sue Lipski cell 732-778-0552. lipskisue@yahoo.com

FEB. 29-MAR. 3
Fri. to Mon.

COLONIAL HOUSE INN, WESTON, VT – If you missed this trip in Feb, here's your chance to enjoy this delightful B&B and great area for skiing. Other options are snowshoeing, ice skating & hiking. This is a great trip for new skiers. The food is great; 3 breakfasts, 3 lunches, 2 dinners are included. The cost is approximately \$260 – 290 depending on lodging. Deposit \$100 by 11/15. Eileen Greve 609- 267-3598. egrave2@verizon.net

MAR. 9-14
Sun. to Fri.

HEART OF THE TETONS. X/C ski in the magical beauty of the Tetons, while staying at the luxurious Targhee Resort. This is an Elderhostel trip (program # 15707RJ): includes certified instructors to teach beginners to expert and to show us the wildlife, geology and history of the Tetons. Approx \$685 includes 5 nights and all meals. Not incl airfare and ground transportation. Leader: Kathleen McGuire, 609-267-6592 or Mcguirek@comcast.net



OUTDOOR CLUB of
SOUTH JERSEY

Historic Cape May Weekend

Friday to Sunday — June 20, 21 and 22, 2008

To start the summer session, you are cordially invited to join us for our annual Cape May outing. Our headquarters, as in years past, will be **THE CHALFONTE HOTEL**, 301 Howard Street, Cape May, New Jersey, (609/884-8409). Check in any time after 2:00 PM on Friday and check out midday on Sunday.

This is a perfect outing for all club members. In addition to our popular 15-50 mile bike rides, there are also other activities available. These include paddling a kayak, shopping on the mall, historic walking tours (guided or on your own), nature hikes, bird watching, local theater, or just sit and rock on the porch. You can ride a train from Cape May to the zoo and back, or take a ferryboat ride to Lewes, Delaware, a quaint place to spend some time. Many of us attend a play on Friday after dinner.

Our weekend starts with a Friday night **"Welcome Social and Buffet Spaghetti/Pasta Party"** (a time to plan what you want to do). **Breakfast** is provided on both Saturday and Sunday. On Saturday, there is a Social Hour before the family style sit down dinner and followed by an **ice cream party**.

The entire cost for all of the above (room, meals, social gathering, and ice cream) is:

Room for 2 with shared bath	\$195 per person
Room for 2 with private bath	\$235 per person
Room for a single person with shared bath	\$260 per person

Please send the **entire amount** for the weekend with the form below no later than April 30, 2008. It is refundable up to four weeks before the event. There is a \$25 service charge per room for cancellation.

Please sign up early, as this will help us complete our plans to make our 2008 trip enjoyable for all. If you have any questions, or need more information, please call Pat or Bruce Carey at (609) 877-5872. E-mail: foxii25@comcast.net 25 Edgely Lane, Willingboro, NJ 08046

✂-----
YES! I want to participate in the Annual Historic Cape May Weekend. Enclosed is my payment.

Please make your check payable to Patricia Carey

Name: _____

Phone #: _____

Address: _____

E-mail address: _____

I will be sharing my room with: _____ Please pair me with a roommate.

I am interested in riding my bike to Cape May on Friday. (Bikers leave from Medford area)

I am interested in leading an activity: hiking _____ biking _____ kayaking _____

Will you lead an activity? _____

Return this form to Patricia Carey 25 Edgely Lane, Willingboro, NJ 08046



JANUARY



"Give the world the best you have,
and the best will come back to you"

RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited.
Don't miss out by waiting too long.

MOONLIGHT HIKE, CAMPFIRE AND CAMPOUT. See January 19 entry.

ROSEDALE PARK HIKE. See February 17 entry.

SIX MILE RUN RESERVOIR. See March 8 entry.

SOURLAND MOUNTAIN PRESERVE. See March 16 entry.

WASHINGTON CROSSING NJ HIKE. See March 22 entry.

OCSJ ANNUAL CAPE MAY OUTING. See page 11.

SEPTEMBER IN WESTERN MAINE. See page 5.

BICYCLING ROAD COURSE. See page 5.

WASHINGTON, DC TRIP. See coming events.

***Note various trips require participants to
contact leader to confirm participation***

**CHECK THE OCSJ WEBSITE ON YOU COMPUTER AT (WWW.OCSJ.ORG) OR
ON YOUR CELL PHONE AT (W.OCSJ.ORG) * IF YOU HAVE INTERNET ACCESS)
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST
TRIP INFORMATION.
FOR DETAILS GO TO THE BICYCLING HOME PAGE.
WINTER PADDLING SCHEDULE WILL BE POSTED ONLINE.**

JANUARY 1

Tuesday
10:00 a.m.



NEW YEAR'S DAY HIKE. 7-9 miles. Moderate pace. Welcome the New Year by hiking. A great way to begin the hiking year! We'll hit regular trails and old fire cuts to find us a nice lunch spot. Bring lunch, beverage. Meet in field E side of Rt. 206, Atsion, just beyond the Recreation Area sign. Bad weather cancels. Leader: Joseph Trujillo, 856-468-4849.

JANUARY 1

Tuesday
10:00 a.m.

CELEBRATE NEW YEAR'S DAY ON THE OSWEGO RIVER. Bring in the New Year with the Outdoor Club of South Jersey. Meet at Lake Oswego and paddle the "Jewel of the Pinelands". Enjoy a get together after we takeout at Harrisville Lake. Bring something to share. Please call to confirm trip and participation. Leaders: George & Leona F., 609-259-3734 or leona@pineypaddlers.com

JANUARY 2

Wednesday
10:00 a.m.

PALMYRA NATURE CENTER HIKE. 6-7 miles, brisk pace. Take Rt. 73 North to the last light before the Tacony Palmyra Bridge and turn right. Follow the signs to the Nature Center. Meet in the parking lot at the Center. NP, FS, NC. Leaders: Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com.

JANUARY 3

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or Geofneil@aol.com. Recurring Hike on Thursday Nights as listed.

JANUARY 4

Friday 7:00 p.m.
*Recurring Every
Friday Night*



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. The ongoing, every Friday night, all year round, Friday night fitness hike; where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 MPH, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, shoes, or sneakers (sneakers are adequate in dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). The first Friday of each month there is a dessert/dinner stop after the hike at a local restaurant. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JANUARY 5

Saturday
10:00 am

SCOUT HIKE. 7 miles. This hike is designed for Girl and Boy Scouts who are earning their hiking badge. There will be instruction in basic hiking and trail reading. All Safety-Wise guidelines must be followed. Meet at the Palmyra Cove Nature Center (located at the base of the Tacony-Palmyra Bridge. Bring water and lunch. Leader: Kathleen Pearce bakerkp1@verizon.net 856-767-2780

JANUARY 5

Saturday
Reg. Required



BALDPATE MOUNTAIN HIKE. 6-8 miles, located about two miles from Washington Crossing NJ. This is the highest point in Mercer County. Moderate pace. NP, FS, NC Bring lunch to eat on the trail. Individual registration for this hike is required. E-mail preferred. Time and directions will be supplied. Leaders: Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com. Paul Foged, 732-988-5273.

JANUARY 6

Sunday
8:00 a.m.

COOPER RIVER AND ADJOINING PARKS HIKE. 6 miles, brisk pace. A "get-it-over-early" loop hike plus an option to have brunch with us afterwards at a nearby Old Country Buffet. Meet at the National Guard Armory parking lot at Park Avenue and Grove St. in Cherry Hill. This meeting place is one block from the intersection of Rt. 70 and Haddonfield Road/Grove St. This intersection is at the corner of the old Garden State race track and has a Chili's Bar and Grill. NP, NC, FS. Leaders: Barb&Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com

JANUARY 6

Sunday
9:00 a.m.

SOCIAL HIKE APPLE PIE HILL. 7-8 miles. All are welcomed. Moderate pace. Hike the highest point in SJ for a great panoramic view of the pines. Bring picnic type food to share at tailgate social after hike. NP/NC. Meet at Carranza Memorial parking lot, 6.7 miles SE of Tabernacle, Burl. Co., on Carranza Road. Leader Paul Serdiuk, 609-462-3593 Eve. pis1@cccnj.net. Inclement weather cancels.

JANUARY 6

Sunday
10:00 a.m.

SKIT BRANCH SERPENTINE. 8 to 10 miles. Easy to moderate pace. Up, back and around the Skit Branch on sand roads, trails and fire cuts. Maybe some light bushwhacking. Expect water crossings. Meet at the Skit Branch Bridge 5.2 miles SE of Tabernacle on Carranza Road. Leader: Milt Cannan, 856-983-9076.

JANUARY 9

Wednesday
10:00 a.m.

YELLOW TRAIL HIKE. 10 miles, moderate pace. MEET AT BATSTO. Hike the entire trail, bring lunch and beverage to eat at the Mullica River Camp. Please be on time or a little early as

a short car shuttle is required. Leaders Pat Burton, 856-767-8064 or camperpat@hotmail.com and Christine Denneker, 856-461-5379.

JANUARY 10

Thursday
10:00 am



PENNYPACK PARK HIKE. 7-8 miles, brisk pace. A loop hike. Bring lunch to eat on the trail or when we finish, depending on the weather. Meet at the parking lot off Rhawn St. by the small stone building. This meeting place is only about 5 minutes from the Tacony Palmyra bridge. Cross bridge and take the second right at the base, which is State Road (Rt. 73). From this point it is 1.7 miles to Rhawn St. Stay to the left (New State Road) when you come to fork in the road. Continue on New State Road until you see Rhawn St. on your left. Turn onto Rhawn and go about 1.6 miles to entrance of park on your left. Leaders: Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com. Paul Foged, 732-988-5273.

JANUARY 10

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or E-mail: Geofneil@aol.com.

JANUARY 10

Thursday
7:30 p.m.



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

JANUARY 11

Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See January 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison and Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JANUARY 11-13

Fri. to Sun.

PROSPECT XC CENTER – BENNINGTON, VT. See details under Ski Chair Message.

JANUARY 12

Saturday
10:00 a.m.



MERCER COUNTY CENTRAL PARK HIKE. 10 miles or drop off after 5, moderate pace. A figure eight hike around Lake Mercer. Bring lunch to eat on the trail. Take the N.J. Turnpike to Rt. 195 (exit 7A). Take Rt. 195 West about two miles to Rt. 130 (exit 5). Follow Rt. 130 North about 1 mile past a large shopping center to intersection with Rts. 33/526 in Robbinsville. Turn left at intersection (traffic light) then right at next light (Rt. 526 Robbinsville-Edinberg Road). From this point travel 3 miles to dead end at Rt. 535 (Edinberg Road). Turn left on Rt. 535 and go just a bit to entrance of park on right. Enter and continue straight ahead slightly over one mile. The Marina driveway is on right, across from Park Ranger headquarters. NP, NC, FS. Leaders: Ray Wittkop, 856-662-4012, BarbnRay@aol.com.

JANUARY 12

Saturday
10:00 a.m.

THREE BRIDGES HIKE. 9-10 miles, moderate pace. These 3 foot bridges provide access to areas we seldom see. May be wet areas. Bring lunch. Atsion. Dave and Julie Hegelein, 856-235-8792.

JANUARY 13-18
Sun. to Fri.

COMMODORE INN, STOWE VT. See details under Ski Chair Message.

JANUARY 14
Monday
10:00 a.m.

HIKE TO MARTHA. 5 miles moderate pace. Hike to the site of the furnace that operated many years ago. Bring lunch to eat after hike. Meet at Harrisville Lake. Bad weather cancels. Leader: Janet Horton 856-461-5771. janeth1@comcast.net

JANUARY 15
Tuesday
10:00 a.m.



LUNCH IN HADDONFIELD. 8 miles, brisk pace. A loop hike with a stop at a pizza pie restaurant for lunch. Meet at the National Guard Armory parking lot at Park Ave. and Grove St. in Cherry Hill. This meeting place is one block from the intersection of Rt. 70 and Haddonfield Road/Grove St. This intersection is at the corner of the old Garden State race track NP, FS, NC. Leaders: Barb and Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com and Joe Hummel, 856-235-8817, smallfluke@yahoo.com

JANUARY 16
Wednesday
9:30 a.m.

ATSION BOGS HIKE. 8-10 miles, moderate pace. Meet at ATSION. A nice hike around 2 pretty bogs. Could be windy and cold, dress appropriately. Bring lunch and beverage. Leaders Pat Burton 856-767-8064 camperpat@hotmail.com and Christine Denneker 856-461-5379.

JANUARY 17
Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd. cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or mailto:Geofneil@aol.com.

JANUARY 18
Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See January 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JANUARY 18-21
Fri. to Mon.

(MLK WEEKEND) KEENE VALLEY, NY. See details under Ski Chair Message.

JANUARY 19
Saturday
7:00 p.m.



MOONLIGHT HIKE, CAMPFIRE AND CAMPOUT. 7 miles moderate pace. Hike the Pines under the Wolf Moon on a new route and return to a roaring campfire. Bring picnic type food to share at tailgate social after hike. NC/NP. Meet at Atsion Lake, Burl. Co. From Rt. 206 take Atsion Road west 1 miles, go to Goshen Pond Group site sign turn left go to camping area. Camping is available; Friday and Saturday, call to reserve space. Leader, Paul Serdiuk, 609-463-3593 evening or pis1@cccnj.net Inclement weather cancels. Contact leader to confirm hike.

JANUARY 20
Sunday
10:00 a.m.
NEW

CHOOSE



A HIKE TO MEET FOR LUNCH. 10 miles, moderate pace. Choose this hike to go on the yellow trail to meet the other group for lunch on the Mullica River. Bring lunch, beverage. Meet in field, E side of Rt. 206, Atsion, just beyond the recreation area sign. Bad weather cancels. Leaders: Dave and Julie Hegelein, 856-235-8792.

JANUARY 20
Sunday
10 a.m. **NEW**

A HIKE TO MEET FOR LUNCH. 10 miles, moderate pace. Choose this hike to go on the yellow trail to meet the other

group for lunch on the Mullica River. Bring lunch, beverage. Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank. Bad weather cancels. Leaders: Joseph Trujillo, 856-468-4849. Chris Dennele, 856-461-5379.

JANUARY 20

Sunday
9:00 a.m.



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown High School, Bridgeboro Road, Moorestown. Leader: Fran H., 856-786-0048, franhorn@aol.com.

JANUARY 21

Monday
10:00 a.m.

APPLE PIE HILL. 5 miles. Moderate to easy pace. We will hike to Apple Pie Hill and enjoy the view. Meet at Bordentown Gun Club - Rte. 532, 4 miles east of Tabernacle. Park on side road. Bad weather cancels. Norm Lucas, (609) 654-5893, Bill Schmitt (856) 767-1838.

JANUARY 23

Wednesday
10:00 a.m.



HIKE WHITESBOG'S BOGS. 7-8 miles, moderate pace. A hike over, around and by the bogs, with a chance to see snow geese and an eagle. Meet at Whitesbog village parking off Rt. 530 between Browns Mills and Rt. 70. Bring lunch and beverage. Leaders: Christine Dennele, 856-461-5379, Pat Burton, 856-767-8064.

JANUARY 24

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or mailto:Geofneil@aol.com.

JANUARY 25

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See Jan 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mile Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JANUARY 25-27

Fri. to Sun.

MOHONK SCOTTISH X/C WEEKEND, NEW PALTZ, NY - See details under Ski Chair Message.

JAN. 25-FEB. 1

Fri. to Fri.

MORNINGSTAR CHALET, LONDONDERRY VT. See details under Ski Chair Message.

JANUARY 26

Saturday
10:00 a.m.

PRINCETON, NJ HIKE. 10 miles, moderate to brisk pace. A loop hike that includes Princeton Battlefield State Park, the Institute Woods, and the D&R Canal. Two drop out points for those that wish to do less miles. The park is located on Mercer Road (Princeton Pike) 3.8 miles north from exit 8B of Rt. 95. Bring lunch to eat on the trail. Meet in the parking lot of the Battlefield. NP,FS,NC. Leaders: Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com Paul Foged, 732-988-5273.

JANUARY 26

Saturday
7:30 p.m.



MOONLIGHT JAUNT. 7-8 miles, moderate pace. First full moon of 2008. Come out and enjoy the Wolf Moon. Dress in appropriate warm clothing. Meet at Atsion. Dave & Julie Hegelein, 856-235-8792.

JANUARY 27

Sunday
10:30 a.m.

ATSION - WEST SIDE OF THE MULLICA HIKE. 7 miles, moderate pace. Down the less traveled west side of the scenic Mullica River to the other side of beautiful views of Beaver Pond

and the mysterious 'bridge to nowhere.' Join us for some light hearted fun and conversation and a healthy walk. Have you ever been on this side? Will there be any trace of last year's forest fire? Bring a lunch and a camera for our half-way lunch break, and a sheet of plastic to sit on. Stuff some treats in your backpack for your fellow hikers. NP NC. Meet on the grass field at the Atsion Ranger station (Rt 206). Bad weather cancels. Leader: Tom Neigel, 609 206-3389 or tom-neigel@ocsj.org

JANUARY 28

Monday
9:45 a.m.

THE OTHER SIDE OF FRIENDSHIP. 5 to 6 miles. Easy to moderate pace. Bring water & snack. Meet at Friendship for start of hike at 9:45 AM *SHARP*. We'll explore in the less visited areas to the north and east of the ruins. Leader: Milt Cannan, 856-983-9076.

JAN. 29-FEB. 1

Tue. to Fri.

BLACKWATER FALLS LODGE, DAVIS WV. See details under Ski Chair Message.

JANUARY 30

Wednesday
10:30 a.m.
NEW

OCEAN CITY SOUTH IN WINTER. 7-¹/₂ miles, moderate. Meet at 34th St. beach pavilion. Walk to Wildlife Refuge. Go up to boardwalk at 18th St. Walk north to Music Pier, then south to end of boardwalk (23rd St.) Off boardwalk for beach walk to 34th St. pavilion. Bring lunch and beach sandals. Bad weather cancels. Noel Wirth, 609-938-0418 ocncw101@comcast.net

JANUARY 31

Thursday
6:00 p.m.
NEW



ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd. cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or e-mail: Geofneil@aol.com.

Volunteer Opportunities

The Club offers all members an opportunity to be a part of, or to create their own outdoor experience or activity. All activities are led by volunteer members. NO volunteers, NO activities. It's that simple!

You can make a difference. Your volunteer involvement in Club activities is unique and special contributions that play a valuable role in *YOUR* Club.

PLAN AND LEAD AN ACTIVITY.

HELP TO MAINTAIN THE TRAIL.

PLAN AND LEAD A "LITTER" CLEAN-UP DAY.

HELP THE TRAIL COORDINATOR BUILD A FOOT BRIDGE.

WRITE YOUR LEGISLATORS. A SIMPLE NOTE IN SUPPORT OF TRAILS, BIKE PATHS AND GREENWAYS IS ALL IT TAKES.

CHAIR A COMMITTEE. (See Christmas Party, Officer Nominations, etc.)

PLAN AND LEAD A TOUR TRIP.

Talk to your Activity Committee Chair about what you can volunteer to do to improve *YOUR* Club.



FEBRUARY

*"Accept the challenges so that you may
feel the exhilaration of victory"*



RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited.
Don't miss out by waiting too long.

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Don't miss out by waiting too long.

ROSEDALE PARK HIKE. See February 17 entry.

SIX MILE RUN RESERVOIR. See March 8 entry.

SOURLAND MOUNTAIN PRESERVE. See March 16 entry.

WASHINGTON CROSSING NJ HIKE. See March 22 entry.

OCSJ ANNUAL CAPE MAY OUTING. See page 11.

SEPTEMBER IN WESTERN MAINE. See page 5.

BICYCLING ROAD COURSE. See page 5.

WASHINGTON, DC TRIP. See coming events.

****NOTE CHECK EACH LISTED ACTIVITY FOR DETAILS –
Some trips require confirmation. ****

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG) OR
ON YOUR CELL PHONE AT (W.OCSJ.ORG) * IF YOU HAVE INTERNET ACCESS)
FOR LATEST TRIP INFORMATION.**

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.
FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

WINTER PADDLING SCHEDULE WILL BE POSTED ONLINE.

FEBRUARY 1

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See January 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison and Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

FEBRUARY 1-4

Fri. to Mon.

COLONIAL HOUSE INN, WESTON, VT. See complete details under Ski Chair Message.

FEBRUARY 2

Saturday
10:00 a.m.

MERCER COUNTY PARK. 6 miles, moderate pace. Loop hike through the woods passing streams and ponds. Bring lunch to eat along the trail or at picnic area afterwards. Meet at East picnic area parking lot. Take US 130 North. About 4 miles north of I-195, turn left on Windsor Road. Follow it about 3.5 miles. Entrance to East picnic area on left just after traffic light. Leader: Bruce Steidel, 609-448-4361 bsteidel@aol.com

FEBRUARY 3

Sunday
8:00 a.m.



COOPER RIVER AND ADJOINING PARKS HIKE. 6 miles, brisk pace. A "get-it-over-early" loop hike plus an option to have brunch with us afterwards at a nearby reasonably priced restaurant. Meet at the National Guard Armory parking lot at Park Avenue and Grove St. in Cherry Hill. This meeting place is one block from the intersection of Rt. 70 and Haddonfield Road/Grove St. This intersection is at the corner of the old Garden State race track and has a Chili's Bar and Grill. NP, NC, FS. Leaders: Barb&Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com

FEBRUARY 3

Sunday
8:30 a.m.



HIKE WISSAHICKON GORGE. 8 miles moderate pace over hills and valleys. Hike the Gorge in late winter with its spectacular views. Bring picnic type food to share at tailgate social after hike. Proper hiking shoes required. Meet at 8:30 am in the rear parking lot of Crown Plaza Hotel (formerly Hilton Hotel) on Rt. 70, to carpool/caravan to site or meet 9:30am at Valley Green parking lot in park. NP/NC. Leader Paul Serdiuk, 609-462-3593 eve or pis1@cccnj.net Inclement weather cancels

FEBRUARY 3

Sunday
10:00 a.m.

LANDS END HIKE. 8-10 miles, moderate pace. We'll be looking for a new way to Lands End, as we walk out that sometimes puddly road to our lunch stop, a pleasant place on the Mullica river. From Atsion Lake, go south on Rt. 206, two miles. Turn left onto wide dirt road at break in steel guard rail. Then go 2 miles on dirt rd to (boot hill) white deer club trailer for parking. Leaders: Dave & Julie Hegelein, 856-235-8792.

FEBRUARY 6

Wednesday
10:00 a.m.

PENN SWAMP HIKE. 10-12 miles, moderate pace. Meet at BATSTO. A deep woods hike to see this famous swamp. Bring lunch and beverage. Leaders Pat Burton, 856-767-8064 camperpat@hotmail.com and Christine Denneler, 856-461-5379.

FEBRUARY 7

Thursday
10:00 a.m.

PALMYRA NATURE CENTER HIKE. 6-7 miles, brisk pace. Take Rt. 73 North to the last light before the Tacony Palmyra Bridge and turn right. Follow the signs to the Nature Center. Meet in the parking lot at the Center. NP, FS, NC. Leaders: Barb and Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com.

FEBRUARY 7

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd. cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or e-mail: Geofneil@aol.com.

FEBRUARY 8

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See Jan 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

FEBRUARY 8-12

Fri. to Tues.

BRETTON WOODS, NH. MT WASHINGTON RESORT. See details under Ski Chair Message

FEBRUARY 9

Saturday
10:00 a.m.

PENNYPACK AND LORIMER PARKS HIKE. 5 or 10 miles, moderate pace. A figure eight hike through the parks. Bring lunch; we will eat at the half way point. Meet at the Pennypack Park parking lot off Pine Road. This meeting place is about 20 minutes from the Tacony/Palmyra bridge. Come over the bridge and take the second right at the base onto State Rd (Rt 73). (From there it is 1.7 miles to Rhawn St). Stay to the left when you come to the fork in the road. Turn left onto Rhawn St. and drive approx 4 miles to where the street dead ends into Huntington Pike. Pine Road is the first street on the right. There is a Dunkin Doughnuts on the corner. Turn right onto Pine Road and go slightly over 1 mile to the entrance of the parking lot on the right, just before you cross Pennypack Creek. NP, FS, NC.

Leaders: Ray Wittkop, 856-662-4012,
BarbnRayHikers@aol.com. Paul Foged 732-988-5273

FEBRUARY 10

Sunday
10:30 a.m.

LAKE OSWEGO TO SPRING HILL. About 10 miles. Easy to moderate pace. Starting from Lake Oswego we will take sand roads, fire cuts and trails to the Spring Hill ridge for some high up views of the Pinelands. Meet at Oswego Lake parking 3.1 miles NE of Rt. 563 from Jenkins (left turnoff is 8.4 miles S of Rt. 532 in Chatsworth, between Pine Barrens Canoes & Mick's Canoes). Leader: Milt Cannan, 856-983-9076

FEBRUARY 11

Monday
10:00 a.m.

PAKIM POND. 6 miles moderate pace. We'll hike along the Batona Trail to Pakim Pond, returning by the Cranberry Trail. Bring lunch to eat after hike. Meet at Brendan Byrne Ranger Station. Bad weather cancels. Leader: Janet Horton, 856-461-5771 janeth1@comcast.net

FEBRUARY 13

Wednesday
10:00 a.m.

SHANE BRANCH HIKE. 6-8 mile, moderate pace. Meet at FRIENDSHIP. A pretty deep woods hike with old bogs and cedar swamps, could be really nice if it snows. Bring lunch and beverage. Leaders: Pat Burton, 856-767-8064. camperpat@hotmail.com and Christine Denneler, 856-461-5379.

FEBRUARY 14

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or e-mail: Geofneil@aol.com.

FEBRUARY 14

Thursday
7:30 p.m.



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

FEBRUARY 15

Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See Jan 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mile Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

FEBRUARY 17

Sunday
9:00 a.m.



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown H.S., Bridgeboro Road, Moorestown. Leader: Fran H., 856-786-0048, franhorn@aol.com.

FEBRUARY 17

Sunday
10:00 a.m.

ROSEDALE PARK HIKE. 5 or 12 miles, moderate pace. A Pennington, NJ figure eight loop hike that includes Rosedale Park, the Mercer County Equestrian Center, and the Pole Farm. This 1300 acre area includes three streams, a lake, two ponds and lots of wildlife. This can be a challenging hike depending on the conditions of the terrain. There will be some off-trail walking, so hiking boots are recommended. Bring lunch to eat at the half way point. Meet at the main parking lot by the lake near the children's playground. Use Mapquest – 420 Federal City Road, Pennington, NJ or the following directions: Take Rt 95 to Rt. 31 N (exit 4) and proceed for 1.3 miles to Rt 546, which comes in

from the right. There is a large gas station and a sign "to Lawrenceville" on the corner. Turn right and go straight ahead for 1.8 miles. (This road is Rt. 546 for a block, then turns into Blackwell Road). The road dead ends into Federal City Road. Turn left and go 3/10 of a mile to the park entrance on the right (sharp curve). There is a large sign at the entrance to the park. Individual Registration Is required For This Hike. E-mail Preferred. NP, NC, FS. Leaders: Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com.

FEBRUARY 17

Sunday
10:00 a.m.



SOCIAL TUNDRA SWAN HIKE. 6 miles, moderate pace. All are welcomed. Hike the wintry beauty among ponds filled with Tundra Swans. Bring binoculars. Dress for the cold weather. NP/NC. Bring picnic type food to share at tailgate social after hike. Meet at Whitesbog Village parking lot. Take Rt. 70 east to Rt. 530 north (Browns Mills/Ft Dix) go 1 mile, turn right onto Whitesbog Road go to parking lot. Leader: Paul Serdiuk, 609-462-3593 eve., pis1@cccnj.net Inclement weather cancels.

FEBRUARY 17

Sunday
10:00 a.m.

RYE FIELDS HIKE. 6-8 miles, moderate pace. Old sand roads, firecuts, out to rye fields north of Bull Creek. Bring lunch, beverage. Meet at Evans Bridge, Rt. 563 between Chatsworth and Green Bank. Bad weather cancels. Leader: Joseph Trujillo, 856-468-4849. jnt1691@verizon.net

FEBRUARY 18

Monday
10:00 a.m.

BATSTO WEST SIDE. 5 miles Moderate to easy pace. We will hike thru the village of Batsto, meet at parking lot. Bad weather cancels - N. Lucas 609-654-5893 - B. Schmitt, 856-767-1838.

FEBRUARY 20

Wednesday
10:30 a.m.

ESTELL MANOR NATURE TRAILS. 7 miles, easy. 1700 acres of varied hiking trails--roads, paths & boardwalks. Nature center. Atlantic County Park. From north or west, proceed SE on Rt. 30 or Rt. 322. Turn south (right) on Rt. 50 through Mays Landing. Park is about 4 mi. S of Mays Landing on the left. Bring lunch. Bad weather cancels. Manny Robbins, 856-428-4841 and Noel Wirth, 609-938-0418 ocnw101@comcast.net

FEBRUARY 21

Thursday
10:00 a.m.

COOPER RIVER AND ADJOINING PARKS HIKE. 5 or 10 miles, brisk pace. A Cherry Hill, NJ figure eight hike. Bring lunch to eat on the trail. Meet at the National Guard Armory parking lot at Park Ave. and Grove St. in Cherry Hill. This meeting place is one block from the intersection of Rt. 70 and Haddonfield Road/Grove St. This intersection is at the corner of the old Garden State race track and has a Chili's Bar and Grill. NP, NC, FS. Leaders: Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com and Joe Hummel, 856-235-8817, smallfluke@yahoo.com

FEBRUARY 21

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or e-mail: Geofneil@aol.com.

FEBRUARY 22

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See Jan 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

FEBRUARY 22-24

Fri. to Sun.

BOONEVILLE, NY. See details under Ski Chair Message.

FEBRUARY 22-25

Fri. to Mon.

LAKE PLACID AREA, NY. See details under Ski Chair Message.

FEBRUARY 23

Saturday
10:00 a.m.



STONY BROOK – MILLSTONE WATERSHED NATURE PRESERVE HIKE. 7 miles, moderate pace. Wargo Pond, Stony Brook and visit the Nature Center after this loop hike. Hiking boots suggested as there may be water on some trails. Bring lunch to eat on the trail. Take Rt 95 to exit 4 (Rt 31). Take Rt 31 North to a fork (known as the Pennington Circle). Go to your left at the fork and stay on Rt 31 for approx. 2.5 miles. Titus Mill Rd will be on you right. Look for the sign "Watershed Reserve". Turn right onto Titus Mill Road and go approx. 1.4 miles to the Watershed entrance on the left. The parking lot is at end of the driveway across from the Nature Center. NP, FS, NC. Leaders: Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com. Paul Foged, 732-988-5273.

FEBRUARY 23

Saturday
10:00 a.m.

HAMPTON FURNACE - LOWER FORGE HIKE. 9-11 miles. Moderate pace, possible wet spots. Visit some scenic views on the Batsto and maybe Mannis Duckpond too. Bring lunch and beverage. Meet at Atsion. BE ON TIME FOR CARPOOL. Bob Bruneau, 610-458-9662.

FEBRUARY 23

Saturday
7:00 p.m.



MOONLIGHT HIKE, CAMPFIRE. 7 miles moderate pace. Enjoy a winter moonlight hike in the Pines under the Snow Moon on a new route and return to a roaring campfire. Bring picnic type food to share at tailgate social after hike. NC/NP. Meet at Goshen Pond Atsion Lake, Burl. Co. From Rt. 206 take Atsion Road west 1 miles, go to Goshen Pond Group site sign turn left go to camping area. . Leader, Paul Serdiuk 609-463-3593 eve. or pis1@cccnj.net Inclement weather cancels. Contact leader to confirm hike.

FEBRUARY 23

Saturday
7:30 p.m.

FOOT LOOSE IN FEBRUARY HIKE. 7 miles, moderate pace. Savor a cold last quarter moon filtering through pine boughs and reflecting off white sand or snow. Atsion. Leaders: Dave & Julie Hegelein 856-235-8792

FEB. 23-MAR. 1

ROYAL GORGE, CA. See details under Ski Chair Message. *Possible date change.*

FEBRUARY 24

Sunday
10:30 a.m.



TOM'S SECRET TRAIL AND 9+ BRIDGES HIKE. 6 miles, moderate pace – enjoy the scenery of beautiful Lake and River views in winter. Feel the cold breeze on your face and the clean fresh air. Can you count the bridge crossings? We can never agree on the number. Bridges, Tom's secret trail, beaver lodges, and river crossings (bridges). Will the hidden bridge be repaired by now? Will there be snow? We can look for bear tracks, and

other signs of wildlife. Meet at Batsto Village parking area (Rt 542). NC, NP. Bad weather cancels. Leader: Tom Neigel, 609-206-3389 tom-neigel@ocsj.org

FEBRUARY 25

Monday
9:45 a.m.

WHITESBOG. 5 to 6 miles, easy to moderate pace. Bring water & snack. Meet at Whitesbog Village for start of hike at 9:45 AM SHARP. Hike around this old village, woods and adjacent cranberry bogs. We'll explore some areas not often visited by O.C.S.J. Maybe we'll catch a glimpse of the Tundra Swans. Bring binoculars and/or camera with telephoto lens if so inclined. Leader: Milt Cannan, 856-983-9076.

FEBRUARY 27

Wednesday
10:00 a.m.

HIKE APPLE PIE HILL. 8 miles, moderate pace. We'll climb the hill from a different approach for lunch. Bring lunch and beverage. Meet at Carranza Memorial on Carranza Road. Leaders: Christine Denneler, 856-461-5379, Pat Burton 856-767-8064.

FEBRUARY 28

Thursday
6:00 p.m.



ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or e-mail: Geofneil@aol.com

FEBRUARY 29

Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See Jan 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

FEB. 29-MAR. 3

Fri. to Mon.

COLONIAL HOUSE INN, WESTON, VT. See details under Ski Chair Message.

Winter Woods Song

Faye Phillips Niles

*The wind blows loud tonight and bitter cold;
The trees are bending, sighing like the seas,
Their leaves are fallen now in mounds of gold,
And all the woods are waiting for the freeze.
The pond will don a cap against the wind's blow,
Black bass inhabit frozen paradise;
The woods will be a fairyland of snow
When echoes wrap the silver hills of ice.
In company with wind and snow I'll walk,
My heart will sing with swaying stem and stalk.*



MARCH

"Every achievement was once
considered impossible"



RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited.

Don't miss out by waiting too long.

SIX MILE RUN RESERVOIR. See March 8 entry.

SOURLAND MOUNTAIN PRESERVE. See March 16 entry.

WASHINGTON CROSSING NJ HIKE. See March 22 entry.

OCSJ ANNUAL CAPE MAY OUTING. See page 10.

SEPTEMBER IN WESTERN MAINE. See page 11.

BICYCLING ROAD COURSE. See page 5.

WASHINGTON, DC BUS TRIP. See upcoming events.

****NOTE CHECK EACH LISTED ACTIVITY FOR DETAILS.**

Some trips require confirmation. **

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG) OR
ON YOUR CELL PHONE AT (W.OCSJ.ORG) * IF YOU HAVE INTERNET ACCESS)
FOR LATEST TRIP INFORMATION.**

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.
FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

WINTER PADDLING SCHEDULE WILL BE POSTED ONLINE.

MARCH 1

Saturday
10:00 a.m.
NEW

ADVANCED NEW MEMBERS HIKE - SHANE BRANCH. 7-8 miles, moderate pace. If you've done a short hike and are ready to move up in miles and take on Winter weather come out for this pretty hike to view ponds, old bogs and cedar swamps. We'll stop a few times for clothing adjustments etc. Bring lunch, beverage, and rain gear. MEET AT FRIENDSHIP. Leaders: Pat Burton, 856 767 8064 camperpat@hotmail.com Christine Denneler, 856 461 5379.

MARCH 2

Sunday
8:00 a.m.

COOPER RIVER AND ADJOINING PARKS HIKE. 6 miles, brisk pace. A "get-it-over-early" loop hike plus an option to have brunch with us afterwards at a nearby Old Country Buffet. Meet at the National Guard Armory parking lot at Park Ave. and Grove St. in Cherry Hill. This meeting place is one block from the intersection of Rt. 70 and Haddonfield Road/Grove St. This intersection is at the corner of the old Garden State race track and has a Chili's Bar and Grill. NP, NC, FS. Leaders: Barb&Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com

MARCH 2

Sunday
9:30 a.m.

SOCIAL HIKE AND BIRTHDAY BRUNCH. 5 miles, moderate pace. Hike between two rivers in late winter, wildlife sighting possible. Then help celebrate the leaders birthday as we enjoy an all you can eat buffet at Renault Winery Restaurant. NC/NP. Meet at Atsion Office on Rt. 206. Between Hammonton and Red Lion Circle, Burl. Co. Leader. Paul Serdiuk, 609-462-3593 eve., or pis1@cccnj.net Limited seating, call early to reserve place. Inclement weather cancels.

MARCH 3

Monday
9:45 a.m.

APPLE PIE HILL. 5 to 6 miles, easy to moderate pace. Meet on Rt. 532 about 6 miles east of Tabernacle on the sand road next to the Bordentown Gun Club for start of hike at 9:45 A.M. SHARP. We'll take a "back" way to Apple Pie Hill. Leader: Milt Cannan, 856-983-9076.

MARCH 5
Wednesday
10:00 a.m.

PALMYRA NATURE CENTER HIKE. 6-7 miles, brisk pace. Take Rt 73 North to the last light before the Tacony Palmyra Bridge and turn right. Follow the signs to the Nature Center. Meet in the parking lot at the Center. NP, FS, NC. Leaders Barb&Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com

MARCH 6
Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or e-mail: Geofneil@aol.com

MARCH 7
Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See Jan 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

MARCH 8
Saturday
10:00 a.m.

NEW!

SIX MILE RUN RESERVOIR. 6-8 miles Located in Franklin Township in Somerset County adjacent to the Delaware and Raritan Canal. It covers 3,073 acres. Paul has done a great job of scouting this area for a new and very interesting hike. Moderate pace. NP, FS, NC. Bring lunch to eat on the trail. Individual registration for this hike required. E-mail preferred. Directions will be supplied. Leaders: Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com. Paul Foged, 732-988-5273.

MARCH 8
Saturday
10:00 a.m.

HAMBURG RESERVOIR TO PORT CLINTON HIKE. 10-12 miles, moderate pace. Hamburg Reservoir to Port Clinton Hike along Blue Mountain Ridge to Port Clinton on the A.T. lunch at famous Port Clinton A.T. Hikers hotel (optional) Also walk along the headwaters Schuylkill river, and visit the anthracite capital of Penna. Hamburg Reservoir parking. Take PA T.P. extension to exist 33 onto I-78 west to exit 11, Rt. 143, Lenhartsville. Go west on Rt. 22(main st) 3 miles to Reservoir Road. Leaders Dave & Julie Hegelein, 856-235-8792.

MARCH 9
Sunday
10:30 a.m.

TUCKAHOE WMA. 11 to 12 miles. Easy to moderate pace. We will hike the sand road that is the nature trail and possibly some side trails in this area between the Great Egg Harbor and Tuckahoe Rivers. This will be a leisurely hike with stops to observe birds and other wildlife. If inclined, bring binoculars and/or a camera with telephoto lens. Meet at the entrance to the WMA on Cape May County Rt. 631 .3 miles east of the intersection with Rt.50 (Triton Tavern is at the intersection. Follow sign to Ocean City – left turn at light on Rt. 50). Leader: Milt Cannan, 856-983-9076.

MAR. 9-14
Sun.-Fri.

HEART OF THE TETONS. See details under Ski Chair Message.

MARCH 10
Monday
10:00 a.m.

ONG'S HAT TO DEEP HOLLOW. 5 miles moderate pace. We'll hike along the Batona Trail to Deep Hollow. Meet at the Batona Trailhead a short distance down a dirt road opposite Cafe Apany on Magnolia Road (about 1 1/2 miles from the Four Mile Circle). Bad weather cancels. Leader Janet Horton, 857-461-5771 janeth1@comcast.net

MARCH 13

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or e-mail: Geofneil@aol.com.

MARCH 13

Thursday
7:30 p.m.



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

MARCH 14

Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See January 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

MARCH 15

Saturday
10:30 a.m.

CARANZZA HIDDEN LOOP TO NO MANS LAND. 7 miles, moderate pace to the absolute end of the pines where the roads end at impassible water crossings and you are boxed in by the cold streams and endless swamps. Out there, you are the only one around. Start out on the familiar Batona trail and then to find old lost connections and a secret hidden detour to no-mans land. Scenic beautiful view for the lunch break. Look and listen for deer, and remember the hungry bears look for the last in line. Leader – Tom Neigel, 609-206-3389 or tom-neigel@ocsj.org NP-NC. Bad weather cancels. Meet at Carranza Memorial parking area on Carranza Road.

MARCH 16

Sunday
10:00 a.m.

HOT DOG HIKE. 6-8 miles Moderate pace. A day before St. Patrick's we celebrate Spring by dining on hot dogs al fresco. Bring your own beverage, chips, etc; we bring beef hot dogs to grill and furnish all the rolls and condiments. Share the cost with a small donation. Meet at Lake Absegami parking, Bass River S. F. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the W & NW); or 6 miles W of Tuckerton (from the E & N); or 3 miles N of New Gretna (from the S) From all points follow signs. Bad weather cancels. Leaders: Joseph Trujillo, 856-468-4849 jnt1691@verizon.net, and Chris Danneler, 856-461-5379

MARCH 16

Sunday
9:00 a.m.



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown H.S., Bridgeboro Road, Moorestown. Leader: Fran H., 856-786-0048, franhorn@aol.com.

MARCH 16

Sunday
*Registration
Required*

SOURLAND MOUNTAIN PRESERVE. 7 miles moderate pace. A Somerset County Park located about 8 miles north of Princeton NJ. The trails are rocky with some elevated walking. Take #295 north to Exit 69 which is the intersection of Route #206. Follow Route #206 North about 15 miles through Princeton and Montgomery. (note Route #206 takes a sharp left turn at Princeton) Traveling up a small ramp, make a left onto Route # 601. Follow # 601 for slightly over 1 mile and make a right onto East Mountain Road by the Carrier Foundation. Travel for slightly over one mile and you will see the Sourland Mountain Preserve entrance sign on the left. Turn left into the parking lot. Individual Registration is required for this hike. E-mail preferred. NP, FS, NC. Leaders Barb&Ray Wittkop,

856-662-4012, BarbnRayHikers@aol.com Paul Foged, 732-988-5273.

MARCH 17

Monday
10:00 a.m.

PAKIM POND. 5 miles moderate to easy pace Pakim Pond - We will hike along Red and White Trail and enjoy the Pines. Meet at Pakim Pond Parking Lot. Bad Weather Cancels N. Lucas, 609-654-5893, B. Schmitt, 856-767-1838.

MARCH 19

Wednesday
10:00 a.m.

COOPER RIVER PARK HIKE. 10 miles, moderate pace. Urban hiking along river and park trails between Rt. 130 and Kings Highway. Meet at Cooper River Yacht Club parking lot on South Park Drive. From Rt. 70 take Cuthbert Road South. Go to 2nd traffic light. Turn right onto South Park Dr. After a short distance, parking lot is on right. LP. Leaders: Bill Poulson, 856-983-7609 and Heinz Knaupp, 609-801-1168, and Joe Hummel, 856-235-8817, smallfluke@yahoo.com

MARCH 20

Thursday
10:00 a.m.

THREE PARK HIKE. 7 miles, brisk pace. A Pennsauken, NJ loop hike that includes Cooper River Park, Neuton Lake Park, and Knight's Park. Meet in the parking lot of the Lobster Trap restaurant on North Park Drive. Take Rt. 70 to Cuthbert Blvd. Go south on Cuthbert to the first light, which is North Park Drive. Turn right and go to the restaurant parking lot, about half a mile on the left. NP, FS, NC. Leaders: Barb & Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com

MARCH 20

Thursday
6:00 p.m.



ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or e-mail: Geofneil@aol.com.

MARCH 21

Friday
10:00 a.m.

GOOD FRIDAY HIKE. 9 miles, moderate pace. Hike along the Skit Branch and Batsto River. May be wet in spots. Bring lunch. Meet at Jct. of Carranza and Moore's Meadow Road, 4.3 miles SE of Tabernacle. Leaders: Dave & Julie Hegelein, 856-235-8792.

MARCH 21

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See January 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

MARCH 21

Friday
7:00 p.m.

SOCIAL FULL MOON HIKE. 6-7 miles. Moderate pace. All are welcomed. Hike the pines in early spring under the Worm full moon. Bring snack type food to share at tailgate social after hike. NC/NP. Meet in field behind Atsion Ranger Office on Rt. 206, between Hammonton and Red Lion, Burl. Co. Leader. Paul Serdiuk, 609-462-3593 eve. Pis1@cccnj.net

MARCH 22

Saturday
10:00 a.m.

WASHINGTON CROSSING NJ HIKE. 15 miles, moderate pace. A shuttle hike along the D&R Canal and Delaware River. This is the same route as the April Apex 26 mile hike this year, and is an excellent opportunity for orientation/training for that hike. Bring lunch to eat on the trail. Meet at the Washington Crossing Parking lot on the NJ side. Take Rt. I-295 N/I-95 S to last exit on NJ side. Take Rt. 29 N to the traffic light at

Washington Crossing Park and turn left. Make a sharp right (before crossing the bridge) into the parking lot. Individual registration is required for this hike. E-mail preferred. NP, NC, FS. Leaders: Ray Wittkop, 856-662-4012, BarbnRay@aol.com. Joe Hummel, 856-235-8817, smallfluke@yahoo.com

MARCH 26

Wednesday
10:00 a.m.

BATONA TRAIL TO ONG'S HAT HIKE. 10 miles, moderate pace. Hike from the Ranger Station to Deep Hollow Pond and on to Ong's Hat. Lunch at Cafe Apany (formerly Anapa's) is part of this hike. Those wishing to bring their own lunch are welcome, but need to recognize that our hike will not resume until the lunch at Cafe Apany has been concluded. Or, they can elect to finish the hike on their own if they choose. Meet at Byrne Office parking lot. Bad weather cancels. LP. Leader: Bill Poulson, 856-983-7609, and Heinz Knaupp, 609-801-1168.

MARCH 27

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or e-mail: Geofneil@aol.com.

MARCH 28

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See Jan 4 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

MARCH 30

Sunday
9:30 a.m.

BATONA TRAIL MAINTENANCE. In conjunction with the Batona Hiking Club. An easy work trip to help keep the section of the Batona Trail from Ong's Hat to Batsto in top shape. Bring lunch and clipping tools (if you have them, or use Batona's). Depending on the number of people that show up, we'll separate into groups of four, each assigned to approximately 6 to 8 mile sections of the trail. Since opening in 1961 as a 30-mile trail, it has become a well-used part of New Jersey's trail system. With the help of volunteers like you, the trail has grown to 50 miles. Meet at Red Lion Diner parking lot (west side) at the circle – intersection of Rts. 70 and 206 at 9:30 a.m. Leader: Milt Cannan, 856-983-9076.

MARCH 30

Sunday
10:00 a.m.



DEEP RUN BOGS HIKE. 7-9 miles, moderate pace. Old trails, fire cuts, sand roads, for great views of abandoned cranberry bogs. Bring lunch and beverage. Meet in field, E side of Rt. 206, Atsion, just beyond the recreation area sign. Bad weather cancels Leader: Joseph Trujillo, 856-468-4849. jnt1691@verizon.net

Volunteer Opportunities

The Club offers all members an opportunity to be a part of, or to create their own outdoor experience or activity. All activities are led by volunteer members. NO volunteers, NO activities. It's that simple!

You can make a difference. Your volunteer involvement in Club activities is unique and special contributions that play a valuable role in *YOUR* Club.

Talk to your Activity Committee Chair about what you can volunteer to do to improve *YOUR CLUB*!

WINTER HIKING

PLAYING IT SAFE ON THE WINTER TRAIL

Before you grab your fleece and head for the door, there are a few things you should know about winter hiking.

Layered clothing and a waterproof shell are key. Be sure to cover as much of your body as possible to avoid dangers of frostbite and hypothermia.

A wool sweater or shirt, waterproof shell, a light parka or jacket are essential. Together, these can keep you warm well below freezing. You can remove one layer at a time to keep from overheating when you strut down the trail or up a hill. In low temperatures, add a primary layer of long underwear made of lightweight breathable material like polypropylene, polyester, lycra or silk.

Layering system holds true for head, hands and feet. A scarf, hat, and adding a hood combination up top will allow you to become your own thermostat, removing your hat when you start to heat up and adding a hood when you stop to rest. Mittens will allow your fingers to generate more heat. Silk glove liners are a viable option for fingered gloves. Don a pair of warm socks with polypropylene liners, a sturdy pair of waterproof hiking boots, and for added protection in snow, a pair of gaiters. Sun glasses, sunscreen, lip balm, are necessary indispensable items.

A WALK IN THE WINTER WOODS

By January all of the reds, yellows and browns of Fall are gone. Now the greens of the pines and cedars seem to be at their best. On clear, cold, sunny days, the rays of the sun sprinkle glistening jewels on the needles making them lustrous.

A winter walk in the pines is every bit as lovely as in the springtime. As you walk down a trail, the tall pines swaying in the breeze, you can find solitude where sun and shadows meet. In silence, you follow the trail as it traces every twist and turn of the creek. Ahead, a pond glistens with ice. The view has no price, more so, if there happens to be some snow, and it's late in the days' afterglow.

In the swamps and along the sluggish stream the wild blueberry and mountain laurel buds are beginning to swell. On a sunny, south slope, around a spring, the grass seems as fresh and green as in Spring. But, it's only January!. Reality brings you back.

In a grove of tall pines, the aroma is exhilarating and the fallen dried needles make a luxurious carpet to walk upon. You stand and listen to the pines whisper softly. Pines are inspiring. They feel the lash of winds, the burden of ice, the weight of snow, they endure.

Once in a while you walk through the woods in winter's snow. Every tree top capped; every bush a ball of white; branches bent to form sheltered nooks. A walk in the winter woods at night when the moon is all aglow is magical. You see diamonds in the snow!

So, take a walk along a woodland trail in the pine barrens, only there can you find the splendor that winter creates. Come home with a heart content, that only a walk through the winter woods can bring.



Outdoor Club of South Jersey Store

(Store Manager: Norm Lucas, 609-654-5893)

Club logo items available by mail order. Send check or money order.



Be sure to include shipping and handling.

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3. If your address has changed, please indicate new address. If you move, please file a change of address card with us.
4. Keep your membership current. Memberships must be renewed one month prior to March, June, September, and December. A current paid up membership card must be presented at each outing for free participation, except for fees for campsites, canoe or kayak rentals, transportation and the like.
5. Membership forms may be downloaded from the OCSJ website (www.ocsj.org)

Individual - 1 year \$20

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